

# **Classic Hong Kong to Beijing Adventure - ACNB**

20 days: Hong Kong to Beijing

## What's Included

- Your Welcome Moment: Welcome Moment Meet Your CEO and Group
- Your Hands-On Moment: Calligraphy Class, Pingyao
- Yangshuo countryside bike ride with local lunch (full-day)
- Bird and flower market visit (Kunming)
- Orientation walk in Lijiang
- Tiger Leaping Gorge Trek (2 days)
- Panda Breeding Center excursion (Chengdu)
- Calligraphy class (Pingyao)
- Forbidden City visit
- Great Wall Mutianyu excursion
- Hanging Temple visit
- Yungang Grottoes visit
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT**: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing June 8th, 2016 - December 31st, 2018

### Itinerary

**NOTE**: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

## Day 1 Hong Kong

Arrive at any time.

### Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

### Day 2 Hong Kong/Yangshuo

Cross the border to Shenzhen for the fast train to Guilin, then transfer to Yangshuo, nestled amongst the limestone karsts jutting out of the Li River.

Arrive to Guilin by train and transfer to the nearby village of Yangshuo. One of China's most scenic regions, this beautiful backpacker town is a haven for activities, cultural immersion, and relaxing at cafés.

The Li River and the limestone karst mountains interspersed with picturesque riverside villages and markets make this area perhaps the best known scenic attraction in the region.

### Metro

Hong Kong1h-1h30m Get around underground via public transit.

## Local Train

Shenzhen Train Station – Guilin3h30m Climb aboard, take your seat, and get around like the locals do.

### Border Crossing (China - Hong Kong)

Futian – Hong Kong

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

### **Private Vehicle**

Guilin – Yangshou1h30m-2h Settle in and scan the scenery from the convenience of a private vehicle.

### Day 3 Yangshuo

Take a full-day bike ride through the surrounding countryside to gain insight into rural Chinese life. Enjoy lunch at a local family's home.

### Yangshuo Guided Cycle Tour

Yangshuo4h-5h 10km

Follow the guide and cycle over the flat(ish) landscape past rice paddies, local farmers, and water buffalo. Marvel at the limestone karsts and hear the legends of how they came to be. Stop for lunch at the house of a local family for a tasty meal made from freshly grown produce.

### **Free Time**

Yangshuo Evening Get out and explore relaxing Yangshuo.

# Optional Activities - Day 3

Yangshuo Tai Chi Lesson

Yangshuo 80-150CNY per person

Learn how to do Tai Chi, the local exercise regimen. Practice in any park around sunrise, and be sure to have company from locals.

### **Calligraphy Yangshuo**

Yangshuo

80-150CNY per person Watch and learn how to do calligraphy, a traditional form of writing Chinese characters using a brush and ink. See how calligraphers have evolved a richly varied tradition of calligraphic styles, which have been handed down from generation to generation.

### **Chinese Language Lesson**

80-150CNY per person

Enjoy a lesson in basic Mandarin and practice what you've learned with the locals.

### Kung Fu Lesson

80-150CNY per person Pick up some basic skills of Kung Fu and learn a bit of the history behind this ancient martial art form.

## Impression Liu Sanjie Culture Show

Yangshuo

298CNY per person

When the sun goes down, the Li River lights up for the 'Impression of Liu Sanjie' light show. The show consists of 7 episodes: the Prelude, Red Impression, Green Impression, Golden Impression, Blue Impression, Silvery Impression and the Epilogue. Each scene in the show is more spectacular and breathtaking than the last and is made up of 600 actors and actresses, colourful stage lights, and special-effect smoke systems. Watch the moonlight dance along the Li River combined with colourful lights and dancers as the show plays on!

### Meals included: Lunch

### Day 4 Yangshuo/Kunming

After a free morning in Yangshuo, transfer to Guilin and fly to Kunming, capital city of Yunnan.

### **Private Vehicle**

Yangshuo – Guilin1h30m-2h Settle in and scan the scenery from the convenience of a private vehicle.

## Day 5 Kunming/Dali

Enjoy a walk around the Bird and Flower Market in Kunming before boarding an express bus to Dali. With free time, opt to explore the old town.

Enjoy free time in Dali with optional activities like visiting the old town, taking a boat around Lake Erhai, and riding a bike to Xizhou. Choose to spend some time wandering the local markets.

### **Bird and Flower Market Visit**

#### Kunming2h

Enjoy the exotic scents and vibrant colours of of this lively flower market. You'll find several locals shopping for house pets; birds are among the most popular items but you can buy crickets, too!

### **Local Bus**

Kunming – Dali4h30m-5h344km Climb aboard, grab a seat, and enjoy the ride.

### Free Time

Dali Get out and explore.

## **Optional Activities - Day 5**

## Dali Old Town Visit

Dali Free

Visit the Old town of Dali and enjoy its traditional architecture. It's a great opportunity to learn more about the minority cultures (mostly Bai but also with many Yi and Hui) and relax in this unique place.

## Day 6 Dali

Enjoy a free day to explore this scenic town. Opt to rent a bike to visit Lake Erhai and explore the Villages along the lake.

#### Free Time Dali

Get out and make the most of your time in beautiful Dali.

### **Optional Activities - Day 6**

**Bike to Xizhou** Dali 50-80CNY per person Hop on a bike and peddle out to Xizhou to explore.

### Dali Old Town Visit

Dali Free

Visit the Old town of Dali and enjoy its traditional architecture. It's a great opportunity to learn more about the minority cultures (mostly Bai but also with many Yi and Hui) and relax in this unique place.

## Day 7 Dali/Lijiang

Travel by bus to Lijiang and take an orientation walk before free time to explore on your own.

### Local Bus

Dali – Lijiang3h-3h30m148km Climb aboard, grab a seat, and enjoy the ride.

### **Orientation With CEO**

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

### **Free Time**

Lijiang Don't waste a minute, get out and explore.

## Day 8 Lijiang/Yongsheng County

Take a bus to Tiger Leaping Gorge and start on the famous hike. The route follows the stunning scenery of the Yangtze as it cuts through the gorge.

In the heart of Yunnan province, the fast-flowing Yangtze has cut a dramatic gorge so narrow that legend has it a tiger once escaped capture by jumping across it.

This area rivals the well-known Three Gorges as the most spectacular scenery along the Yangtze River and hiking the route is surely the best way to experience the landscape.

### **Local Bus**

Lijiang – Yongsheng County2h30m-3h Climb aboard, grab a seat, and enjoy the ride.

#### Tiger Leaping Gorge Trek Day 1

Qiaotou - Hetaoyuan6h-8h 13-14km

Enjoy a first day of hard walking on a combination of a new dirt road and smaller farmers' trails. Ascend the '28 bends', where the path twists and turns, climbing steeply, until you come out at the top of the path (not the top of the gorge – that is still several hundred metres above you!). Enjoy the stunning, hard-earned views from the top! You can also see where a tiger reputedly jumped across the gorge, a mythical occurrence from which the gorge derives its name.

### Day 9 Yongsheng County/Lijiang

Continue the hike through Tiger Leaping Gorge. After completing the trek, drive back to Lijiang.

#### Tiger Leaping Gorge Trek Day 2

Lijiang – Qiaotou4h-6h

Continue on for the second day of the hike – it's easy walking today. Enjoy breathtaking views of Jade Dragon mountain and waterfalls along the way.

#### **Local Bus**

Lijiang2h30m-3h Climb aboard, grab a seat, and enjoy the ride.

### Day 10 Lijiang

Enjoy a day to discover Lijiang. Opt to explore the UNESCO Heritage-listed Old Town or visit the Black Dragon Pool Park.

#### Free Time

Lijiang Full Day Explore more of this city or just relax and take it easy after the hike.

#### **Optional Activities - Day 10 Black Dragon Pool Park**

Lijiang

45CNY per person

Explore the gorgeous Black Dragon Pool, a pond in Jade Spring Park, which is a short walk from the Old Town of Lijiang. Take in a spectacular view of the region's tallest mountain, Jade Dragon Snow Mountain. Visit the many temples and pavilions in the park, including the Deyue Lou (Moon Embracing Pavillion), the Longshen Temple, and the Wufeng Tower. Tour the Dongba Culture Research Institute and the Dongba Culture Museum, which help to preserve local culture.

### Day 11 Lijiang/Chengdu

Fly from Lijiang to the vibrant, modern city of Chengdu. Opt to watch a Sichuan opera.

Chengdu, the capital of Sichuan province, is a city of almost 12 million people, which still manages to retain some of its older characteristics and traditions.

One of these traditions is the Sichuan Opera. The singing, comedy, puppetry, and incredible 'changing faces' act performed as part of the opera are a feast for the eyes.

### **Optional Activities - Day 11**

#### Sichuan Opera Show

Sit back and enjoy the show at the vibrant Sichuan Opera – a performance filled with wit, humour, and local flavor. Be taken on a journey by the singing, acrobatics, acting, and exquisite, stylized movements.

#### Wenshu Monastery

Chengdu

### 5CNY per person

Wenshu Monastery definitely worth a visit during your stay in Chengdu. The monastery was first built in Tang dynasty (618-907). More than 500 pieces of painting and calligraphy by celebrities are stored in this monastery. The exquisite garden and solemn halls are other highlights of this place.

## Day 12 Chengdu

Visit the Panda Breeding Centre for an up-close experience with these gentle giants. Later, board an overnight train to Xi'an.

### **Giant Panda Breeding Center**

Chengdu3h

Visit the popular pandas at the Chengdu Research Base of Giant Panda Breeding, created to provide an ideal breeding environment for these endangered creatures. Learn about their life cycle and habitat and take memorable photographs of these iconic national treasures. See a number of other rare species, including the little-known red panda. Arrive in the fall for a chance to see tiny newborn pandas.

### **Basic Overnight Train (beds)**

## Chengdu - Xi'an12h-16h

Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

## Day 13 Xi'an

Full day to see Xi'an.

Xi'an (translating to Peace in the West) was once the east end of the Silk Road and home to 13 emperors. From The Great Mosque to the Terracotta Warriors, this city is a must-see!

### **Free Time**

Xi'an

Free time to explore Xi'an, opt to see the Terracotta Warriors, the Great Mosque, or cycle the city walls.

#### Optional Activities - Day 13 Terracotta Warriors Visit

Xi'an

200-400CNY per person

Visit the site of the Terracotta Warriors, an archaeological treasure where approximately 8,000 soldiers and hundreds of horses stand on guard in three excavated pits in an on-site museum. Learn how the underground warriors were discovered (by accident) in 1974, and why Emperor Qin Shihuang commissioned the statues to serve as his army in the afterlife.

### **The Great Mosque**

Xi'an

#### 25CNY per person

Discover this hidden oasis behind the markets of the Muslim Quarter. Learn about the Great Mosque's centuries-old history, and explore the temples and gardens to see how Chinese and Islamic architecture came together in this place of worship.

### Big Goose Pagoda Visit

Xi'an 50CNY per person Head to the outskirts of the city to the Big Wild Goose Pagoda, a beautiful, brick Buddhist temple.

### **Cycling Xi'an City Walls**

Xi'an1h-2h 45-45CNY per person Pont a bike and cycle the Xi'a

Rent a bike and cycle the Xi'an city walls. The walls – built for protection in the Tang Dynasty and expanded in the Ming dynasty –are a great way to absorb local history. Hop off where you like and admire the views as you pedal along the 12m (39 ft) wide wall, which takes about 2 hrs to cycle along.

### **Defachang Dumpling Banquet**

Xi'an 105CNY per person Dumpling banquets are a great way to experience the traditional northern Chinese cuisine. Have a delicious meal trying all the different dumpling flavours.

### **Tang Dynasty Dinner**

Xi'an 88-158CNY per person

Opt to enjoy a Tang Dynasty dinner this evening, sampling a banquet of local cuisine in the true style of an emperor and empress. Dinner will never be the same again.

## Day 14 Xi'an/Pingyao

Discover Xi'an with some free time before boarding an evening fast train to the ancient city of Pingyao.

Free Time Xi'an Half Day Head out and explore Xi'an.

## Bullet Train

Xi'an – Pingyao3h

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

### Day 15 Pingyao

Try your hand at calligraphy with an included lesson. Enjoy free time to explore the old city of Pingyao with its cobbled streets and buildings dating back to the Ming and Qing dynasties.

### Your Hands-On Moment: Calligraphy Class

Watch and learn how to do calligraphy, a traditional form of writing Chinese characters using a brush and ink. See how calligraphers have evolved a richly varied tradition of calligraphic styles, which have been handed down from generation to generation.

### **Free Time**

Pingyao Half Day Get out and discover this historic city.

#### **Optional Activities - Day 15 Chinese Painting Lesson**

# Pingyao

60-80CNY per person

Visit a former teacher and learn how to paint traditional Chinese calligraphy -- it's truly an art form. He'll teach you about the different strokes and characters used in this ancient art.

### Meals included: Breakfast

### Day 16 Pingyao/Datong

Hop on a train to Datong after a free morning in Pingyao.

Datong is famous for its temples, pagodas, and other Buddhist structures in the area. The Huayan Monastery and Nine-Dragon Screen are excellent examples of the treasures found in the middle of the city.

### **Free Time**

Pingyao Morning Take a final free morning to enjoy Pingyao.

### **Local Train**

Pingyao – Datong6h30m-8h Climb aboard, take your seat, and get around like the locals do.

### Meals included: Breakfast

## Day 17 Datong/Beijing

Set eyes on the gorgeous Hanging Monastery and visit the Yungang Grottoes to see the thousands of Buddha statues. Later, board an overnight train to Beijing.

The Hanging Monastery (or Hanging Temple) is a wooden structure built into a cliff at the foot of a mountain more than 1,500 years ago. It includes Buddhist, Taoist, and Confucian elements.

Further afield are the Yungang Grottoes; there are currently 53 grottoes with 51,000 statues of the Buddha remaining. Enjoy a guided visit to the grottoes to marvel at them in person. Beyond that is Mt Hengshan, one of the five sacred mountains of China.

Opt to check out Datong's six remaining pagodas, which gave the city the nickname "City of Pagodas".

# Yungang Grottoes Visit

## Datong1h30m

Enjoy a guided visit to the Yungang Grottoes, a spectacular sight just 16km (9.9 mi) from the city of Datong. There are currently 53 grottoes with 51,000 statues of the Buddha remaining here.

### **Hanging Temple Visit**

#### Datong4h

Check out the Hanging Monastery located outside Datong and over 1,500 years old -- it is one of China's most famous sights. The building has elements of Buddhism, Taoism, and Confucianism. Wooden beams placed in holes chiseled in the cliff face hold up this massive structure, measuring over 50m (164 ft) tall.

## **Basic Overnight Train (beds)**

Datong – Beijing6h-7h Experience overnight travel like a local. Sit back and get some well-earned (and likely much-needed) rest en route to your next stop.

### Meals included: Breakfast

### Day 18 Beijing

Arrive in bustling Beijing early and enjoy a visit to the famed Forbidden City.

### **Forbidden City Tour**

Beijing2h Our CEO will steer around crowds and help make the most of a visit to the Forbidden City.

### **Free Time**

Beijing Half Day Get outside and explore this metropolis.

### Meals included: Breakfast

### Day 19 Beijing

Enjoy an included visit to the Great Wall.

Head out of town to the Mutianyu section of the Great Wall and enjoy time to wander around, take photos, and pick up souvenirs.

### Great Wall Mutianyu Visit

#### Beijing3h

Climb the rolling hills of Huairou County at Mutianyu, one of the best-preserved sections of the Great Wall. Enjoy scenic views as the wall winds along mountain ridges, and take brag-worthy photos of the wall from any of the 22 towers. The Great wall is an incredible piece of engineering stretching 6000 km west from the mountain ridges north of Beijing. It was originally constructed to protect Chinese empires from nomadic northern tribes, and even though it failed in this purpose, it's still one of the country's most remarkable achievements and an iconic destination. The Mutianyu section of the Great Wall is located about 80km away from the Veijing City Center. The walk is approximately 5 kilometres and will take 2 to 3 hours depending on your level of fitness.

### **Private Vehicle**

Beijing

Settle in and scan the scenery from the convenience of a private vehicle.

### **Private Vehicle**

Beijing

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Optional Activities - Day 19 Beijing Acrobatics Performance**

Beijing

Enjoy an evening of spectacular acrobatics performed by some of China's most talented performers and athletes. This unforgettable spectacle features Chinese-style tricks, like plate-spinning, contortion, foot-juggling, and a host of circus-style acrobatics, too.

### **Beijing Kung Fu Show**

Beijing

Follow the tale of a young boy on his journey to becoming a kung fu master through six gripping scenes told through traditional Chinese art and live modern dance. (Don't worry; there are subtitles above the stage). Developed by some of China's top stage directors and designers, the performance showcases the skills of its talented cast, most of whom are just 17 years old.

### **Cable Car at Great Wall**

Mutianyu

#### 100-140CNY per person

The cable car ride is about 5 minutes ride up to tower 14, from where you may walk to the highest point of Mutianyu Great Wall at Tower 20. The walk from ticket check to tower 10 is about 30 minutes. The cable car ride is a good option if you are hoping to save energy to challenge the Tower 20. Return ticket is recommended as you may spend more time on the wall.

100 CNY (one way) to 140 CNY (round trip)

**Toboggan at Great Wall** Mutianyu 100-140CNY per person After your hike on the Great Wall, opt to take a Toboggan ride back down instead of the cable car!

100 CNY ( one way) -140 CNY ( Round trip

## Day 20 Beijing

Depart at any time.

## **Departure Day**

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

## What's Included

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group Your Hands-On Moment: Calligraphy Class, Pingyao. Yangshuo countryside bike ride with local lunch (fullday). Bird and flower market visit (Kunming). Orientation walk in Lijiang. Tiger Leaping Gorge Trek (2 days). Panda Breeding Center excursion (Chengdu). Calligraphy class (Pingyao). Forbidden City visit. Great Wall Mutianyu excursion. Hanging Temple visit. Yungang Grottoes visit. Internal flights. All transport between destinations and to/from included activities.

## Highlights

Visit the Panda Breeding Centre, Enjoy a calligraphy lesson, See thousands of buddhas at the Yungang Grottoes, Explore the Forbidden City and the Great Wall

## **Dossier Disclaimer**

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# **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Important Notes**

### 1. LUGGAGE

As we use (sometimes crowded) local transport please note backpacks are much more suitable than suitcases for this style of trip. Train travel means that bags have to be stowed either overhead or under beds, so travelling as light as possible is recommended.

## 2. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

3. Peak season notice: Golden Week falls between October 1st and 7th, 2019/2020/2021. Please note that Golden Week is a semi-annual 7-day or 8-day national holiday for the people of China. This is a very busy time of the year for domestic tourists, so expect some crowding at major attractions. We recommend booking these dates well in advance as accommodations and transportation availability is extremely limited.

# **Group Leader Description**

All of our G Adventures group trips are accompanied by a G Adventures Chief Experience Officer (CEO) in China. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting – we think it's the best of both worlds.

## **Group Size Notes**

Max 16, avg 12.

## **Meals Included**

4 breakfasts, 1 lunch

## Meals

Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally, meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where what and with whom to eat. It also gives you more budgeting flexibility, though generally, food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Vegetarians will be able to find a range of different foods, although in some areas the choice may be limited. Should breakfast not be included, your CEO can suggest some local options For all trips please refer to the meals included and budget information for included meals and meal budgets.

## Transport

Train, local bus, private vehicle, plane.

## **About our Transportation**

Train travel is often used throughout our China trips as it's an easily accessible and fast way to make the most of the time you have in China. While packing for your trip please note the following restrictions and remember that the local policies in place are for yours and everyone's safety. Prohibited items on China's trains and metro:

1. Any knives or scissors

- 2. Items or food that have an unpleasant odour (ex. Durian)
- 3. Open liquor bottles (new bottles with the seal intact are okay)

4. Pressurized/flammable containers over 120ml in size (ex. sunscreen spray, mosquito repellent spray, hairspray, etc.)

Prohibited items on trains to/from Guangxi Province - Guilin/Yangshuo

- 1. Floria Water a mosquito repellent water common in China
- 2. Self-heating food items (self-heating hot pot, rice, etc.)
- 3. As well as everything on the previous list above

## Local Flights

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## **Solo Travellers**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## Accommodation

Hotels (13 nts), guesthouses (4 nts), sleeper train (2 nts).

# **Joining Hotel**

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## **Joining Instructions**

There are a few ways to get to Hong Kong from the Airport. If you are taking a taxi, we always recommend printing out the address of the hotel (in the native language as well as English if available), to show to your taxi driver.

Follow signs to the taxi station. It's by the left-hand ramp outside the Arrivals Hall. Cost is around HK\$250 to the hotel.

If you are using public transit:

1. Directions to PENTAHOTEL:

Address: 19 , 15 Luk Hop St, San Po Kong, Hong Kong

By Train (Airport Express): Follow the signs to the Airport Express Station, take the train to Tsing Yi Station , then follow signs to transfer to Lai King (MTR Tung Chung Line, Direction to Hong Kong), then transfer to Prince Edward (MTR Tsuen Wan Line , Direction to Central), then transfer to Diamor Hill (MTR Kwun Tong Line, Direction to Tiu Keng Leng). Get off at Diamond Hill . Come EXIT A2, walk towards southeast and turn left to Lung Cheung Road for 25 meters, then turn left for around 200 meters, turn right onto Choi Hung Road, turn left to Tai Yau Street, turn left onto Luk Hop Street; Penta Hotel Kowloon would be on your left. The Cost is around HKD90.

By Public Airport Bus: The bus station is situated outside the Arrivals Hall on the right side. You need to leave the Arrivals Hall and turn right, following the direction signs to Ground Transportation Centre. Take Line A26 or A29P to Diamond Hill Station; Tai Hom Road (6th stop including Hong Kong International Airport). Once you get off the bus, walk forward (same direction as bus goes) and turn right to cross Lung Cheung Road, then turn left toward Choi Hung Road, turn right onto Choi Hung Rd, turn left toward Sze Mei Street, continue onto Sze Meiyou slightly right; at the roundabout, take the 1st exit onto Luk Hop St., at the cross turn right to stay on right side Luk Hop St., then you'll see Penta Hotel Kowloon. The Cost is around HKD33.

2. Directions to HARBOUR PLAZA NORTH POINT:

Address: 665 King's Rd, North Point, Hong Kong

By Train (Airport Express): Follow the signs to the Airport Express Station, take the train to Hong Kong Station , then follow signs to transfer to Central Station (MTR Island Line ). Get off at Quarry Ba Station . Come out via EXIT B, head north on King's Road for 200 metres, turn right toward King's Road then turn left toward King's Road and slight left onto King's Road. The hotel will be on the right. The cost for the train is about HK115.

By Public Airport Bus & Metro: The bus station is situated outside the Arrivals Hall on the right side. You need to leave the Arrivals Hall and turn right, following the direction signs to Ground Transportation Centre. Take Line A22 to Chi Wo Street; Jordan Road (4th stop including Hong Kong International Airport). Once you get off the bus, head southwest on Jordan Rd toward Nathan Rd, take entrance Jordan Station Exit B2. Take Tsewn Wan Line from Jordan Station to Admiralty Station . Follow the transfer take Island Line from Admiralty Station to Quarry Bay Station . Come out via EXIT north on King's Road for 200 metres, turn right toward King's Road then turn left toward King's Road and slight left onto King's Road. The hotel will be on the right. Cost is about HK21.

\*\*\*Taxi/train is recommended as they are the easiest ways to get to the hotel. Bus is the cheapest option.

If you have paid in advance for an arrival transfer:

Please approach Vigor Tours airport counter upon arrival and advise your G Adventures confirmation number to Vigor Tours airport staff. Vigor Tours airport service counter location: Counter B18, Arrival Hall B of Terminal 1.

Please note that Day 1 is an arrival day and no activities have been planned for that day other then your welcome meeting in the evening, so you can arrive at any time.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

# **Arrival Complications**

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## What to Take

What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as your are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

Do not bring any knives or swords into China (gifts or otherwise). If they do make it into the country, they will not be permitted on trains. If you purchase a knife or sword while travelling elsewhere before arriving in China your best option is to post/mail it home before entering the country as no post/mail companies in China will accept it as a parcel.

# **Packing List**

Cold Weather:

- · Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- · Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs

• First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/ plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)

- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket
- Smart Dress:
- Smart outfit (For evenings out)
- Train Travel (Optional):
- Slip-on shoes
- Small container with lid
- Travel cutlery
- Travel or camp cup

Trekking:

- Gloves
- Hat
- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Snacks (Protein bars, chocolate, dried fruits, candies, energy sweets.)
- Socks (Trekking socks (woollen or synthetic, not cotton).)
- Thermal base layer (Woollen or synthetic, not cotton.)
- Walking poles (Highly recommended.)

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Note: from Apr-Aug is rainy season for most of Southern China, so please ensure you have some waterproof clothing.

## Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date

as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page <u>here</u>

\*\* Please be advised that if you have recently travelled to Turkey, or you are a Turkish citizen, it is possible that your Chinese visa will not be approved. Please contact your local embassy for further information. \*\*

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the embassy of each country. Your travel agent can assist. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

CHINA: all nationalities require a visa to visit China

Most nationalities also need an official Letter Of Invitation (LOI) before they can apply for their Chinese visa.

You can obtain the LOI through our visa support agent in China. The visa support link you need to complete will be sent to you or your travel agent by email when you confirm your booking. You must read the instructions carefully and fill out all the details.

Please ensure that you list the same details as appear on your LOI when filling out your Chinese Visa Application form.

#### HOW TO FILL IN CHINA LOI FORM ONLINE:

As Chinese visas are dated specifically for entry and exit, please ensure you enter the correct dates as per your flights entering and exiting China. Please remember to put exactly the same dates when you fill out the application at the Chinese embassy. You will need to provide additional documentation to the consulate (i.e. flights tickets, hotel reservations) if these dates fall outside the duration of the tour.

Please do not submit the below application until 3 months prior to your entry into China. The details will be forwarded to our local agent in China and you will be emailed your Chinese Invitation Letter (With day by day Itinerary) only once we are within 60 days of the trip start date.

Once you have received your LOI you can apply for your visa by going to the nearest Chinese embassy. Please, remember that it is your responsibility to check whether passport details, name spelling and dates on the LOI are correct.

As of April 3rd, 2018, all Chinese visa application forms must be typed. Handwritten forms will no longer be accepted.

Following the successful implementation of their 144 hour visa free program for the Shanghai district, The Ministry of Public Security of China have announced the extension of the 144 hour visa free program for provinces of Beijing, Tianjin and Hebei. As of the 29th of December 2017, over 50 foreign nationals can now enter or exit via one of the following ports:

- Beijing Capital International Airport
- Railway West Railway Station
- Tianjin Binhai International Airport
- Tianjin International Cruise Homeport, or
- Shijiazhuang Zhengding International Airport in Hebei Province and Qinhuangdao Harbor.

HONG KONG: all Indian nationalities require a 'pre-arrival registration' to enter Hong Kong

Indian nationals must apply for and successfully complete pre-arrival registration online before they can visit or transit the Hong Kong. Pre-arrival registration is not required for Indian nationals in direct transit by air and not leaving the airport transit area. An Indian national can make use of the online service to apply for pre-arrival registration free of charge if he/she:

- Holds an Indian passport valid for at least six months; and

- Intends to visit or transit (except in direct transit by air and not leaving the airport transit area) in Hong Kong for a stay not exceeding 14 days.

Information accurate as of December, 2018.

Link to Indian pre-arrival registration: https://www.immd.gov.hk/eng/services/visas/pre-arrival\_registration\_for\_indian\_nationals.html

## **Spending Money**

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## **Emergency Fund**

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

# Tipping

Traditionally in China tipping is not expected and thus there is no need to tip in restaurants and your general interaction with locals; however, tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$5 USD per person per day can be used.

## **Optional Activities**

### Yangshuo

- Yangshuo Tai Chi Lesson (80-150CNY per person)
- Calligraphy Yangshuo (80-150CNY per person)
- Chinese Language Lesson (80-150CNY per person)
- Kung Fu Lesson (80-150CNY per person)
- Impression Liu Sanjie Culture Show (298CNY per person)

#### Dali

- Dali Old Town Visit (Free)
- Bike to Xizhou (50-80CNY per person)

### Lijiang

- Black Dragon Pool Park (45CNY per person)
- Sichuan Opera Show

### Chengdu

- Wenshu Monastery (5CNY per person)

### Xi'an

- The Great Mosque (25CNY per person)
- Cycling Xi'an City Walls (45-45CNY per person)
- Tang Dynasty Dinner (88-158CNY per person)
- Terracotta Warriors Visit (200-400CNY per person)
- Defachang Dumpling Banquet (105CNY per person)
- Big Goose Pagoda Visit (50CNY per person)

### Pingyao

- Chinese Painting Lesson (60-80CNY per person)

### Beijing

- Beijing Acrobatics Performance
- Beijing Kung Fu Show

## Mutianyu - Cable Car at Great Wall (100-140CNY per person)

- Toboggan at Great Wall (100-140CNY per person)

# **Safety and Security**

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewelery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. <u>Read more about travel safety</u> for ways to further enhance your personal safety while traveling.

# A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## **Travel Insurance**

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Local Dress**

In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist, Hindu and Muslim countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting small rural communities or visiting temples or mosques or other holy sites as this may restrict your entry.

## Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of

your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

### Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at <u>www.gadventures.com/newsletters/</u>

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for <u>Planeterra's monthly news</u> to learn more about how to give back and support the people and places we love to visit.

### **International Flights**

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.