

## Mayan Adventure: Mexico, Belize & Guatemala - CAM

22 days: Playa del Carmen to Playa del Carmen

### What's Included

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- Your G for Good Moment: Posadas Mayas Homestay, San Juan La Laguna
- Your G for Good Moment: Caribbean Gastronomic Experience "El Manglar", Livingston
- Your G for Good Moment: Belize Bike with Purpose Tour, Caye Caulker
- Your G for Good Moment: El Hongo Mexican Community Restaurant & Youth Art Program, Playa del Carmen
- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Your Discover Moment: Mérida
- Your Discover Moment: San Cristóbal de Las Casas
- Your Discover Moment: Antigua Guatemala
- Your Discover Moment: San Ignacio
- Your Discover Moment: Caye Caulker
- Your Discover Moment: Playa del Carmen
- Chichén Itzá guided tour
- Mérida orientation walk
- Palenque guided tour
- Roberto Barrios waterfall visit
- San Cristóbal de las Casas orientation walk
- Lake Atitlán boat tour
- Antigua orientation walk
- Scenic boat ride to Livingston
- Tikal guided tour
- G Adventures-supported bike tour of Caye Caulker
- Beach time in Playa del Carmen
- Free time in Mérida, San Cristóbal de las Casas, Antigua, San Ignacio, Caye Caulker, and Playa del Carmen
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing March 1st, 2017 and onwards

### Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

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#### Day 1 Playa del Carmen

Arrive at any time.

As travellers arrive throughout the day, there are no planned activities until the welcome meeting in the evening.

**Your Welcome Moment: Welcome Moment - Meet Your CEO and Group**

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

### **Accommodation**

#### **Hotel Nautilus (or similar)**

Hotel

### **Day 2 Playa del Carmen/Mérida**

Take a guided tour of Chichén Itzá and orientation walk around Mérida.

Depart Playa del Carmen and head to the famous Mayan ruins of Chichén Itzá for a guided tour. Spend time exploring this famous site, known for its huge stepped pyramids and elaborate stone carvings.

Continue on to Mérida, the capital of the Yucatán State, and take a short orientation walk. Also known as la ciudad blanca (the white city), Mérida offers the ideal opportunity to learn about Mexico's fascinating mix of cultural influences.

### **Chichen Itzá Guided Tour**

Chichén-Itzá – Chichen Itza 2h-3h

Join up with a local expert and learn about the history of Chichén Itzá and the beliefs and rituals that defined this ancient Mayan civilization. This dramatic site includes a 30m (98 ft) high temple, known as the Pyramid of Kukulcan, famous for its balustrade of 91 stairs up each of the four sides, a ball court with a grandstand, and towering walls. Visit the highlights of the site including the famous Castillo, the ball court, the cenote, and the Nunnery.

### **Private Vehicle**

Chichén-Itzá – Mérida 1h15m-2h130km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Orientation With CEO**

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

### **Private Vehicle**

Playa del Carmen – Chichén-Itzá 3h190km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Accommodation**

#### **Hotel Santa Lucia by Kavia (or similar)**

Hotel

### **Day 3 Mérida**

Enjoy a free day to explore Merida and surroundings. Opt to visit the ruins of Uxmal or swim in cenotes in the Yucatán. Take a trip to the beach or soak in the history this city has to offer.

The area surrounding Mérida has tons to offer. Choose to visit nearby cenotes (water sink holes) in the town of Cuzamá. Inside, swim in the massive crystal-clear sinkholes. Transportation to the cenotes is half the fun, taking small wooden horse-drawn carts along old rail tracks.

Opt to visit ruins in Uxmal, ride the PUUC Route or go bird-watching. There's something for everyone.

### **Your Discover Moment**

Mérida Full Day

There's plenty to see and do in Mérida, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting the Uxmal ruins, the anthropological museum, and swimming in a nearby cenote. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 3**

#### **Anthropology Museum Visit**

Mérida

55MXN per person

Installed on two floors of a refurbished mansion, this museum is considered to be one of the most important collections of Pre-Columbian Mayan culture in the Yucatan Peninsula. Learn everything there is to know about Mayan society, from war to writing, art to architecture, calendars, customs and offerings to the dead.

### **Cenote Visit**

Mérida 5h-7h 48km

50-60USD per person

Swim in crystal-blue mineral underground swimming holes that are formed as sinkholes when porous limestone bedrock collapses. Come prepared with your swimsuit so you can dive in and enjoy. The clarity of the water and depth of cenotes makes swimming a unique experience.

### **Uxmal Ruins Visit**

Uxmal Ruins 8h-9h 200km

70-110USD per person

Founded in 700 AD, magical Uxmal was once home to as many as 25,000 Mayans. Located 62km (38 mi) south of Merida, in Yucatán's Puuc ("hill" or "chain of low mountains") region, this UNESCO World Heritage Centre represents the pinnacle of late Maya art and architecture. Wander the site, see the Pyramid of the Magician, and visit nearby Kabah, one of three neighbouring sites.

### **Day Trip to Progreso Beach**

Progreso 8h-9h 105km

4USD per person

Roughly an hour drive from Meridá, Progreso is a perfect spot for relaxing on the beach or strolling along the boardwalk. Stop along the way at the Dzibichaltun archaeological site.

### **Accommodation**

**Hotel Santa Lucia by Kavia (or similar)**

Hotel

### **Day 4 Mérida/Palenque**

After a long day of travel from the Yucatán to the jungles of Chiapas, arrive to Palenque and settle in for 2 nights.

### **First-class Bus**

Mérida – Palenque 9h-10h 620km

First-class buses in Mexico have very strong air-conditioning. Bring a sweater.

### **Accommodation**

**Hotel Maya Tulipanes (or similar)**

Hotel

### **Day 5 Palenque**

Enjoy a guided tour of the Mayan ruins of Palenque. After, go for a swim in the pristine turquoise waters of Roberto Barrios waterfall.

### **Palenque Ruins Guided Tour**

Palenque 2h-3h

Experience the elegant jungle site of Palenque on a guided tour. See the highlights -- the Temple of the Cross Group, Temple of Inscriptions and the Grand Palace. Howler monkeys sound in the distance as the fog rolls in and out of this mystical site, one of the most important centres for trade and culture during the end of the Classic Maya period.

### **Roberto Barrios Waterfalls**

Palenque

Visit the Zapatista community of Roberto Barrios, Chiapas, have a swim and explore the cascading waterfall. If it hasn't rained for a few days, you will be astonished how bright the light blue water can get.

### **Optional Activities - Day 5**

#### **Jungle Trail Hike**

Palenque 2h-2h30m 4km

25USD per person

Only two percent of the ruins in the Mayan capital of Palenque are out in the open. Follow a local guide into the jungle along a trail, visit ruins that are now overgrown with moss and vines. Learn about the wildlife and different medicinal trees and plants that grow in and around the Usumacinta River of this mountainous forest area of Chiapas.

### **BBQ Lunch**

Palenque 1h-2h

30USD per person

Fill up on a delicious lunch of BBQ fish, meat, sausage, nopal cactus, guacamole and authentic hand made corn tortillas. This meal includes sodas, beer and tequila - after all, you're in Mexico!

### **Accommodation**

**Hotel Maya Tulipanes (or similar)**

Hotel

## **Day 6 Palenque/San Cristóbal de Las Casas**

Travel to San Cristóbal de Las Casas located in a high mountain valley at 2110m (6921 ft), via Villahermosa. Enjoy an orientation walk of the city, known for its 16th-century architecture.

### **Orientation With CEO**

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

### **Private Vehicle**

Palenque – San Cristóbal de Las Casas 8h 220km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Accommodation**

**Baron de las Casas (or similar)**

Hotel

## **Day 7 San Cristóbal de Las Casas**

Opt to visit nearby indigenous Mayan villages to see their unique day-to-day life or journey to beautiful Sumidero Canyon for a relaxing boat ride.

### **Your Discover Moment**

San Cristóbal de Las Casas Full Day

There's plenty to see and do in San Cristobal de Las Casas, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting Sumidero canyon, Lagunas de Montebello National Park, and nearby indigenous villages. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 7**

#### **Lagunas de Montebello Visit**

San Cristóbal de Las Casas 9h-12h 150km

30USD per person

Visit Lagunas de Montebello National Park and the group of beautiful lakes near the Guatemalan border. Each is a different colour of green and blue.

### **Sumidero Canyon**

San Cristóbal de Las Casas

40USD per person

Drive an hour before boarding a boat for a 2-hr journey through the deep Sumidero Canyon. Keep your eyes peeled for local wildlife, birds, monkeys and maybe even a river crocodile. Marvel at the tall waterfalls, hidden caves, and unusual rock formations along the Grijalva River. After, stop in a village to visit markets and enjoy lunch.

### **Indigenous Villages Tour**

San Cristóbal de Las Casas 4h-5h 2km

30USD per person

Visit the communities of San Juan Chamula and Zinacantan with a local guide and learn about this unique way of life. Visit the main plaza and places of worship to better understand the life of the local Tzotzil people. Buy carpets, textiles and hand-made "Zapatista" dolls made to honour former rebel leader, Subcomandante Marcos. Please be respectful when taking photographs here, it's not always welcomed by the residents.

### **Accommodation**

**Baron de las Casas (or similar)**

Hotel

## **Day 8 San Cristóbal de Las Casas/Panajachel**

Journey from San Cristóbal de las Casas, Mexico to Panajachel, Guatemala. Opt to explore the town on arrival.

The first stop in Guatemala is on beautiful Lake Atitlán. Stay in Panajachel, a lakeshore town surrounded by spectacular volcanoes and small villages.

### **Private Vehicle**

San Cristóbal de Las Casas – Panajachel 10h-12h 380km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Border Crossing (Mexico - Guatemala)**

Ciudad Cuauhtémoc – La Mesilla 30m-1h 30m

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

### **Accommodation**

#### **Hotel Chinimaya (or similar)**

Hotel

### **Day 9 Panajachel/San Juan La Laguna**

Embark on a boat ride across the lake before participating in a G Adventures-supported homestay with a local family. This area is known for stunning scenery and great shopping for Mayan handicrafts. Take part in a cultural tour of San Juan la Laguna where you can opt to bargain for colourful textiles and paintings from the local artisans.

### **Boat**

Panajachel – San Juan La Laguna 30m-45m 25km

Climb aboard and get your float on.

### **San Juan La Laguna Village Visit**

San Juan La Laguna 1h 30m

Visit the town of San Juan la Laguna and immerse yourself in the Tz'utujil culture for an afternoon. Focus on three different associations originating in San Juan la Laguna; textiles, medicinal plants, and paintings. See groups of women making textiles using natural dyes. Your guide will explain the dyeing techniques and observe the waist loom in action. Next, see how plants are used for their medicinal properties within these communities. Enjoy the sights of traditional paintings by local artists/painters who portray their traditional way of life, ceremonies, customs and traditions through large scale murals found throughout the town of San Juan la Laguna. Souvenirs/products from all points of this tour will be available for purchase if you'd like to bring something home and also support this village community.

### **Your G for Good Moment: Posadas Mayas Homestay**

Submerge yourself in Mayan culture during this home stay run by a Planeterra community tourism project. Set on the northwest shore of Lake Atitlán, arrive by boat to the laid-back village of San Juan La Laguna and immediately feel at home. Meet your host family, stash your stuff, then set off to explore the area. Admire the paintings of local artists, watch weavers who use traditional techniques to dye wool, go for a hike and admire the view across the lake. Feel good knowing you are supporting local families eager to benefit from tourism in their community.

### **Meals included: Dinner**

### **Accommodation**

#### **Rupalaj Kistalin Posada Homestay (or similar)**

Homestay

### **Day 10 Antigua**

Travel to Antigua and head out for an orientation walk. Opt for a final night out in town.

There is so much to do in this charming colonial city, optional activities for the area include a city tour, salsa dancing classes, a Guatemalan cooking class, or relaxing with a massage. Further afield you can rent bikes and ride through the hills, visit a macadamia nut farm or check out some nearby villages.

### **Private Vehicle**

Panajachel – Antigua Guatemala 3h-4h

Settle in and scan the scenery from the convenience of a private vehicle.

### **Orientation With CEO**

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

### **Free Time**

Antigua Guatemala Afternoon

Opt to check out more of the city with a little free time.

### **Boat**

San Juan La Laguna – Panajachel 30m-45m 25km

Climb aboard and get your float on.

### **Optional Activities - Day 10**

#### **Finca Valhalla Visit**

Antigua Guatemala 1h 30m-3h 20-25km

5-10USD per person

Take a tour of the macadamia nut plantation at Finca Valhalla led by the workers. Learn about this sustainable crop for the experts and discover the health benefits of the nut. Pamper yourself with a free facial and purchase some of the treats made from the macadamia nut like oils, nuts, and chocolate. This tour is offered for free in the hopes that you'll show your gratitude by stopping by and picking up some tasty treats from the gift shop or café.

#### **Elizabeth Bell Walking Tour**

Antigua Guatemala 1h30m-2h30m

25USD per person

Meet your guide at the fountain in the Central Plaza and take a leisurely walk along the cobblestone streets of this UNESCO World Heritage Site. The tour focuses on the Antigua's history, culture and restoration efforts (a bylaw, for example, stipulates buildings must only be painted certain colours in order to maintain the Spanish colonial character of the exteriors). Visit the City Hall Palace, Palace of the Captain's General, the main cathedral and many of Antigua's other attractions. Learn about jade and the valuable role it played in Maya culture. Shop for jewelry, pottery, textiles and wooden carvings.

#### **ChocoMuseo Tour and Workshop**

Antigua Guatemala 1h30m-2h

24USD per person

Enjoy a chocolate workshop and museum tour to learn about the process "from bean to bar" and the history of this tasty crop. In this 1.5-hour workshop, make your own bar to take home and enjoy tastings of the varieties of chocolate drinks made on site. Who knew history could be so sweet?

#### **Salsa Lesson**

Antigua Guatemala

10USD per person

Kick up your heels and learn this typical Latin dance. Dancers of all skill levels are welcome. Get lost in the rhythm of the music and let your body take you to a new place -- one-two-three, one-two-three, hip roll, arm up, partner under, shimmy, shake, salsa! Vamos a bailar! (Let's dance!)

#### **Massage**

Antigua Guatemala 30m-2h

30-60USD per person

Relax and enjoy a Mayan massage. You're on vacation!

#### **Accommodation**

**Posada Los Bucaros (or similar)**

Hotel

#### **Day 11 Antigua Guatemala**

Enjoy a free day exploring this charming colonial city.

Try your hand at making some Guatemalan cuisine. Pre-book the Antigua Cooking Class on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

#### **Your Discover Moment**

Antigua Guatemala Full Day

There's plenty to see and do in Antigua, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like hiking a volcano, visiting a macadamia nut plantation, and taking a salsa lesson. Your CEO has more ideas if you need them. Just ask!

#### **Optional Activities - Day 11**

##### **Antigua Cooking Class**

Antigua Guatemala

55USD per person

Learn the tips and tricks to Guatemalan cuisine while joining a local cooking class. Try whipping up local staples before digging in to the fruits of your labour. Hope you're hungry!

#### **Accommodation**

**Posada Los Bucaros (or similar)**

Hotel

#### **Day 12 Antigua Guatemala/Rio Dulce**

Travel to Rio Dulce and enjoy free time to explore.

#### **Private Vehicle**

Antigua Guatemala - Rio Dulce 6h30m-7h30m 318km

Settle in and scan the scenery from the convenience of a private vehicle during this long travel day.

#### **Free Time**

Rio Dulce Evening

Enjoy free time to explore the town.

#### **Accommodation**

##### **Hacienda Tijax (or similar)**

Hotel

#### **Day 13 Rio Dulce/Flores**

Travel to the Caribbean town of Livingston by scenic boat ride from Rio Dulce. Enjoy a visit to the G Adventures-supported El Manglar Restaurant for an explanation of the women-led community initiative project here. Then, walk around the grounds before a sit-down lunch of delicious local flavours. Continue on to Flores. Located on Lake Petén Itzá, this is an excellent home base for exploring nearby Tikal.

#### **Scenic Boat Ride to Livingston**

Rio Dulce – Livingston 5h-6h 30m 55km

Take a boat down the Rio Dulce toward the Caribbean Sea passing through El Golfete and El Canyon before arriving to Livingston. Float past mangroves and lily pads and the Boquerón Canyon, where a sheer limestone cliff rises 122m (400 ft) out of the river, covered in vines, trees and moss. Arrive at the small fishing village of Livingston known for its unique Afro-Caribbean Garifuna population, with their unique art, music and delicious coconut seafood soup, “tapado”.

#### **Your G for Good Moment: Caribbean Gastronomic Experience "El Manglar"**

El Manglar Restaurant in Guatemala is a women-led community tourism initiative founded by the Cayo Quemado Women's Committee with the aim of creating new job opportunities within the community. During your visit you will begin with a welcome given by the women of the committee and receive a brief introduction to the workshop. Then, there will be a short walk around the property, including a full explanation of the project, its impact, and culture before you all sit down for lunch at the restaurant. Every traveler that visits Cayo Quemado has a direct impact on their community.

#### **Private Vehicle**

Livingston – Flores

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Meals included: Lunch**

#### **Accommodation**

##### **Hotel Petén (or similar)**

Hotel

#### **Day 14 Flores**

Enjoy a guided tour of the nearby Mayan ruins of Tikal. In the afternoon, opt to relax on the lake or hang out at a café in town.

#### **Private Vehicle**

Flores – Tikal 1h-1h30m 64km

Enjoy the ride out to Tikal and return the same way in the afternoon (1-1.5 hrs one way).

#### **Tikal Ruins Guided Tour**

Tikal 3h-4h 7-15km

Put on your walking shoes and prepare for a tiring but memorable day walking through history at the impressive site of Tikal. The Mayan site is set in the heart of the jungle, in Tikal National Park, now a UNESCO World Heritage site. Along with our bilingual guide, see some of the temples, plazas, carved stone monuments and public squares, more than 3,000 buildings in all, dating from as far back as 600 BC. Climb to the top of Temple IV, catch your breath, take photos, and then sit and contemplate the magnificence of the site and the tropical rainforest beyond. Look for monkeys, anteaters, armadillos, and deer, as well as macaws and eagles, snakes, and spiders.

#### **Free Time**

Flores

Explore the area anyway you like.

#### **Optional Activities - Day 14**

##### **Swimming**

Flores

Grab your bathing suit and go for a refreshing swim.

#### **Accommodation**

##### **Hotel Petén (or similar)**

Hotel

#### **Day 15 Flores/San Ignacio**

Cross the border to Belize. Opt to visit the sacred Mayan cave Actun Tunichil Muknal, explore the Mountain Pine Ridge area, or see the lesser-known Mayan ruins of Xunantunich.

**Private Vehicle**

Flores – Melchor de Mencos 2h-3h 95km

Settle in and scan the scenery from the convenience of a private vehicle.

**Border Crossing (Guatemala - Belize)**

Melchor de Mencos – Benque Viejo del Carmen 30m-1h 30m

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

**Private Vehicle**

Benque Viejo del Carmen – San Ignacio 30m-45m 13km

Settle in and scan the scenery from the convenience of a private vehicle.

**Free Time**

San Ignacio Afternoon

Head out to start exploring this fun town. There's a full free day tomorrow for anything you can't get to this afternoon.

**Optional Activities - Day 15****Cave Tubing**

Caves Branch 7h-8h 45km

90USD per person

Strap on a headlamp, sit on an inner tube and get set to enter the underworld. Float on an underground river past stalactites hanging above and through shafts of filtered light. Discover firsthand why the Maya selected these sites to make offerings to their gods.

**Caracol Ruins Tour**

Caracol 9h-11h 85km

115USD per person

Set within the Chiquibul Forest Reserve, prepare to be wowed by Caracol. It's the largest known Maya site in Belize and was once home to an estimated 180,000 people. The site was discovered in the 1920's by a logger looking for mahogany. One of its pyramids, Canaa or "Sky Place", built in 800 AD and standing 43m (143 ft), continues to be the tallest man-made structure in the country. Bring your walking shoes, water and a sunhat because there's lots to see here. Tombs, temples, altars, carved stelae and other stone monuments – it's well worth the effort and easy to be impressed.

**Xunantunich Visit**

Xunantunich 2h-4h 11km

50USD per person

Hike to the top of this impressive 9th-century Maya centre, set high on a natural limestone ridge, and admire the view of the Mopan River, Cayo District and neighbouring Guatemalan countryside. The tallest temple, El Castillo, is partially excavated and explored and there's a unique stucco frieze on the east side of the structure. Discover why Xunantunich is Belize's most visited site with intricately carved stelae, 25 temples, and well-preserved palaces.

**Actun Tunichil Muknal Cave Visit**

Actun Tunichil Muknal 6h-8h 29km

110USD per person

The Actun Tunichil Muknal cave has only been open to the public since 1998. Take advantage of this rare opportunity to see up to 1400 artifacts, including pottery, tools and vessels used by the Maya for a thousand years. Hike 45 minutes to the cave entrance, wade/swim through deep pools, past calcite formations, to explore this damp, dark place of ritual and sacrifice. With a helmet and headlamp, see the skeleton of the "Crystal Maiden," a young girl whose bones have calcified over the past 1,100 years, making them appear to sparkle.

**Accommodation****San Ignacio Midas Resort (or similar)**

Hotel

**Day 16 San Ignacio**

Enjoy a free day to explore. Opt to check out nearby caves, some more Mayan sites or a local conservation project.

**Your Discover Moment**

San Ignacio Full Day

There's plenty to see and do in San Ignacio, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like cave exploring, visiting Mayan ruins, and horseback riding. Your CEO has more ideas if you need them. Just ask!

**Optional Activities - Day 16**



### **Cave Tubing**

Caves Branch 7h-8h 45km  
90USD per person

Strap on a headlamp, sit on an inner tube and get set to enter the underworld. Float on an underground river past stalactites hanging above and through shafts of filtered light. Discover firsthand why the Maya selected these sites to make offerings to their gods.

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### **Barton Creek Cave Canoeing**

Barton Creek 6h-8h 30km  
110USD per person

Strap on a headlamp, step in the canoe and paddle along an ancient Mayan waterway inside the Barton Creek Cave. Bring your camera to take memorable photos of cathedral rock chambers, stalactites and stalagmites. Upon return, opt to swim at Big Rock Falls.

### **Horseback Riding**

San Ignacio 2h-5h 5km  
75USD per person

Choose from one of the 45 horses at Hannah's Stables and ride over farm trails and forested paths, all the way along the river to the Mayan site of Xunantunich. Enjoy a short guided tour of the site before taking a different trail back to the stables. Watch for native birds, including toucans and parrots, listen for howler monkeys, admire orchids and fruit trees and breathe in the fresh air of the Belize countryside.

### **Xunantunich Visit**

Xunantunich 2h-4h 11km  
50USD per person

Hike to the top of this impressive 9th-century Maya centre, set high on a natural limestone ridge, and admire the view of the Mopan River, Cayo District and neighbouring Guatemalan countryside. The tallest temple, El Castillo, is partially excavated and explored and there's a unique stucco frieze on the east side of the structure. Discover why Xunantunich is Belize's most visited site with intricately carved stelae, 25 temples, and well-preserved palaces.

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### **Accommodation**

#### **San Ignacio Midas Resort (or similar)**

Hotel

### **Day 17 San Ignacio/Caye Caulker**

Travel to Belize City and catch a high-speed water taxi to Caye Caulker. Later, explore Caye Caulker on a G Adventures-supported Bike with Purpose tour. Spend a few days enjoying this island paradise.

Caye Caulker is a relaxed and easy going island with friendly and welcoming local residents. There are dozens of activities around the island and surrounding coral reefs. Try your hand at fishing and barbecue your catch on the beach.

### **Local Bus**

San Ignacio – Belize City 3h-4h 123km  
Climb aboard, grab a seat, and enjoy the ride.

### **Water Taxi**

Belize City – Caye Caulker 45m-1h  
Jump in and cross the water to the next stop.

### **Your G for Good Moment: Belize Bike with Purpose Tour**

Take a leisurely bike tour around Caye Caulker with a guide from the G Adventures for Good supported Bike with Purpose project. See the island through the eyes of a local on this two-hour tour, and live the island's motto of 'Go Slow'. Feel the island breeze in you hair while knowing you're supporting a program that helps youth from Caye Caulker build skills for tourism jobs upon graduation from high school.

#### **Accommodation**

##### **Enjoy Hotel (or similar)**

Hotel

### **Day 18 Caye Caulker**

Spend time enjoying this island paradise. Opt to go on a sailing trip to snorkel with stingrays, nurse sharks and green turtles at Hol Chan Marine Reserve. If the boats aren't your thing, just relax, Belizean-style.

#### **Your Discover Moment**

Caye Caulker Full Day

There's plenty to see and do in Caye Caulker, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like snorkelling, sea kayaking, and sailing. Your CEO has more ideas if you need them. Just ask!

#### **Optional Activities - Day 18**

##### **Hol Chan Marine Reserve Day Tour**

Caye Caulker 6h-7h

Explore the oldest marine reserve in Belize with a full-day tour filled with snorkelling and sightseeing. The tour includes stops at three popular snorkelling destinations – the Hol Chan Channel, Shark and Ray Alley, and Coral Gardens. Stop at two additional viewing spots to marvel at tarpon and manatees. Expect to see an abundance of angelfish, blue-striped grunts, schoolmaster snappers, and hundreds of other varieties of species in their natural surroundings. Keep your eyes peeled to see green moray eels poking out from their tiny caves.

Tour Includes: snorkeling mask, fins/flippers, lunch, assortment of tropical fruit, water, and other snacks.

#### **Guided Kayak Trip**

Caye Caulker 2h30m-3h

15-20USD per person

Follow a guide on a sea kayak tour around the southern portion of Caye Caulker. Paddle around the mangroves and try to spot some of the unique wildlife in the area.

Please note, the price for this excursion depends on the length of time rented. The range is \$15-\$20 USD per hour.

#### **Sunset Sailing Boat Tour**

Caye Caulker

60USD per person

Set sail just before sunset. Relax with reggae music and rum punch, snack on shrimp ceviche and snap a few photos as you sail around the island as the sun sets to the west of Caye Caulker.

#### **Fishing**

Caye Caulker 4h-8h

250-450USD per person

Cast a line and see what you can reel in. Fish for snapper, barracuda, horse-eye jack and more. Bring your catch to any local restaurant and have them gut and grill it just for you. Buy the rest of dinner and some drinks and enjoy! It doesn't get any fresher than this.

#### **Accommodation**

##### **Enjoy Hotel (or similar)**

Hotel

### **Day 19 Caye Caulker**

Jump for joy that you get another full day to explore Caye Caulker! Do what you didn't get to yesterday or take the day to just lay on the beach!

#### **Your Discover Moment**

Caye Caulker Full Day

There's plenty to see and do in Caye Caulker, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like snorkelling, sea kayaking, and sailing. Your CEO has more ideas if you need them. Just ask!

#### **Optional Activities - Day 19**

## **Hol Chan Marine Reserve Day Tour**

Caye Caulker 6h-7h

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Cast a line and see what you can reel in. Fish for snapper, barracuda, horse-eye jack and more. Bring your catch to any local restaurant and have them gut and grill it just for you. Buy the rest of dinner and some drinks and enjoy! It doesn't get any fresher than this.

## **Accommodation**

### **Enjoy Hotel (or similar)**

Hotel

## **Day 20 Caye Caulker/Playa del Carmen**

Say farewell to Belize, and travel by boat and private vehicle from Caye Caulker to Playa del Carmen, Mexico.

With plenty of options nearby, Playa is an excellent hub for exploring.

## **Water Taxi**

Caye Caulker – Belize City 45m-1h39km

Jump in and cross the water to the next stop.

## **Private Vehicle**

Belize City – Chetumal 2h30m-3h150km

Settle in and scan the scenery from the convenience of a private vehicle.

## **Border Crossing (Belize - Mexico)**

Chetumal

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

## **Transport**

Chetumal – Playa del Carmen 4h-5h310km

Settle in and scan the scenery as you journey to your next destination.

## **Accommodation**

### **Hotel Nautilus (or similar)**

Hotel

## **Day 21 Playa del Carmen**

Enjoy a free day to explore the Mayan ruins of Tulum, or visit one of the many cenotes. Enjoy dinner at a G Adventures-supported community restaurant with a youth-focused art program.

## **Your G for Good Moment: El Hongo Mexican Community Restaurant & Youth Art Program**

El Hongo (which means 'The Mushroom') is a volunteer-run restaurant started as a means to create income to support a youth art program in the 'real' Playa del Carmen, Mexico. Across the highway from

the commercial beach strip is where most locals live – cross onto the unpaved roads and enjoy a delicious home-style meal at the restaurant, while learning more about this much-needed program for the community.

### **Your Discover Moment**

Playa del Carmen Full Day

There's plenty to see and do in Playa del Carmen, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like scuba diving, swimming in a nearby cenote, and visiting the Tulum ruins. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 21**

#### **Cenote Visit**

Playa del Carmen 1h-4h 30-60km

40-60USD per person

Pack your swimsuit, hail a shared van (colectivo) and ask for directions to one of Yucatan's many cenotes. These natural swimming holes were formed thousands of years ago, when the peninsula's porous limestone collapsed to reveal fresh water pools fed by underground systems of canals and rivers. Dive into the turquoise waters surrounded by cave walls or tropical foliage, watch fish dart in and out of the shafts of sunlight and realize why the Maya called cenotes "sacred wells".

#### **Sian Ka'an Biosphere Reserve Canal Float**

Tulum

135USD per person

Sian Ka'an Biosphere Reserve is one of Mexico's most important protected areas due to its diversity in bird and animal species. The Reserve uses ecologically responsible technologies, including systems for wetland waste management, rainwater collection, and solar and wind energy generation to protect the environment.

Visit the reserve and take a boat ride across the lagoon before hopping into the crystal clear water of one of the canals. Next, enjoy nature's lazy river as you float past Mayan ruins and mangrove forests, letting the current slowly bring you down stream. It's just you, the sound of chirping birds, and the fish swimming around your feet - pure paradise!

#### **Tequila Tasting**

Playa del Carmen

850-1100MXN per person

Mexico is the birthplace of tequila, and there is nowhere better to learn about the iconic drink. Join a certified sommelier to learn about the history of tequila and the production process, before the main highlight – a tasting session. Sip, don't shoot!

#### **Coco Bongo Disco and Show**

Playa del Carmen

90USD per person

Coco Bongo lives up to its name. Visitors describe it as "insane", "exciting" and "amazing". This Vegas-style disco and show features a range of high energy acts including Elvis, Lady Gaga, Moulin Rouge and more. The price includes all your drinks and the show is cheaper on weekdays. Go wild!

#### **Tulum Ruins Visit**

Tulum 1h-4h

The Maya built the ancient seaport of Tulum in the late 13th century. Located some 130 km (80 mi) south of Cancun, this picturesque site features a number of limestone structures protected on three sides by a 7m (23 ft) thick wall. Visit "El Castillo" (the castle), overlooking the Caribbean coast, and the Temple of Frescoes, then head down to the beach. Dive into the warm aquamarine waters and imagine spotting ancient vessels laden with turquoise and jade.

#### **Meals included: Dinner**

#### **Accommodation**

#### **Hotel Nautilus (or similar)**

Hotel

### **Day 22 Playa del Carmen**

Depart at any time.

#### **Departure Day**

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

### **What's Included**

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Your G for Good Moment: Posadas Mayas Homestay, San Juan La Laguna

Your G for Good Moment: Caribbean Gastronomic Experience "El Manglar", Livingston

Your G for Good Moment: Belize Bike with Purpose Tour, Caye Caulker

Your G for Good Moment: El Hongo Mexican Community Restaurant & Youth Art Program, Playa del Carmen

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your Discover Moment: Mérida

Your Discover Moment: San Cristóbal de Las Casas

Your Discover Moment: Antigua Guatemala

Your Discover Moment: San Ignacio

Your Discover Moment: Caye Caulker

Your Discover Moment: Playa del Carmen. Chichén Itzá guided tour. Mérida orientation walk. Palenque guided tour. Roberto Barrios waterfall visit. San Cristóbal de las Casas orientation walk. Lake Atitlán boat tour. Antigua orientation walk. Scenic boat ride to Livingston. Tikal guided tour. G Adventures-supported bike tour of Caye Caulker. Beach time in Playa del Carmen. Free time in Mérida, San Cristóbal de las Casas, Antigua, San Ignacio, Caye Caulker, and Playa del Carmen. All transport between destinations and to/from included activities.

## Highlights

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Explore incredible Mayan sites and colourful local markets, opt to snorkel on Belize's world-famous barrier reef, wander colonial towns and Caribbean shores.

## Dossier Disclaimer

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The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Important Notes

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1. As this trip crosses national borders, please be prepared to pay border fees for certain countries ranging from \$1 to \$30 USD. Please check with your local embassy or consulate for up-to-date visa requirements, or see your travel agent.

### 2. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

### 3. ACCOMMODATION NOTE:

Please be aware that properties we stay in with only two stories may not have elevators installed and climbing the stairs with your luggage will be necessary.

## Group Leader Description

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All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious

and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## **Group Size Notes**

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Max 16, avg 12

## **Meals Included**

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1 lunch, 2 dinners

## **Meals**

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Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. Please refer to the meals included and budget information for included meals and meal budgets.

## **Transport**

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Public bus, private vehicle, boat, walking.

## **About our Transportation**

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While in Mexico, the majority of the transportation will be via first class buses. While efficient and comfortable, these buses tend to be over air-conditioned. To ensure a comfortable journey, we recommend that our travellers bring an extra layer to cover up including socks onto these buses.

## **Solo Travellers**

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We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Accommodation**

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Hotels (18 nts), jungle lodge (2 nt), homestay (1 nt).

## **My Own Room**

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Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **Joining Instructions**

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For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## **Arrival Complications**

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We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you

Speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Operator (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office San Jose, Costa Rica

During Office hours (Weekdays 9am-5pm Local Time): +506 4001 8474

After hours emergency number: +51 997 582 712

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

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We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying and handling your own luggage.

## Packing List

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### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear

- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

#### Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

## Laundry

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Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## Visas and Entry Requirements

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank. You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies. Do not rely on credit or debit cards as your only source of money. A combination of US dollars cash and cards with travellers cheques as backup is best. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).



GUATEMALA ATMs: Please note that daily withdrawal limits in this country are extremely low, currently set at 1000 quetzales - less than 140 USD. It is advisable to arrive with enough cash, if your daily needs exceed this amount.

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

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## Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

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## Departure Tax

Mexico entrance tax: 500MXN (USD35)  
Mexico exit tax by land: 500MXN (USD35)  
Mexico airport departure tax: free

Guatemala entrance tax: 10Q (\$1.25USD)  
Guatemala exit tax: 10Q (\$1.25USD)

Belize entrance tax: free  
Belize exit tax: \$20USD

Border Fees must be paid in full at the time of entry and exit and are subject to change without prior notice.

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## Tipping

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Tipping of your G Adventures Chief Experience Officer is very much appreciated. The amount is entirely a personal preference; however as a guideline \$5- 7 USD per person, per day is our recommendation in the region. However, if you felt your CEO did an especially outstanding job, any additional amount will always be welcome.

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## Optional Activities

Mérida

- Anthropology Museum Visit (55MXN per person)
- Cenote Visit (50-60USD per person)

Uxmal Ruins

- Uxmal Ruins Visit (70-110USD per person)

Progreso

- Day Trip to Progreso Beach (4USD per person)

Palenque

- Jungle Trail Hike (25USD per person)
- BBQ Lunch (30USD per person)

San Cristóbal de Las Casas

- Lagunas de Montebello Visit (30USD per person)
- Sumidero Canyon (40USD per person)
- Indigenous Villages Tour (30USD per person)

Antigua Guatemala

- Finca Valhalla Visit (5-10USD per person)
- Elizabeth Bell Walking Tour (25USD per person)
- ChocoMuseo Tour and Workshop (24USD per person)
- Salsa Lesson (10USD per person)
- Massage (30-60USD per person)
- Antigua Cooking Class (55USD per person)

#### Flores

- Swimming

#### Caves Branch

- Cave Tubing (90USD per person)

#### Caracol

- Caracol Ruins Tour (115USD per person)

#### Xunantunich

- Xunantunich Visit (50USD per person)

#### Actun Tunichil Muknal

- Actun Tunichil Muknal Cave Visit (110USD per person)

#### Barton Creek

- Barton Creek Cave Canoeing (110USD per person)

#### San Ignacio

- Horseback Riding (75USD per person)

#### Caye Caulker

- Hol Chan Marine Reserve Day Tour
- Guided Kayak Trip (15-20USD per person)
- Sunset Sailing Boat Tour (60USD per person)
- Fishing (250-450USD per person)

#### Playa del Carmen

- Cenote Visit (40-60USD per person)
- Tequila Tasting (850-1100MXN per person)
- Coco Bongo Disco and Show (90USD per person)

#### Tulum

- Sian Ka'an Biosphere Reserve Canal Float (135USD per person)
- Tulum Ruins Visit

## Health

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

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## A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

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## Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

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## Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

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## Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

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## Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

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## International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.