

## Highlights of Brazil: Paradise & Party - SZRR

8 days: Rio de Janeiro to Rio de Janeiro

### What's Included

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- Your G for Good Moment: Favela Experience, Rio de Janeiro
- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Discover Moment: Ilha Grande
- Your Discover Moment: Rio de Janeiro
- Kayaking in Saco do Mamanguá tropical fjord
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing May 21st, 2019 and onwards

### Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

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#### Day 1 Rio de Janeiro

Arrive at any time. Head to a “quiosque” along Copacabana beach with your fellow travellers. Get to know the group over some drinks then head out to experience Rio’s famous nightlife.

##### **Your Welcome Moment: Welcome Moment - Meet Your CEO and Group**

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

##### **Your First Night Out Moment: Connect With New Friends**

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

#### Day 2 Rio de Janeiro/Paraty

Head out on a road trip to Paraty today! Wander the cobblestone streets as you admire the colourful doorways of this small colonial town. And the beautiful architecture is only half of Paraty's charm — just a quick boat ride away are some of the most stunning tropical beaches you will ever lay your eyes on.

##### **Shared Van**

Rio de Janeiro – Paraty 4h-5h 241km

Climb aboard and make friends with your seatmate en route to the next stop.

##### **Free Time**

Paraty

Explore the colourful doorways and the cobblestone streets.

## **Meals included: Breakfast**

### **Day 3 Paraty**

Explore Saco do Mamanguá, a tropical fjord, by kayak, stop off at remote beaches to explore white sand beaches that meet the jungle.

#### **Kayaking the Mangroves of Mamanguá**

Paraty 2h30m

Glide through to tangled mangroves of a tropical fjord, accessible only by boat. As you wind your way deeper into the grove, discover hidden pools of crystal clear water, perfect for swimming and exploring. You'll meet your guide right at your accommodation, and be provided all equipment needed along with fruit, snacks, and mineral water.

## **Meals included: Breakfast**

### **Day 4 Paraty/Ilha Grande**

Continue the road trip up the coast, winding past little towns and turquoise bays. Take the ferry to Ilha Grande, aka paradise.

In high season, accommodation in Ilha Grande may be multi-share.

#### **Local Bus**

Paraty – Angra dos Reis 2h100km

Climb aboard, grab a seat, and enjoy the ride.

#### **Ferry**

Angra dos Reis – Ilha Grande 1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

#### **Free Time**

Ilha Grande Afternoon

You made it to an island paradise! Go explore it.

## **Meals included: Breakfast**

### **Day 5 Ilha Grande**

Free time to explore the gorgeous beaches of Ilha Grande. Choose to hike the remote trails or take a boat trip around the island —if that's more your style — to sip on a fresh coconut, or go snorkelling.

#### **Your Discover Moment**

Ilha Grande Full Day

There's plenty to see and do in Ilha Grande, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like taking a boat to Lopes Mendes Beach, taking a guided walk to Pico do Papagaio (Parrot's Peak), and snorkelling. Your CEO has more ideas if you need them. Just ask!

#### **Optional Activities - Day 5**

##### **Lopes Mendes Hike**

Ilha Grande 2h30m-4h

Grab your bathing suit, slip on your walking shoes and take the hike from Abraão to the beautiful beach of Lopes Mendes. Follow a well-marked trail up and down, through forest and past other beaches. Eat Jack fruit picked along the way. Drink water from a natural spring. Listen to howler monkeys. After 2.5-3 hrs, arrive at the stunning Lopes Mendes beach, where the white powder sand squeaks under foot and the rolling green hills provide a stunning contrast to the turquoise water.

#### **Swimming**

Ilha Grande

Free

Dive in and enjoy the beautiful water of this island paradise.

#### **Hike to Pico do Papagaio**

Ilha Grande 6h-7h

150BRL per person

Enjoy a guided hike from Abraão to Pico do Papagaio, soaking in the scenery along the way. It will take roughly 4 hours to hike up and about 2 hr to hike back down. The 360 degree views from the top are well worth the effort.

#### **Ilha Grande Boat Excursion**

Ilha Grande 4h-5h

130BRL per person

From the main village of Vila do Abraão, take a boat tour to some of the best beaches around the island. See tropical fish and cool off in the salt spray of the turquoise waters. Stop to swim and snorkel and pinch yourself for being lucky enough to partake in this tropical piece of paradise. Enjoy the scenery while drinking a caipirinha, Brazil's national drink.

### **Snorkelling Ilha Grande**

Ilha Grande

Rent a mask and snorkel, pull on some fins and get set to enter the underwater world of colourful tropical fish, shells and all things seaworthy. November through May is Ilha Grande's best time to snorkel.

Hotspots include the Blue Lagoon, Green Lagoon and Abraãzinho Beach. Luxuriate in the warm salt water, look down and, in some cases, see to a depth of 15m (50 ft).

### **Ilha Grande Diving**

Ilha Grande

Explore one of the world's largest concentrations of underwater shipwrecks, many lost during pirate battles in the 16th-18th centuries in the waters off Ilha Grande. Dive to see the Pinguino cargo ship as well as the remains of a helicopter near Laja do Matariz. Discover massive underwater caves, swim with schools of tropical fish and admire the colours of corals and reefs, in the warm salt water where visibility varies from 6-20m (20-66 ft).

### **Meals included: Breakfast**

#### **Day 6 Ilha Grande/Rio de Janeiro**

Travel back to Rio de Janeiro. The afternoon is free to discover the city how you wish. You can choose to go on a city tour to pack in all the sights like the Christ the Redeemer statue on top of Corcovado, or take a leisurely stroll along Copacabana beach.

### **Ferry**

Ilha Grande - Angra dos Reis 1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

### **Local Van**

Angra dos Reis - Rio de Janeiro 3h-3h30m

Climb aboard, take your seat, and enjoy the ride.

### **Optional Activities - Day 6**

#### **Rio de Janeiro City Tour**

Rio de Janeiro 5h-6h

340BRL per person

There's so much to see and do in this vibrant city pulsing with passion, music and the waves of the sea.

Take a city tour and visit some of Rio's hot spots. Visit the art deco statue of Christ the Redeemer atop Corcovado Mountain, the colourful Lapa Steps and the Rio Cathedral. Ride a cable car to the top of Sugarloaf Mountain and marvel at the magnificent views of the bay, city and beaches beyond.

#### **Day 7 Rio de Janeiro**

In the morning, explore the favela with a local resident on a G Adventures-supported tour to watch a drumming demonstration, get a Capoeira lesson, and sample craft beers with a new perspective of the city. Enjoy a free afternoon to discover all that Rio has to offer.

### **Your G for Good Moment: Favela Experience**

Explore dynamic communities and support social enterprises on a tour led by residents of the Vidigal favela. Participate in a Capoeira session, visit an innovative community green space, sample artisanal beer made in the favela, and purchase unique handicrafts. With support from G Adventures, entrepreneurial organizations and members of the community are connected with people, ideas, and resources from around the world to grow their businesses.

### **Your Discover Moment**

Rio de Janeiro Full Day

There's plenty to see and do in Rio de Janeiro, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like watching a football game, going on a city tour, and hang gliding over this beautiful city. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 7**

#### **Rio Football Game**

Rio de Janeiro

300BRL per person

If it's a game day, catch a football match (or some call it soccer). Watch the local cheers for their team and join in the celebrations.

### **Meals included: Breakfast**

### **Day 8 Rio de Janeiro**

Depart at any time.

### **Departure Day**

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

### **Optional Activities - Day 8**

#### **Rio Hang Gliding**

Rio de Janeiro

780BRL per person

Glide like a bird on this exhilarating and inspiring air adventure. Get all the guidance you need to go airborne with your instructor, and take to the skies for an unbeatable experience and amazing views of this incredibly picturesque city. Careful – you may become addicted to the freedom of flying!

#### **Rio Football Game**

Rio de Janeiro

300BRL per person

If it's a game day, catch a football match (or some call it soccer). Watch the local cheers for their team and join in the celebrations.

### **Meals included: Breakfast**

## **What's Included**

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Your G for Good Moment: Favela Experience, Rio de Janeiro

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your First Night Out Moment: Connect With New Friends

Your Discover Moment: Ilha Grande

Your Discover Moment: Rio de Janeiro. Kayaking in Saco do Mamanguá tropical fjord. All transport between destinations and to/from included activities.

## **Highlights**

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Wander the cobblestone streets of Paraty, Visit the tropical fjord of Saco de Mamanguá, Relax on the beaches of Ilha Grande, Explore a favela with a local resident, Enjoy free time to discover the city of Rio de Janeiro

## **Dossier Disclaimer**

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## **Itinerary Disclaimer**

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Group Leader Description**

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All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and

introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## **Group Size Notes**

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Max 18, avg 14.

## **Meals Included**

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6 breakfasts

## **Meals**

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Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included.

For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **Transport**

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Local bus, minivan, taxi, plane, ferry, walking.

## **Solo Travellers**

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We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## **Accommodation**

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Hostel (3 nts, multi-share with up to 6 people), Simple hotels (4 nts, twin-share).

## **Joining Hotel**

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For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## **Joining Instructions**

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Galeao International Airport is a 30 to 45 minute drive from our joining hotel. There are many private taxi companies with booths inside the building where you can pay a set rate for a taxi to Copacabana (approximately \$50 USD), thus avoiding the confusion outside the airport. There is a money exchange in the Banco do Brazil on the 3rd floor of the international Arrivals area, which is open 24 hours.

There is also an airport shuttle service, known as 'Real' (approximate fare \$9USD) which will drop you off at the place of your choice along the route (choose the one that goes to Copacabana beach). The closest point to our start hotel is at the corner of Ave. Atlantica and Rua Santa Clara, which is just steps away from the section of the beach known as Posto 4. Once there, you can flag down one of the many official yellow taxis in the street to get the rest of the way to the hotel (approximately \$5 USD).

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

## Arrival Complications

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We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

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### EMERGENCY CONTACT NUMBERS

Should you need to contact G Adventures during a situation of dire need, it is best to first call our local contact in Buenos Aires. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so we may return your call and assist you as soon as possible.

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local contact in Buenos Aires, we have a toll-free line for North America, which will connect you directly with our Toronto office. In the event that you cannot get through, you can reach a member of our Operations department at the mobile number below:

Toll-free, North America only: 1 800 465 5600.

Calls from UK: 0344 272 0000

Calls from Australia: 1 300 796 618

Outside North America, Australia and the UK: +1 416 260 0999

## What to Take

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We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

## Packing List

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### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt

- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

#### Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

## Laundry

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Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## Visas and Entry Requirements

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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The currency in Brazil is the Brazilian Real (BRL).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and in the case of Argentina, more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Tipping

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It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

## Optional Activities

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### Ilha Grande

- Lopes Mendes Hike
- Swimming (Free)
- Hike to Pico do Papagaio (150BRL per person)
- Ilha Grande Boat Excursion (130BRL per person)
- Snorkelling Ilha Grande
- Ilha Grande Diving

### Rio de Janeiro

- Rio de Janeiro City Tour (340BRL per person)
- Rio Football Game (300BRL per person)
- Rio Hang Gliding (780BRL per person)

## Health

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake



are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

**Protests and Demonstrations-** Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

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## **Trip Specific Safety**

You should be especially careful walking around Rio de Janeiro on your own, particularly at night. It is very important to use common sense when in Rio as tourists can be easy targets. Do not walk down dark streets or go on the beach in the early hours of the morning. Be safe and leave your passport, credit cards, traveller's cheques and cash you won't be using immediately within the hotel's safety deposit box. Keep your camera safe and valuable objects attached to you as there are many 'grab and run' thieves lurking about.

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## **A Couple of Rules**

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

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## **Travel Insurance**

**Travel Insurance:** Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

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## **Planeterra Foundation - the non-profit partner of G Adventures**

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](http://PlaneterraFoundation.org).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Newsletter

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Minimum Age

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Minimum age of 18 years for this trip.

## International Flights

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Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.