

## Lima to Rio: Coast to Coast - SPMR

51 days: Lima to Rio de Janeiro

### What's Included

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- Your G for Good Moment: Ccaccacollo Community and Women's Weaving Co-op visit, Ccaccacollo
- Your G for Good Moment: Handmade Biodegradable Soap Products
- Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Agencha
- Your G for Good Moment: Favela Experience, Rio de Janeiro
- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Foodie Moment: Huacachina Winery Visit, Huacachina
- Your Discover Moment: Cusco
- Your Foodie Moment: Sacred Valley Brewery, Ollantaytambo
- Your Big Night Out Moment: Cusco
- Your Local Living Moment: Lake Titicaca Homestay, Lake Titicaca
- Your Discover Moment: Sucre
- Your Discover Moment: Salta
- Your Discover Moment: Buenos Aires
- Your Discover Moment: Paraty
- Your Discover Moment: Ilha Grande
- Your Discover Moment: Rio de Janeiro
- Sunset sandboarding & dune buggies (Huacachina)
- Pachamanca-style dinner (Nazca)
- Colca Canyon excursion
- Inca Trail hike with a local guide and cook (4 days)
- Guided tour of Machu Picchu
- Lake Titicaca excursion
- Salar de Uyuni (Uyuni Salt Flats) excursion (3 days)
- Entrance and visit to Iguassu Falls
- Internal flights
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2020 and onwards

### Itinerary Notes

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**We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.**

### Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

## Inca Trail

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### Day 1 Lima

Arrive at any time. Get to know your group tonight as you head out to one of the many bars and restaurants in the bohemian neighbourhood of Barranco. Enjoy a local craft beer with your fellow travellers as you get excited for the adventure to come.

Arrive at any time. There are no planned activities, so check into the hotel and enjoy the city.

If you booked the Lima Cooking Class it does not include extra time in Lima and we highly recommend booking pre-trip accommodation. You will be picked up from your hotel at approx 10:00 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. You will return back to your hotel around 13:00.

Please note: hot water shortages and power outages can be fairly common in Latin America (even in upgraded hotels and private homes). We appreciate your patience and understanding that these occurrences are outside of our control.

### Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

### Your First Night Out Moment: Connect With New Friends

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

### Optional Activities - Day 1

#### Lima City Tour

Lima

40USD per person

Discover Lima's cultural and culinary highlights on this half-day guided tour. Visit the San Francisco Church and its impressive catacombs, walk around Plaza de Armas, and get to know some of Lima's lovely neighbourhoods. Stop to enjoy some authentic Peruvian tapas and be introduced to pisco sours during a demonstration and tasting before heading back to your hotel.

#### Lima Cooking Class (4hrs)

Lima

Get a taste of Peruvian cuisine, visit local markets, sample exotic fruit, select fresh ingredients, and try your hand at preparing unique Peruvian dishes influenced by China, Italy, West Africa, and Japan.

#### Full Day Lima Experience

Lima

150USD per person

Experience the highlights Lima along with its important eras in history such as, the Pre-Hispanic Oracle of Pachacamac. Enjoy lunch at a local restaurant in the bohemian district of Barranco and visit the colonial convent of San Francisco and its latest addition, the Magic Water Park.

### Accommodation

#### Hotel Gemina (or similar)

Hotel

### Day 2 Lima/Huacachina

Travel along Peru's breathtaking coast to the oasis of Huacachina where you can sandboard on the desert dunes while watching the sun go down.

#### Local Bus

Lima - Huacachina 5h-6h

Climb aboard, grab a seat, and enjoy the ride.

#### Sunset Sandboarding & Dune Buggies

Huacachina

Get your adrenaline pumping in a dune buggy on the desert dunes, ride the ups and downs in these desert mountains. Strap on a board and try out sandboarding, just like it sounds like snowboarding, but on sand. Enjoy the softer landings and the warmer temps. After, head back to the oasis of Huacachina through the stunning dunes and watch the sunset in the distance.

### Meals included: Breakfast

### Accommodation

**Carola Lodge (or similar)**

Hotel

**Day 3 Huacachina/Nazca**

Wake up and make the most of your time in Huacachina before your adventure continues on to Nazca. There is time in the morning for an optional excursion to the Ballestas Islands, home to a lively colony of sea lions, pelicans, and other varieties of birds. Later, catch a bus to Nazca. Stop along the way at a Pisco winery and try the country's national drink!

**Your Foodie Moment: Huacachina Winery Visit**

Learn about the wine and pisco production in the area and enjoy a tasting of different varieties, which are all available for purchase.

**Private Vehicle**

Huacachina – Nazca 2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

**Meals included: Dinner****Accommodation****San Marcelo City Hotel (or similar)**

Hotel

**Day 4 Nazca/Arequipa**

Choose to soar over the iconic Nazca Lines today with a pre-bookable flight, or take a tour of the Nazca Desert Cemetery and Potter's Studio. Tonight, catch some z's on an overnight bus to Arequipa.

**Free Time**

Nazca Full Day

Enjoy some free time during the day.

**Overnight Bus**

Nazca – Arequipa 9h

Curl up and catch a snooze en route to the next stop.

**Optional Activities - Day 4****Nazca Desert Cemetery and Potter's Studio Guided Tour**

Nazca

80PEN per person

See remains of the Nazca culture during an included tour of the ancient Pre-Inca desert cemetery site of Chauchilla. Spot 1500-year-old mummies, bones, and pottery on the desert floor. The entire desert area was also once home to the ancient Paracas and the Nazca cultures, which preceded the Incas by more than half a millennium. Stop for a visit at an artisan's workshop, where modern masters create Nazca style pottery.

**Flight over Nazca Lines**

Nazca

Take to the skies for the best view of the enigmatic Nazca Lines, a series of patterns and pictures etched in the ground, crisscrossing a wide area of flat desert. Marvel at the lines measuring up to 10km (6 mi) in length, yet, remaining perfectly straight. See depictions of birds, insects, and animals only recognizable from the air. Decide for yourself the origin of the lines – who drew the lines, and why, remains a mystery. Current beliefs suggest that they may be part of complex agricultural calendar.

Please note that this activity does not include a tourist ticket fee of S/.47 PEN per person, payable directly by each traveller at the airport in Nazca.

**Day 5 Arequipa**

Welcome to Arequipa! Take the day to explore what is known as the 'white city.' If you're into history and architecture, visit the Santa Catalina Monastery, where you'll get a unique glimpse into a bygone way of life. For spicy food lovers, visiting one of the 'picanterías' is a must. Satisfy your craving with a variety of local regional foods: alpaca, shrimp, pork, lots of soups, and spicy sauces.

**Free Time**

Arequipa Full Day

Make the most of your time here.

**Optional Activities - Day 5****Juanita Museum**

Arequipa

60PEN per person

Visit the Museo Santuarios Andinos, also known as the Juanita Museum for the well-preserved mummy of a young Incan girl sacrificed to the Incan Gods in the 1500s. Juanita remained preserved on the top of Mt Ambato until quite recently, she was discovered in the mid-90s and was briefly displayed in the National Geographic headquarters in Washington, D.C.

### **Arequipa City Tour**

Arequipa

Get out and explore "the white city" on this walking tour, stop at picturesque viewpoints to capture the surrounding volcanoes, marvel at the white volcanic sillar rock architecture, and visit one of the most stunning colonial buildings in the country, Santa Catalina Monastery.

### **Accommodation**

**Terra Mistica Casa Consuelo (or similar)**

Hotel

### **Day 6 Arequipa/Colca Canyon**

Enjoy a full-day tour of the spectacular Colca Valley and venture to the impressive Colca Canyon — one of the deepest canyons in the world — on an overnight excursion. With a little luck, you'll spot some unusual Andean animals such as vicuñas, and alpacas. Give your body some much needed relaxation by taking an optional dip in the the hot springs.

### **Private Vehicle**

Arequipa – Colca Canyon 2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

### **Optional Activities - Day 6**

#### **Hot Springs**

Chivay

15PEN per person

Soak your weary bones in steaming hot water pouring from the earth and relax.

### **Meals included: Breakfast**

### **Accommodation**

**Vita Colca Hotel (or similar)**

Hotel

### **Day 7 Colca Canyon/Arequipa**

Get an early start to be on the look out for condors. Travel from Chivay town to a condor viewpoint to get a glimpse of these magnificent birds in the air. On the way back, stop in local villages, and see old terraces. Later, head out for a drink in the Calle Zela area – restaurant, bar, or club, there's something for everyone!

### **Private Vehicle**

Colca Canyon – Arequipa 2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

### **Meals included: Breakfast**

### **Accommodation**

**Terra Mistica Casa Consuelo (or similar)**

Hotel

### **Day 8 Arequipa/Cusco**

Explore Arequipa – take a city tour if you want or check out a monastery or museum. Later, sit back and relax on an overnight bus to Cusco.

### **Free Time**

Arequipa Full Day

Get out and explore more of this beautiful colonial city.

### **Overnight Bus**

Arequipa – Cusco 10h

Curl up and catch a snooze en route to the next stop.

### **Optional Activities - Day 8**

#### **Santa Catalina Monastery Visit**

Arequipa

60PEN per person

Visit this 16th-century monastery (over 20,000 sq m) for its beautiful architecture built in the Mudéjar style. Travel back in time wandering its small streets lined with colourful walls, and take some time to learn about its captivating history.

### **Juanita Museum**

Arequipa

60PEN per person

Visit the Museo Santuarios Andinos, also known as the Juanita Museum for the well-preserved mummy of a young Incan girl sacrificed to the Incan Gods in the 1500s. Juanita remained preserved on the top of Mt Ambato until quite recently, she was discovered in the mid-90s and was briefly displayed in the National Geographic headquarters in Washington, D.C.

### **Arequipa City and Area Panoramic Bus Tour**

Arequipa

20USD per person

Get to know "the White City" and the surrounding area on a panoramic bus tour. Stop at picturesque viewpoints to capture the surrounding volcanoes, marvel at the white volcanic sillar rock architecture, and fall in love with Arequipa's cityscapes.

### **Meals included: Breakfast**

### **Day 9 Cusco**

Explore the city on your own today or choose from a variety of activities that will help you discover the magic of Cusco. Wander the narrow cobblestone streets and plazas or choose to take a half-day tour of the city. Or, pre-book the Cusco cooking class if you want to learn to prepare delicious local specialties!

Please note: if you pre-book the Cusco Cooking Class you will be picked up from your hotel at approx 12:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 16:00.

### **Your Discover Moment**

Cusco Full Day

There's plenty to see and do in Cusco, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting Museo Inka, Museo de Historia Regional, and whitewater rafting. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 9**

#### **La Merced Visit**

Cusco

Enjoy a visit to this historic church and convent, first built in 1536 and rebuilt in 1675 (it was destroyed in the 1650 earthquake). Take in the wonderful architecture here, including Baroque Renaissance cloisters and beautiful wood carvings. There's also an ornate monstrance on display; made of gold and covered with gemstones, it's a must see.

### **Cusco City Tour**

Cusco

45PEN per person

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

### **Inka Museum**

Cusco

10PEN per person

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

### **Cusco Tourist Ticket**

Cusco

130PEN per person

This ticket allows admission at 16 sights of the city of Cusco including many popular museums and cathedrals, the ticket also provides entrance to Sacsayhuaman Archaeological Park, and sights in the South Valley of Cusco and the Sacred Valley of the Incas.

### **Cusco Cooking Class**

Cusco - Cuzco

Channel your inner chef and get a taste of Peruvian cuisine. Learn all about the essential ingredients, and try your hand at preparing unique Peruvian dishes with a local expert

### **Accommodation**

#### **Hostelworld Kokopelli Cusco (or similar)**

Hostel

## Day 10 Cusco

Today is another free day to explore all that Cusco has to offer. Feeling active? Take on the Rainbow Mountain trek or go mountain biking. Prefer to stay local? Take it easy with a visit to the Inka Museum and hit up some of the many great cafes, restaurants and bars.

To arrange the hike to the famed Rainbow Mountain, pre-book on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

Please note: if you pre-book the Cusco Cooking Class you will be picked up from your hotel at approx 12:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 16:00.

### Free Time

Cusco

Make the most of your time in Cusco.

### Optional Activities - Day 10

#### Inka Museum

Cusco

10PEN per person

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

#### Cusco Cooking Class

Cusco – Cuzco

Channel your inner chef and get a taste of Peruvian cuisine. Learn all about the essential ingredients, and try your hand at preparing unique Peruvian dishes with a local expert

#### Cusco City Tour

Cusco

45PEN per person

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#### Rainbow Mountain Hike - Full-day Trip

Cusco 7km

Lookout over these colourful Andean mountains striped with maroon, turquoise, lavender, and gold. The sediment, elevation, and proximity to the ocean create a landscape that has to be seen to be believed. Get started early to drive around 2 hours to the starting point of this challenging, yet rewarding full-day hike. Reaching 5,029m (16,500 ft) this 14km hike is no walk in the park, but these unique mountains do not disappoint.

### Meals included: Breakfast

### Accommodation

### Hostelworld Kokopelli Cusco (or similar)

Hostel

## Day 11 Cusco/Ollantaytambo

Head into the Sacred Valley today to visit the G-Adventures supported women's weaving co-op in the Ccaccaccollo community. Learn about weaving, and meet the adorable resident llamas. If you see a knitted item you like, buy it — a perfect keepsake from your journey. Stop and sample some craft beer at a brewery on your way to Ollantaytambo.

### Private Vehicle

Cusco – Ollantaytambo 1h45m 94km

Settle in and scan the scenery from the convenience of a private vehicle.

### Your G for Good Moment: Ccaccaccollo Community and Women's Weaving Co-op visit

Visit the Ccaccaccollo community centre which G Adventures travellers' donations helped create in 2005, thereby enabling local women to sell traditional textiles to travellers. See local weaving and dyeing techniques used to create garments and souvenirs, and learn how the Planeterra weaving co-operative has impacted the community and those who visit it. This includes the purchase of alpacas to provide a

steady supply of wool, looms, and sewing machines as well as several training courses on production, sales and small business management.

### **Your Foodie Moment: Sacred Valley Brewery**

Delight your tastebuds and sample high-quality beer with the breathtaking Sacred Valley as a backdrop. This craft brewery uses local ingredients to make award-winning brews and gives back to the surrounding communities. What's not to like?

### **Meals included: Breakfast**

### **Accommodation**

### **Las Orquideas Ollantaytambo (or similar)**

Hotel

### **Day 12 Inca Trail**

Depart Ollantaytambo by van to km 82 where your trek begins. Hike through beautiful scenery, with a variety of flora that changes with the seasons. You'll see several smaller ruin sites like Llactapata.

A crew of local porters, cooks, and guides will take care of all the details for the duration of the hike. Porters carry the majority of the gear so you'll only need to carry a small daypack with water, rain gear, snacks, a camera, etc.

### **Private Vehicle**

Ollantaytambo – Inca Trail 45m

Settle in and scan the scenery from the convenience of a private vehicle.

### **Inca Trail Hike**

Inca Trail KM 82 – Wayllabamba Camp 5h-6h 11km

Get your blood pumping on this first day of hiking the Inca trail. The trekking is fairly easy and serves as good training for the next few days. Pass rambling rivers and a small village, and enjoy scenic mountain views; it's just a taste of what's to come.

### **Your G for Good Moment: Handmade Biodegradable Soap Products**

Enjoy G Adventures-supported handmade biodegradable soap products, for use on our treks. This G Adventures for Good project empowered local Cusqueña women to start their own business in order to reduce the environmental impact of treks in the region. Planeterra provided \$10,000 of seed funding for two young entrepreneurs to register their biodegradable products in order to sell them to the tourism industry. "Esencia Andina" is now a successful business that produces biodegradable soaps, detergents, and natural products for travellers, guides, porters, and cooks on our treks.

### **Meals included: Breakfast | Lunch | Dinner**

### **Day 13 Inca Trail**

Get an early start today to climb the long steep path to Warmiwañusca, known as Dead Woman's Pass. This is the highest point of the trek at 4,198m (13,769 ft). Most hikers reach camp by early afternoon, with some much needed R&R.

### **Inca Trail Hike**

Wayllabamba Camp – Pacaymayo Camp 6h-7h 12km

Trek over progressively spectacular and steeper terrain on your way to Warmiwañusca (aka Dead Woman's Pass), the highest point of the trek at 4,198m (13,769 ft). Be prepared to face strong Andean weather (blazing sun or cold winds) around the pass. Take the hike slow, and drink lots of water along the way – amazing views are waiting as a reward. Enjoy some ample time to rest and relax after reaching the camp; most campers arrive around early afternoon.

### **Meals included: Breakfast | Lunch | Dinner**

### **Accommodation**

### **Pacaymayo Campsite (or similar)**

Campground

### **Day 14 Inca Trail**

Cross two more passes and ruins along the way. The first pass is Runquraqay at 3,950m (13,113 ft) where, on a clear day, you can catch a glimpse of the snow-capped Cordillera Vilcabamba. Hike through cloud forest on the gentle climb to the second pass of the day, walking through original Incan constructions. The highest point of the pass is 3,700m (12,136 ft). On a clear day, enjoy the spectacular views of the Urubamba Valley.

At 3,650m (11,972 ft), reach the ruins of Phuyupatamarca, the "town above the clouds." Camp here or go another 1.5 hrs to the Wiñay Wayna ruins ("forever young") located at 2,650m (8,694 ft).

### **Inca Trail Hike**

Pacaymayo Camp – Wiñaywayna 9h 16km

Cross two passes and more ruins along the Inca Trail on the last full day of hiking. Traverse Runquraway at 3,950m (13,113 ft), and then reach the second pass at 3,700m (12,136 ft). Spot the gorgeous Cordillera Vilcabamba and the Urubamba Valley in the distance on a clear day. Camp at either the Phuyupatamarca ruins or the Wiñay Wayna ruins.

**Meals included: Breakfast | Lunch | Dinner**

**Accommodation**

**Wiñaywanyna Campsite (or similar)**

Campground

### **Day 15 Machu Picchu/Cusco**

The final day of the hike starts pre-dawn to reach the Sun Gate before sunrise. Wake up around 03:30 and walk to the checkpoint. Catch the first views of the breathtaking ruins of Machu Picchu on a clear day. Hike down to Machu Picchu for a guided tour of the site. Catch the bus to Aguas Calientes before your train back to Cusco in the afternoon. Tonight, dance the night away at a popular night club.

#### **Inca Trail Hike**

Wiñaywayna – Machu Picchu 2h-3h 6km

Wake around 03:30 to reach the Sun Gate as early as possible. Head to the checkpoint and join the lineup to wait for the gate to open. Catch the first views of the breathtaking ruins of Machu Picchu (fingers crossed for a clear day). Hike down to Machu Picchu (about 45 mins) for a 1.5 hr guided tour of the site, and free time to explore. Opt to visit the Inca Bridge (a 15-min walk one way) for no additional charge, if time allows.

Catch the bus outside the Machu Picchu gate after your visit for a 25-min downhill ride to Aguas Calientes. Eat and relax before the train ride back to Cusco this evening.

#### **Machu Picchu Guided Tour**

Machu Picchu 1h30m-2h

Set off with the local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

#### **Train**

Aguas Calientes – Ollantaytambo 1h30m-1h45m 31km

Climb aboard, take a seat, and enjoy the ride.

#### **Private Vehicle**

Ollantaytambo – Cusco 1h30m-1h45m 60km

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Your Big Night Out Moment:**

Whether it's a pub crawl, drink specials or a bonfire on the beach, celebrate late into the night with your new best friends.

**Meals included: Breakfast**

**Accommodation**

**Hostelworld Kokopelli Cusco (or similar)**

Hostel

### **Day 16 Cusco**

Today is another free day to get the most out of Cusco and to do anything you may not have done yet. Continue to explore and be active or relax and watch the world go by from one of the many bars and restaurants on the main plaza.

#### **Your Discover Moment**

Cusco Full Day

There's plenty to see and do in Cusco, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting Museo Inka, Museo de Historia Regional, and whitewater rafting. Your CEO has more ideas if you need them. Just ask!

#### **Optional Activities - Day 16**

##### **Inka Museum**

Cusco

10PEN per person

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

##### **Cusco City Tour**

Cusco



45PEN per person

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

### **Cusco Tourist Ticket**

Cusco

130PEN per person

This ticket allows admission at 16 sights of the city of Cusco including many popular museums and cathedrals, the ticket also provides entrance to Sacsayhuaman Archaeological Park, and sights in the South Valley of Cusco and the Sacred Valley of the Incas.

### **Meals included: Breakfast**

### **Accommodation**

**Hostelworld Kokopelli Cusco (or similar)**

Hostel

### **Day 17 Cusco/Puno**

Sit back, relax, and soak in the impressive views as you travel by bus through the Altiplano on your way to Puno on Lake Titicaca.

### **Local Bus**

Cusco – Puno 7h30m 389km

Climb aboard, grab a seat, and enjoy the ride.

### **Meals included: Breakfast**

### **Accommodation**

**Hostal Milagros Inn (or similar)**

Hostel

### **Day 18 Puno/Lake Titicaca**

This morning, you will board a boat on Lake Titicaca and head to Taquile Island. Opt to have lunch in a local restaurant and shop in the afternoon at the local weaving cooperatives. Later, cruise to another village for an overnight homestay to live like a local on the shores of the lake. Learn more about rural life in the Peruvian highlands and create unforgettable memories with the family and fellow travellers.

### **Lake Titicaca Guided Boat Tour Day 1**

Lake Titicaca

Board a boat on Lake Titicaca and head to Taquile Island for a delicious Peruvian lunch at a restaurant followed by some shopping at the local weaving cooperatives. (Taquileños are known for their fine handwoven textiles and clothing, men are taught how to knit around age five and they create the majority of the textiles.) After, enjoy an overnight stay with a host family and a chance to learn about life on the islands.

### **Your Local Living Moment: Lake Titicaca Homestay**

Accommodation on the islands may be multi-share.

### **Meals included: Breakfast | Dinner**

### **Accommodation**

**Luquina Homestay (or similar)**

Homestay

### **Day 19 Lake Titicaca/Puno**

Say goodbye to your homestay family and stop at the Uros Islands on your way back to Puno. If you want, you can check out the spectacular chullpas (funerary towers) of Sillustani, a pre-Inca archaeological site. Or kayak on Lake Titicaca.

### **Lake Titicaca Guided Boat Tour Day 2**

Lake Titicaca

Spend the morning with the homestay families, then depart after lunch. Visit the floating islands of Uros on the way back, and learn about the unique lifestyle of the locals. Meet residents and learn how they built the islands with totora reeds, which are also used to make their homes, boats, crafts (and are also edible!).

### **Free Time**

Puno Afternoon

Make the most of one last afternoon in Puno.

### **Optional Activities - Day 19**

**Sillustani Burial Towers Entrance**

Puno

59PEN per person

Take a guided tour of the Sillustani burial towers known as "chullpas." Be awed by these fantastic ruins located outside Puno – their remarkable towers stretch up to 12m (39 ft) in height.

### **Lake Titicaca Kayaking**

Lake Titicaca

Take to the waters of the highest navigable body of water in the world, Lake Titicaca, and paddle out to Laquina Island. Get a glimpse into local island life before heading back across the lake to Puno.

**Meals included: Breakfast | Lunch**

**Accommodation**

**Hostal Milagros Inn (or similar)**

Hostel

### **Day 20 Puno/La Paz**

Today, enjoy a full-day drive around the picturesque lake and through the Altiplano to La Paz. Cross over into Bolivia and catch your breath before a night out in the highest city of the trip. Check out the area of Sopocachi for cool bohemian vibes.

#### **Local Bus**

Puno – Yunguyo 2h30m

Climb aboard, grab a seat, and enjoy the ride.

#### **Border Crossing (Peru - Bolivia)**

Desaguadero

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

#### **Local Bus**

Copacabana – La Paz 3h

Climb aboard, grab a seat, and enjoy the ride.

### **Optional Activities - Day 20**

#### **Valley of the Moon Tour**

La Paz

15USD per person

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

#### **Witches' Market Visit**

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

#### **La Paz City Tour**

La Paz

25-45USD per person

Explore the city on a guided tour. Check out stunning cathedrals, impressive museums, and lively markets, learning more about the history of this fascinating city. Look for majestic Mt Illimani in the background.

**Meals included: Breakfast**

**Accommodation**

**Hotel Las Brisas (or similar)**

Hotel

### **Day 21 La Paz**

If you didn't have time yesterday to do everything you wanted in La Paz — no worries! Today is another day to explore the city as you wish. If you're an adrenaline junkie, make sure to experience the Death Road Biking Adventure.

Opt to pre-book the "Death Road Biking Adventure" activity on the checkout page ahead of time to include this optional on your tour.

### **Optional Activities - Day 21**

#### **Valley of the Moon Tour**

La Paz

15USD per person

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

### **Witches' Market Visit**

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

### **Death Road Biking Adventure**

La Paz

Get your adrenaline pumping as you soar down the 'world's most dangerous road.' Start high up in the Andes at 4,700m (15,420 ft) and wind your way down this steep, narrow road on the mountainside into the depths of the Bolivian jungle. This is not one for the faint of heart, adrenaline junkies only!

Please note that the entrance fee of 53 Bolivianos (not included in this activity) must be paid directly to the National Park prior to biking, only local currency is accepted. We are unable to pre-pay this fee in advance, due to the park policy.

### **Meals included: Breakfast**

### **Accommodation**

### **Hotel Las Brisas (or similar)**

Hotel

### **Day 22 La Paz/Sucre**

Get to know La Paz with a free day to wander through the city's winding streets and vibrant markets before boarding a night bus to Sucre.

### **Free Time**

La Paz Full Day

Get out and explore this high altitude city.

### **Overnight Bus**

La Paz – Sucre 14h416km

Curl up and catch a snooze en route to the next stop.

### **Optional Activities - Day 22**

### **Valley of the Moon Tour**

La Paz

15USD per person

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

### **Witches' Market Visit**

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

### **Death Road Biking Adventure**

La Paz

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Please note that the entrance fee of 53 Bolivianos (not included in this activity) must be paid directly to the National Park prior to biking, only local currency is accepted. We are unable to pre-pay this fee in advance, due to the park policy.

### **La Paz City Tour**

La Paz

25-45USD per person

Explore the city on a guided tour. Check out stunning cathedrals, impressive museums, and lively markets, learning more about the history of this fascinating city. Look for majestic Mt Illimani in the background.

### **Meals included: Breakfast**

### **Day 23 Sucre**

Discover the beauty of Sucre, known as Bolivia's "White City" at your own pace with a free day to explore. Set in a valley surrounded by mountains, you can choose to go hiking or mountain biking to admire this city from a different point of view.

### **Free Time**

Sucre

Get out and explore beautiful tranquil Sucre.

## **Optional Activities - Day 23**

### **Hiking**

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

### **Mountain Biking**

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

### **Sucre Dinosaur Tracks Excursion**

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

### **Sunday Tarabuco Market**

Sucre

130BOB per person

On a Sunday morning, the Tarabuco market offers a glimpse into daily Bolivian life and the diversity of its people. Where indigenous groups from the surrounding area gather on Sundays to sell their goods.

### **Accommodation**

#### **Hotel Independencia (or similar)**

Hotel

## **Day 24 Sucre**

One day in Sucre isn't enough, so take another free day to explore! Try optional activities such as hiking, mountain biking, a visit to the Textile Cooperative, or get up close and personal with real dinosaur tracks.

### **Your Discover Moment**

Sucre Full Day

There's plenty to see and do in Sucre, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like hiking, mountain biking, and visiting the Textile Cooperative. Your CEO has more ideas if you need them. Just ask!

## **Optional Activities - Day 24**

### **Hiking**

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

### **Sucre Dinosaur Tracks Excursion**

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

### **Mountain Biking**

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

### **Sunday Tarabuco Market**

Sucre

130BOB per person

On a Sunday morning, the Tarabuco market offers a glimpse into daily Bolivian life and the diversity of its people. Where indigenous groups from the surrounding area gather on Sundays to sell their goods.

### **Meals included: Breakfast**

### **Accommodation**

#### **Hotel Independencia (or similar)**

Hotel

## **Day 25 Sucre/Potosí**

Venture south to Potosí, the highest city of its size in the world.

Staying in the Bolivian highlands, we travel south to the city of Potosí. The highest city of its size in the world, this UNESCO World Heritage Site has had a tumultuous history as a silver mining centre during colonial times.

**Local Bus**

Sucre – Potosí 2h30m

Climb aboard, grab a seat, and enjoy the ride.

**Meals included: Breakfast****Accommodation****Hotel Gran Libertador (or similar)**

Hotel

**Day 26 Potosí**

Get out and explore Potosí on a free day. Choose to take an excursion to the silver mine, visit the Casa de la Moneda or wander the streets and visit the local market.

**Free Time**

Potosí

Get out there and explore.

**Optional Activities - Day 26****Silver Mine Tour**

Potosí

150BOB per person

Take the opportunity to visit a working silver mine and learn more about the process of extraction and working conditions faced by as much as half of the people who live and mine in Potosí. Bring a bandana and wear protective gear (boots, helmet and headlamp) as you head deep into the bowels of Cerro Rico (Rich Hill).

**Meals included: Breakfast****Accommodation****Hotel Gran Libertador (or similar)**

Hotel

**Day 27 Potosí/Uyuni**

It's off to Uyuni today. Breathe in the beautiful scenery while relaxing in a private vehicle. Take it easy today because your next adventure is right around the corner!

**Private Vehicle**

Potosí – Uyuni 4h

Settle in and scan the scenery from the convenience of a private vehicle.

**Meals included: Breakfast****Accommodation****Hotel Samay Wasi (or similar)**

Hotel

**Day 28 Uyuni/Salt Flats and Desert Crossing**

Embark on a three-day 4x4 excursion to the Salar de Uyuni. Get your camera ready because the endless white of the salt flats creates the perfect backdrop for mindbending photo ops. Settle in to your G Adventures-supported community salt-brick bungalow — complete with salt floors and salt furniture, and enjoy a delicious dinner prepared with local ingredients.

Note: During the rainy season, the locations visited may change due to some routes being covered by water.

We offer unique accommodation on the Salar de Uyuni. Instead of very basic refuges and homestays most operators use, we have upgraded to simple hotels that are equipped with solar panels to provide electricity and hot water. Rooms are multi-share and each has a private bathroom. Meals are made from local ingredients, most of which are grown on-site.

**4x4**

Uyuni – Salt Flats

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

**Salt Flats and Desert Crossing Excursion**

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

**Your G for Good Moment: Jukil Community Experience & Lodge**

Visit the Santiago de Agencha community, located two hours across the salt flats from Uyuni, a rural village surrounded by towering cacti and part of a small desert oasis. The community-owned salt lodge was renovated and expanded through a major project in 2016 funded by G Adventures' foundation, Planeterra. With many of the village's younger residences fleeing for economic opportunities, this lodge is seen by the community as a way to rescue their indigenous culture and provide opportunities for the future. Learn about their traditional agricultural practices, including their specialization in quinoa production, and take a guided walk with a community member to the sacred Jukil mountaintop for a beautiful view of the village below and the salt flats beyond. Meals of local ingredients grown in the village are prepared by ladies who were provided culinary training through the project. Leave Jukil Community Lodge knowing your visit is creating opportunities for a whole new generation of people in this community to improve their lives, and the lives of their children and grandchildren.

**Meals included: Breakfast | Dinner**

**Accommodation**

**Jukil Lodge (or similar)**

Hotel

### **Day 29 Salt Flats and Desert Crossing**

Continue crossing the desert today, admiring the scenery while passing red and blue lagoons and intriguing rock formations along the route. Keep an eye out and you might spot wild llamas, alpacas, and even flamingos deep within the desert.

### **Salt Flats and Desert Crossing Excursion**

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

**Meals included: Breakfast | Lunch | Dinner**

**Accommodation**

**Quetana (or similar)**

Lodge

### **Day 30 Salt Flats and Desert Crossing /San Pedro de Atacama**

Get a head start on your day by rising early to cover more ground on your journey through the unique landscape of the Salar de Uyuni. Soak in the views of unimaginable scenery including volcanoes and salt lakes. Travel to the border then kick back and relax on your descent by bus to San Pedro de Atacama, Chile.

### **4x4**

Salt Flats – Estación Avaroa1h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

### **Border Crossing (Bolivia - Chile)**

Hito Cajon

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

### **Local Bus**

Hito Cajon – San Pedro de Atacama1h

Climb aboard, grab a seat, and enjoy the ride.

### **Optional Activities - Day 30**

#### **Valley of the Moon Visit**

San Pedro de Atacama

30000CLP per person

The sunset brings out a variety of colours over this majestic valley that experts say is the area on Earth that most closely resembles moon's surface. Explore the incredible formations created by wind and rain over millennia in this unique location between the Andes mountains and one of the world's driest deserts.

**Meals included: Breakfast | Lunch**

**Accommodation**

**Hostal Puritama (or similar)**

Hotel

## **Day 31 San Pedro de Atacama**

Today is full of possibilities. Explore San Pedro de Atacama on a mountain bike, cruise down the dunes on a sandboard, or chill out in the hot springs. Or visit the Valley of the Moon, an area on Earth that resembles the moon's surface. (How cool is that?)

### **Free Time**

San Pedro de Atacama

Get out and explore the area.

### **Optional Activities - Day 31**

#### **Sandboarding**

San Pedro de Atacama

45000CLP per person

Hit the dunes and experience the rush of surfing down.

#### **Valley of the Moon Visit**

San Pedro de Atacama

30000CLP per person

The sunset brings out a variety of colours over this majestic valley that experts say is the area on Earth that most closely resembles moon's surface. Explore the incredible formations created by wind and rain over millennia in this unique location between the Andes mountains and one of the world's driest deserts.

#### **Observatory Tour**

San Pedro de Atacama

25000CLP per person

Gaze at the impressive desert stars from one of the best places to see them in the world and be guided on a planetary journey with an expert astronomer.

#### **San Pedro de Atacama Hot Springs**

San Pedro de Atacama

45000CLP per person

Relax in large geothermal pools surrounded by stunning desert landscapes and scenery.

### **Accommodation**

#### **Hostal Puritama (or similar)**

Hotel

## **Day 32 San Pedro de Atacama/Salta**

Say "Adios!" to Chile because you're heading to Argentina today. Relax on the bus en route to Salta, home to empanadas salteñas—and no visit to the town is complete without trying them! Unwind at the hotel or liven it up with a visit to a Peña Folklore show to dance the night away and sip delicious Argentine red wine.

### **Local Bus**

San Pedro de Atacama - Salta 10h

Climb aboard, grab a seat, and enjoy the ride.

### **Border Crossing (Chile - Argentina)**

Paso de Jama

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

### **Optional Activities - Day 32**

#### **Peña Folklore Show**

Salta

600ARS per person

Enjoy a combination of local musical, dancing, wine and food at a peñas folklóricas. The performances can take place in restaurants, open-air squares or music halls and are usually very casual. While dancing the chacarera or zamba, any guitarist can jump on stage or start to sing. Dance the night away, try some delicious Argentine red wine and enjoy the great music.

### **Accommodation**

#### **La Candelaria Hotel (or similar)**

Hotel

## **Day 33 Salta**

Tantalize your tastebuds with the local cuisine today as you explore freely. Choose to saddle up and admire the scenery on horseback. Or, if you'd prefer, take a visit to the town of Cafayate to roam vineyards and sample some of the white wine produced at insanely high altitudes.

### **Your Discover Moment**

#### **Salta Full Day**

There's plenty to see and do in Salta, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like the Museum of High Altitude Archeology, whitewater rafting, and hiking around Quebrada de las Conchas. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 33**

#### **Quebrada de las Conchas**

##### **Salta**

Wind your way through valleys to the impressive layered red rock walls of the Quebrada de las Conchas, carved into high walls over time by the Las Conchas River. This is a spectacular sight, so be sure to take a few photos.

### **Cafayate Full Day Tour**

##### **Salta**

35USD per person

Travel along beautiful valleys and stop by the Quebrada de las Conchas, a beautiful red rock gorge with unique shapes eroded into its walls by wind and water. Continue on to the town of Cafayate, home to several vineyards and wineries that produce the torrontes grape. Be sure to sample some of this white wine that is produced at remarkably high altitudes. Salud!

### **Museum of High Altitude Archeology**

##### **Salta**

800ARS per person

The Museum of High Altitude Archeology offers a peek into Inca culture in the Andes, with a focus on child sacrifices. The mummified remains of one such sacrifice is on display in the museum.

### **Horseback Riding and BBQ**

##### **Salta**

15000ARS per person

Admire the scenery while your ride slowly carries you across hills and along trails in the countryside.

### **Meals included: Breakfast**

#### **Accommodation**

#### **La Candelaria Hotel (or similar)**

##### **Hotel**

### **Day 34 Salta/Buenos Aires**

Skip the long bus journey with a quick flight to Buenos Aires. Spend the afternoon exploring the city. Cruise around on a bike with a local or dine on a traditional Argentine meal while experiencing the art of the tango.

Opt to pre-book the "Buenos Aires Tango Experience" on the checkout page ahead of time to include it on your tour.

### **Plane**

#### **Salta – Buenos Aires 5h**

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

### **Free Time**

#### **Buenos Aires Afternoon**

Get out and explore beautiful Buenos Aires.

### **Optional Activities - Day 34**

#### **Teatro Colón Tour**

##### **Buenos Aires**

25USD per person

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

### **Buenos Aires Guided City Tour**

##### **Buenos Aires**

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

### **Tango Dinner Show**

##### **Buenos Aires**

Discover the passion of tango. Watch the pros step and slide around the dance floor while you dine on a traditional Argentine dinner. Get lost in the music, savour the sensuality, and see why this traditional dance continues to ignite the senses of locals and visitors alike.



**Meals included: Breakfast**  
**Accommodation**  
**Milhouse Avenue Hostel (or similar)**  
Hotel

### **Day 35 Buenos Aires**

Head out and explore the buzzing metropolis of Buenos Aires on a free day. A great city for walking, see the iconic obelisk, wander the pedestrian streets and visit the main Plaza de Mayo with its pink government palace before stopping for a coffee on a patio at one of the many cafes along the way.

Get out and explore. Consider visiting the districts of La Boca, Recoleta, and San Telmo or catch a tango show at one of the many famous tanguerías. Pre book an optional city bike tour, and get a local's eye view of your surroundings! Wander the pedestrian walkways and see some dancing in the streets.

Today, new travellers may join you for the rest of your adventure. You are welcome to join them at a group meeting this evening, followed by an optional dinner.

**Free Time**  
Buenos Aires  
Get out and explore!

### **Optional Activities - Day 35** **Buenos Aires Guided City Tour**

Buenos Aires  
Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

### **Tango Dinner Show**

Buenos Aires  
Discover the passion of tango. Watch the pros step and slide around the dance floor while you dine on a traditional Argentine dinner. Get lost in the music, savour the sensuality, and see why this traditional dance continues to ignite the senses of locals and visitors alike.

### **La Boca Neighbourhood Visit**

Buenos Aires  
10USD per person  
Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

### **Teatro Colón Tour**

Buenos Aires  
25USD per person  
Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

### **Buenos Aires Bike Tour**

Buenos Aires  
Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

**Accommodation**  
**Milhouse Avenue Hostel (or similar)**  
Hotel

### **Day 36 Buenos Aires**

Explore the "Paris of the Americas," from the hidden patios of trendy Palermo to bohemian vibes in San Telmo this city has something for everyone. Don't miss out! Today is your last chance to experience a guided tour of the city and to immerse yourself in the passion of the tango.

Opt to pre-book the "Buenos Aires Bike Tour" or "Buenos Aires Tango Experience" activities on the checkout page ahead of time to include these optionals on your tour.

### **Your Discover Moment**

Buenos Aires Full Day

There's plenty to see and do in Buenos Aires, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like going to a Tango show, visiting Teatro Colón, and take a city tour. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 36**

#### **Buenos Aires Bike Tour**

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

#### **La Boca Neighbourhood Visit**

Buenos Aires

10USD per person

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

#### **Buenos Aires Tango Show**

Buenos Aires

Let professional dancers enchant you with this passionate dance. Once banned for its sensuality, tango is now an icon of Buenos Aires and a must-see when visiting this vibrant city. Enjoy a delicious multi-course meal paired with Argentine wine while taking it all in.

#### **Buenos Aires Guided City Tour**

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

### **Accommodation**

#### **Milhouse Avenue Hostel (or similar)**

Hotel

### **Day 37 Buenos Aires/Colonia**

Hop aboard a ferry and cruise across the Río de la Plata to Colonia, Uruguay. Wander through the colourful streets of this quaint seaside retreat on an orientation walk before free time to explore (and relax!) at your own speed.

In high season, accommodation may be multi-share.

### **Ferry**

Buenos Aires – Colonia del Sacramento 1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

### **Border Crossing (Argentina - Uruguay)**

Buenos Aires – Colonia La Concordia

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

### **Orientation With CEO**

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

### **Free Time**

Colonia del Sacramento

Get out and explore quaint Colonia.

### **Optional Activities - Day 37**

#### **Golf Cart Rental**

Colonia La Concordia

50USD per person

Rent golf cart and jostle your way around the Old Town in Colonia.

#### **Accommodation**

##### **Royal Hotel (or similar)**

Hotel

### **Day 38 Colonia/Montevidео**

Your journey continues in the morning as you travel from Colonia to Montevidео. The afternoon is yours for the taking — so explore as you wish! You can wander through the vibrant streets of old town searching for street art or visit an iconic soccer stadium that was host to the first World Cup. Hungry? Bring your appetite to Port Market where you will find an endless bounty of delicious meats. (And fruits and veggies, too.)

#### **Local Bus**

Colonia del Sacramento – Montevidео 2h30m-3h177km

Climb aboard, grab a seat, and enjoy the ride.

#### **Free Time**

Montevidео Afternoon

Explore Montevidео, spend the afternoon cruising along the coast on a bike, visiting the iconic soccer stadium, or search for street art in the old town.

### **Optional Activities - Day 38**

#### **Cycle the Coast**

Montevidео

1000UYU per person

Rent some wheels and head to the Rambla. This 22km (13.6 m) long avenue runs along the water and is great for cycling, running and enjoying the views. Head east from Punta Carretas to the city's scenic suburbs. Bring water and snacks, slather on the sunscreen and enjoy the journey.

#### **Estadio Centenario Visit**

Montevidео

400UYU per person

Pull on your jersey and don your cleats to channel your inner football (soccer) player in Montevidео's Centenario Stadium. Built to host the 1930 FIFA World Cup, and to commemorate the country's first constitution, it continues to host Uruguay's national team (who maintain a winning record against visiting European players). A parade of pop stars, including Rod Stewart, Bryan Adams, Enrique Iglesias and Luciano Pavarotti have also performed here.

#### **Museo del Carnaval**

Montevidео

150UYU per person

Step inside the Carnival Museum and learn the history behind Montevidео's 40-day celebration filled with costumes, masks, music and more. Located near the port market, colourful exhibits trace the evolution of this festival from the 18th Century masters who allowed their slaves one day to celebrate their African culture. Candombe music – merging African and Uruguayan drum rhythms – is one result.

#### **Port Market**

Montevidео

Meat. Meat. Meat. Oh, and you'll also find fruits and vegetables, leather goods, spices and souvenirs.

Inaugurated in 1868, the historic Port Market comes alive at mealtimes with the smoky smells of grilled steak, chorizo, pork and chicken. Bring an appetite and savour the sights and tastes of this meeting place in Montevidео. Outside, enjoy the rhythms of the Afro-Uruguayan "candombe" drums and dance along if you dare.

#### **Viven Museum (Museo Andes 1972)**

Montevidео

Learn more about the fascinating story of the famous plane crash carrying a Uruguayan rugby team and how 16 of the passengers survived for 72 days in extraordinary circumstances.

#### **Candombe**

Montevidео

Experience the UNESCO recognized, Candombe. Originating originally from slavery in Uruguay, slaves would gather to perform drum and dance performances, practiced largely today as an apology for times past, this unique performance is worth a watch.

**Meals included: Breakfast**

**Accommodation**

**Dazzler Hotel Montevideo (or similar)**

Hotel

### **Day 39 Montevideo**

Wake up ready to take on another day in Montevideo. Hop on a bike and cruise down the Rambla, soaking up sun and gorgeous views from this coastline avenue. Take a day trip to glamorous Punta del Este to admire the upscale neighbourhoods and gardens. Or if you prefer to relax today, kick back and chill in the park like a local.

**Free Time**

Montevideo Full Day

Take as much time as you'd like to explore Montevideo.

**Optional Activities - Day 39**

**Cycle the Coast**

Montevideo

1000UYU per person

Rent some wheels and head to the Rambla. This 22km (13.6 m) long avenue runs along the water and is great for cycling, running and enjoying the views. Head east from Punta Carretas to the city's scenic suburbs. Bring water and snacks, slather on the sunscreen and enjoy the journey.

**Day Trip to Punta del Este**

Punta del Este

55USD per person

Take a two hour road trip to Punta del Este, South America's "Monaco". Visit upscale neighbourhoods to see colourful homes and gorgeous gardens. Head to Playa Brava, watch surfers and take photos of the famous "Fingers" sculpture which shows a giant hand protruding from the sand. Check out Playa Mansa on the calm side of the peninsula, then visit Casa Pueblo, a Mediterranean-styled villa, museum and art gallery designed by local painter/sculptor Carlos Páez Vilaró.

**Meals included: Breakfast**

**Accommodation**

**Dazzler Hotel Montevideo (or similar)**

Hotel

### **Day 40 Montevideo/Estancia Stay**

Today, let the scenery of picturesque settlements and pastures guide you to Mercedes, your last Uruguayan stop at a local ranch, known in this region as an estancia.

**Private Vehicle**

Montevideo - Mercedes 4h250km

Settle in and scan the scenery from the convenience of a private vehicle.

**Estancia Stay**

Mercedes

Live like a local Gaucho as you experience life on a Uruguayan working ranch in the region of Estancia. Set out on walks through the countryside, enjoy an easy horseback ride through the gorgeous scenery, and appreciate unforgettable sunsets. Learn about the area's history, sit down for a delicious traditional barbecue, and learn how to cook empanadas. All meals are included during your time here and there will be a farewell bonfire before the group departs for the next stop.

**Meals included: Breakfast | Lunch | Dinner**

**Accommodation**

**Estancia El Copihue (or similar)**

Estancia

### **Day 41 Estancia Stay**

Live like a local today as you experience life on an Uruguayan ranch. Walk through the serene countryside, learn how to make empanadas, and enjoy horseback riding with amazing views. End your estancia stay in the best way possible — with a local barbecue.

**Free Time**

Mercedes Full Day

Participate in as much or as little as you'd like at the estancia. Dive in and help out or put your feet up.

**Estancia Stay**

Mercedes

Live like a local Gaucho as you experience life on a Uruguayan working ranch in the region of Estancia. Set out on walks through the countryside, enjoy an easy horseback ride through the gorgeous scenery, and appreciate unforgettable sunsets. Learn about the area's history, sit down for a delicious traditional barbecue, and learn how to cook empanadas. All meals are included during your time here and there will be a farewell bonfire before the group departs for the next stop.

**Meals included: Breakfast | Lunch | Dinner**

**Accommodation**

**Estancia El Copihue (or similar)**

Estancia

### **Day 42 Estancia Stay/Iguassu Falls**

Cross the border into Gualaguaychu in Argentina today. Unwind, relax and reflect on your travels as you begin your overnight journey to Iguassu Falls.

**Border Crossing (Uruguay - Argentina)**

Fray Bentos – Gualaguaychú1h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

**Overnight Bus**

Mercedes – Puerto Iguazú16h-18h868km

Curl up and catch a snooze en route to the next stop.

**Meals included: Breakfast**

### **Day 43 Iguassu Falls**

Welcome to Iguassu Falls where your next adventure awaits. Choose to visit the Brazilian side of the falls and experience unforgettable panoramic views. Reach new heights with the option to take a helicopter ride over the falls, or check out a bird park.

**Private Vehicle**

Puerto Iguazú – Foz do Iguaçu1h-1h30m

Settle in and scan the scenery from the convenience of a private vehicle.

**Border Crossing (Argentina - Brazil)**

Puerto Iguazú – Foz do Iguaçu1h-3h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

**Free Time**

Foz do Iguaçu Afternoon

Get out and explore the area!

### **Optional Activities - Day 43**

**Itaipú Dam Visit**

Iguaçu Falls3h-4h

106BRL per person

Prepare to be wowed by this impressive feat of engineering. Voted by the American Society of Civil Engineers as one of the modern Wonders of World, the Itaipú Dam is the largest hydroelectric power plant in the world. Go behind the scenes to see how water from the Paraná River is converted into electricity to power Paraguay and 25% of Brazil.

**Iguassu Falls Bird Park Visit**

Iguaçu Falls

120BRL per person

Grab a camera and get up and close and personal with macaws, parrots, parakeets, and 150 other species of birds. Located on the Brazilian side of Iguassu Falls, the bird park is on 12 acres of native subtropical forest. Enter a huge aviary to see the birds free from cages and nets. Check out other exhibits to view butterflies, alligators, and snakes (boas and anacondas).

**Iguassu Falls (Brazil Side) Guided Tour**

Foz do Iguaçu2h30m-3h30m

Visit the Brazil side of the falls to get a panoramic view of Iguaçu, one of the world's largest and most impressive waterfalls. In total, there are over 275 individual falls spread out over 3km (2 mi). Find the best spot to take jaw-dropping photos of this UNESCO World Heritage site.

**Accommodation**

**Hotel Mirantes (or similar)**

Hotel

## Day 44 Iguassu Falls

Enjoy a full day excursion to the breathtaking Argentine side of the falls. Don't forget to take pictures as you wander along paths to experience the falls from each exhilarating vantage point. You can also take a boat tour to see the cascading falls from below.

### Border Crossing (Brazil - Argentina)

Foz do Iguaçu – Puerto Iguazú 1h30m-2h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

### Iguassu Falls Visit

Puerto Iguazú Full Day

Spend the whole day on the Argentine side of Iguassu, exploring the paths over the falls or experience the UNESCO World Heritage site from a boat tour. Tours utilize trails and catwalks adapted to the landscape of the area, and walking is easy for all ages; guided tours of the complex are available several times a day.

### Border Crossing (Argentina - Brazil)

Puerto Iguazú – Foz do Iguaçu 1h30m-2h

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

### Meals included: Breakfast

### Accommodation

### Hotel Mirantes (or similar)

Hotel

## Day 45 Iguassu Falls/Paraty

Wheels up! Take a quick flight to São Paulo today then head straight to the coast. Take some time to explore the colonial town of Paraty, then hit the beach.

In high season, accommodation in Paraty may be multi-share.

### Plane

Foz do Iguaçu – São Paulo 1h30m Morning

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

### Shared Van

São Paulo – Paraty 5h-6h

Climb aboard and make friends with your seatmate en route to the next stop.

### Meals included: Breakfast

### Accommodation

### Refon du Mar Pousada Paraty (or similar)

Hotel

## Day 46 Paraty

Do as much or as little as you want today. Go swimming, snorkelling, or explore the islands on a boat tour. Or, simply recharge your batteries by immersing yourself in the laidback vibes of Paraty.

Paraty is a quaint colonial town renowned for its architecture—the pace might be slow but there's a lot to choose from. Considered one of the world's most important examples of Portuguese colonial architecture by UNESCO, the historic centre is a well-preserved national historic monument, and today has been closed to vehicles to preserve its laid-back colonial ambiance.

Opt to pre-book the "Paraty Caipirinha Boat Tour" activity on the checkout page ahead of time to include this optional on your tour.

### Your Discover Moment

Paraty Full Day

There's plenty to see and do in Paraty, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like going on a boat tour, watching a puppet show, and visiting a cachaça distillery. Your CEO has more ideas if you need them. Just ask!

### Optional Activities - Day 46

#### 4x4 Tour

Paraty 6h-7h30m

150BRL per person

Hop in the back of a jeep and hang on for this tropical tour. Enter the Serra da Bocaina National Park, visit waterfalls (great for photos and swimming), and step back in time along the Gold Trail road, constructed by African slaves to transport gold mined inland and transported to Paraty port bound for Portugal.

### **Trindade Day Trip**

Trindade

20BRL per person

Located about 25km (15.5 mi) away from the town of Paraty is the small beach town of Trindade, which can be reached by public transport. Walk along the sandy beach, play in the water and opt to go surfing.

### **Paraty Boat Tour**

Paraty

150BRL per person

Home to hundreds of pristine islands and idyllic white sand beaches it doesn't get much better than the Costa Verde. Cruise up the coast with a caipirinha in one hand and your camera in the other. Stop along the way to swim in the crystal clear waters or to catch a few rays. Snorkeling equipment is provided for those wanting a peek at what is under the water's surface.

### **Horseback Riding Paraty**

Paraty 3h-6h

390BRL per person

Throw on some long pants, grab the reins and hop up on a well-trained horse. Trail ride through the Atlantic Rainforest in the mountains around Paraty. Cross rivers and follow trails lined with tropical trees. Reach a lookout and see the village and the water below. Stop at a waterfall and jump in! Let the rushing water massage your muscles then hop back on the horses and gallop home.

### **Cachaça Distillery Visit**

Paraty

160BRL per person

Tour a cachaça distillery where sugarcane juice is used to create the most popular distilled spirit in Brazil. If it tastes familiar, that's because it's the main ingredient in a Caipirinha, the country's national cocktail. Often called "Brazilian rum," cachaça is so popular, it's produced by 40,000 micro-companies across the country. The blend from Paraty is sweet and salty; taste the sea as you sip this local liquid.

### **Meals included: Breakfast**

### **Accommodation**

### **Refron du Mar Pousada Paraty (or similar)**

Hotel

### **Day 47 Paraty/Ilha Grande**

Continue up the coast today and hop aboard a ferry to where your island paradise awaits.

In high season, accommodation in Ilha Grande may be multi-share.

### **Local Bus**

Paraty - Angra dos Reis 2h 100km

Climb aboard, grab a seat, and enjoy the ride.

### **Ferry**

Angra dos Reis - Ilha Grande 1h 30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

### **Free Time**

Ilha Grande Afternoon

You made it to an island paradise! Go explore it.

### **Meals included: Breakfast**

### **Accommodation**

### **Pousada Bugio (or similar)**

Guesthouse

### **Day 48 Ilha Grande**

The day is yours to explore Ilha Grande. Break a sweat hiking remote trails to experience jaw dropping views, or choose to relax on a boat tour through turquoise waters to some of the island's most beautiful beaches to swim and snorkel.

### **Your Discover Moment**

Ilha Grande Full Day

There's plenty to see and do in Ilha Grande, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like taking a boat to Lopes Mendes Beach, taking a guided walk to Pico do Papagaio (Parrot's Peak), and snorkelling. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 48**

#### **Lopes Mendes Hike**

Ilha Grande 2h30m-4h

Grab your bathing suit, slip on your walking shoes and take the hike from Abraão to the beautiful beach of Lopes Mendes. Follow a well-marked trail up and down, through forest and past other beaches. Eat Jack fruit picked along the way. Drink water from a natural spring. Listen to howler monkeys. After 2.5-3 hrs, arrive at the stunning Lopes Mendes beach, where the white powder sand squeaks under foot and the rolling green hills provide a stunning contrast to the turquoise water.

#### **Swimming**

Ilha Grande

Free

Dive in and enjoy the beautiful water of this island paradise.

#### **Hike to Pico do Papagaio**

Ilha Grande 6h-7h

150BRL per person

Enjoy a guided hike from Abraão to Pico do Papagaio, soaking in the scenery along the way. It will take roughly 4 hours to hike up and about 2 hr to hike back down. The 360 degree views from the top are well worth the effort.

#### **Snorkelling Ilha Grande**

Ilha Grande

Rent a mask and snorkel, pull on some fins and get set to enter the underwater world of colourful tropical fish, shells and all things seaworthy. November through May is Ilha Grande's best time to snorkel. Hotspots include the Blue Lagoon, Green Lagoon and Abraãozinho Beach. Luxuriate in the warm salt water, look down and, in some cases, see to a depth of 15m (50 ft).

#### **Ilha Grande Diving**

Ilha Grande

Explore one of the world's largest concentrations of underwater shipwrecks, many lost during pirate battles in the 16th-18th centuries in the waters off Ilha Grande. Dive to see the Pinguino cargo ship as well as the remains of a helicopter near Laja do Matariz. Discover massive underwater caves, swim with schools of tropical fish and admire the colours of corals and reefs, in the warm salt water where visibility varies from 6-20m (20-66 ft).

#### **Ilha Grande Boat Excursion**

Ilha Grande 4h-5h

130BRL per person

From the main village of Vila do Abraão, take a boat tour to some of the best beaches around the island. See tropical fish and cool off in the salt spray of the turquoise waters. Stop to swim and snorkel and pinch yourself for being lucky enough to partake in this tropical piece of paradise. Enjoy the scenery while drinking a caipirinha, Brazil's national drink.

#### **Meals included: Breakfast**

#### **Accommodation**

#### **Pousada Bugio (or similar)**

Guesthouse

### **Day 49 Ilha Grande/Rio de Janeiro**

Say goodbye to island life and head north along a dramatic coastal road with sweeping views. Round the cliffs at Vidigal to catch a first glimpse of your next destination and one of the most memorable cities in the world — Rio de Janeiro.

Take a city tour to experience the sights of Rio, like the iconic Christ the Redeemer statue, or take a stroll along Copacabana beach.

#### **Ferry**

Ilha Grande – Angra dos Reis 1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

#### **Local Van**

Angra dos Reis – Rio de Janeiro 3h-3h30m

Climb aboard, take your seat, and enjoy the ride.

### **Optional Activities - Day 49**



### **Rio de Janeiro City Tour**

Rio de Janeiro 5h-6h

340BRL per person

There's so much to see and do in this vibrant city pulsing with passion, music and the waves of the sea. Take a city tour and visit some of Rio's hot spots. Visit the art deco statue of Christ the Redeemer atop Corcovado Mountain, the colourful Lapa Steps and the Rio Cathedral. Ride a cable car to the top of Sugarloaf Mountain and marvel at the magnificent views of the bay, city and beaches beyond.

**Meals included: Breakfast**

**Accommodation**

**CabanaCopa Hostel (or similar)**

Hostel

Make friends in the bar, chill in the TV lounge, or soak up the sun on the patio. Only a few blocks from the famous Copacabana Beach and walking distance to the metro, everything you want from a hostel in Rio is right here. Accommodations at this location are multi-share.

### **Day 50 Rio de Janeiro**

In the morning, explore the favela with a local resident on a G Adventures-supported tour to watch a drumming demonstration, get a Capoeira lesson, and sample craft beers with a new perspective of the city. Enjoy a free afternoon to discover all that Rio has to offer.

#### **Your G for Good Moment: Favela Experience**

Explore dynamic communities and support social enterprises on a tour led by residents of the Vidigal favela. Participate in a Capoeira session, visit an innovative community green space, sample artisanal beer made in the favela, and purchase unique handicrafts. With support from G Adventures, entrepreneurial organizations and members of the community are connected with people, ideas, and resources from around the world to grow their businesses.

#### **Your Discover Moment**

Rio de Janeiro Full Day

There's plenty to see and do in Rio de Janeiro, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like watching a football game, going on a city tour, and hang gliding over this beautiful city. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 50**

#### **Rio Football Game**

Rio de Janeiro

300BRL per person

If it's a game day, catch a football match (or some call it soccer). Watch the local cheers for their team and join in the celebrations.

**Meals included: Breakfast**

**Accommodation**

**CabanaCopa Hostel (or similar)**

Hostel

Make friends in the bar, chill in the TV lounge, or soak up the sun on the patio. Only a few blocks from the famous Copacabana Beach and walking distance to the metro, everything you want from a hostel in Rio is right here. Accommodations at this location are multi-share.

### **Day 51 Rio de Janeiro**

Depart at any time.

#### **Departure Day**

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

### **Optional Activities - Day 51**

#### **Rio Football Game**

Rio de Janeiro

300BRL per person

If it's a game day, catch a football match (or some call it soccer). Watch the local cheers for their team and join in the celebrations.

#### **Rio Hang Gliding**

Rio de Janeiro

780BRL per person

Glide like a bird on this exhilarating and inspiring air adventure. Get all the guidance you need to go airborne with your instructor, and take to the skies for an unbeatable experience and amazing views of this incredibly picturesque city. Careful – you may become addicted to the freedom of flying!

## Meals included: Breakfast

## What's Included

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Your G for Good Moment: Ccaccaccollo Community and Women's Weaving Co-op visit, Ccaccaccollo  
Your G for Good Moment: Handmade Biodegradable Soap Products  
Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Agencha  
Your G for Good Moment: Favela Experience, Rio de Janeiro  
Your Welcome Moment: Welcome Moment - Meet Your CEO and Group  
Your First Night Out Moment: Connect With New Friends  
Your Foodie Moment: Huacachina Winery Visit, Huacachina  
Your Discover Moment: Cusco  
Your Foodie Moment: Sacred Valley Brewery, Ollantaytambo  
Your Big Night Out Moment: Cusco  
Your Local Living Moment: Lake Titicaca Homestay, Lake Titicaca  
Your Discover Moment: Sucre  
Your Discover Moment: Salta  
Your Discover Moment: Buenos Aires  
Your Discover Moment: Paraty  
Your Discover Moment: Ilha Grande  
Your Discover Moment: Rio de Janeiro. Sunset sandboarding & dune buggies (Huacachina). Pachamanca-style dinner (Nazca). Colca Canyon excursion. Inca Trail hike with a local guide and cook (4 days). Guided tour of Machu Picchu. Lake Titicaca excursion. Salar de Uyuni (Uyuni Salt Flats) excursion (3 days). Entrance and visit to Iguassu Falls. Internal flights. All transport between destinations and to/from included activities.

## Highlights

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Go sandboarding at sunset in Huacachina, Spot condors at Colca Canyon, conquer the Inca Trail on the way to Machu Picchu, experience traditional life on Lake Titicaca, cross the Salar de Uyuni and surrounding desert altiplano, Spend the night at a G Adventures-supported community salt lodge, explore beautiful Buenos Aires with a free day, Chill out at the beaches of Ilha Grande, Marvel at Iguassu Falls

## Dossier Disclaimer

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The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Itinerary Notes

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We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

## Important Notes

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### 1. MACHU PICCHU REGULATIONS

Current and correct passport details are required at time of confirmation. For more details please see the following [page](#). Please note that regulations have been implemented for all visitors to Machu Picchu which require that different circuits be followed within the site as a way to relieve crowding. The new

circuit-based entrance tickets are available on a first come first serve basis. We will do all that is possible to get everyone traveling in a group on the same route, but be aware that it is possible that members of the same group might be visiting Machu Picchu on a different circuit and not be together during this visit. Rest assured that regardless of the circuit you will enjoy the beauty and grandeur of the site. Travellers completing the 4 day, 3 night Inca Trail will be on Circuit 5 upon reaching the site of Machu Picchu.

## 2. INCA TRAIL REGULATIONS

The rules and regulations controlling the Inca Trail and Machu Picchu are continually changing. Before embarking on your adventure to Peru it is very important that you familiarize yourself with the Inca Trail booking policies and guidelines as described in a document available on our website, at the following URL [address](#).

3. Please advise at time of booking if you do not wish to hike the Inca Trail. Instead, you will have 2 nights in Cusco, travel by train for a night in Aguas Calientes, and join the hikers for the tour of Machu Picchu.

4. Portions of the Inca Trail will be closed for general maintenance during the month of February each year. Also, closures may occur at various times throughout the year due to inclement weather or other conditions beyond our control. During these periods, any tour affected will hike the Lares Trek.

## 5. COMBO TRIP

Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

6. In our continued effort to support the rights of the porters on the Inca Trail, we would like ensure that they never exceed the weight limit for their packs as set out by the Peruvian authorities. Porters are allowed to carry no more than 6kg of personal belongings per hiker (for all other Peru treks the limit is 7kg). That means that including your sleeping bag, toiletries, clothing, etc, you are allowed a total weight of 6kg for the hike which will be carried in a duffle bag provided by our local office. Any additional weight must then be carried by you in your day pack. To help achieve this goal we recommend that you carry travel sized toiletries, that you bring sport sandals that can be worn with socks (which are lighter than running/walking shoes) and that you limit electronics to those that you are willing to carry. Any additional baggage can be left in Cusco, but is advised that you bring anything of value (eg. money, passport, credit cards, camera, etc) with you on the trek.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, please see the Tipping section for guidelines.

7. Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, Extras are optional add-ons to your G adventures trip that make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

8. All travellers are required to pay the tax on domestic flights in Peru. Foreign travellers are exempt from this, and proving you are indeed a foreign traveller can be done by providing us with your international ticket number (ITN). Travellers who do not submit international ticket numbers at least 30 days prior to Day 1 of their tour will be required to pay the domestic tax on all included flights.

## 9. YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

## 10. LUGGAGE

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ars 3199 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

## 11. Wifi

Please note that there will be no wifi and limited cellular service available for much of the trek.

## Group Leader Description

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All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

## Group Size Notes

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Max 18, avg 14.

## Meals Included

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39 breakfasts, 8 lunches, 9 dinners

## Meals

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Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the expedition ship Explorer or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## Transport

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Public bus, train, hiking, plane, 4x4 truck, ferry.

## Local Flights

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All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges ARS 3199 at check-in (approx. 20-25 USD) up to a max of 23 kgs per piece. Luggage over 23 kgs is not allowed for internal flights.

## Solo Travellers

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We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

## Accommodation

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Simple hotels (29 nts, twin-share), hostels (9 nts, multi-share), overnight buses (4 nts), camping (3 nts), homestay (1 nt), G Adventures-supported lodge/basic hotels on Salar de Uyuni excursion (2 nts, multi-share), estancia/ranch (2 nts, multi-share)

## Rooming and "My Own Room" Exceptions

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Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Night 4: overnight bus, Nights 6-7: Colca Canyon, Night 8: overnight bus, Nights 9-10 and 15-16: Cusco, Nights 11-13: Inca Trail, Night 18: Lake Titicaca homestay, Night 22: overnight bus, Nights 28-29: Salar de Uyuni, Nights 34-35: Buenos Aires, Nights 40-41: Estancia, Night 42: overnight bus, Nights 49-50: Rio de Janeiro.

## About Accommodation

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Accommodation will be varied throughout your adventure. Some nights on this tour will be multi-share. This may involve 4-6 group members sharing a room. The majority of accommodation will have shared bathroom facilities.

Where we use multi-share hostels, rooming requests of any kind cannot be taken. For private accommodation please see tours in our Classic Travel Style.

## Joining Instructions

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For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Jorge Chavez International Airport in Callao Lima, is approximately a 45-minute drive from the Miraflores district, where our joining hotel is located. The easiest way to get there is via taxi. Immediately after the customs and immigration area, as you head to the exits, you will find an official taxi stand. You can pay for the car at set (approximately \$27 USD) rates and won't need to worry about sorting out a ride outside the airport facilities, where the situation tends to get more chaotic, with many drivers vying for few clients. There are exchange facilities in the Arrivals area open 24 hours.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## Arrival Complications

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We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

### EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650 or 01 241 1650 (from mobile within Peru) or 241 1650 (from payphone within Peru)

After hours Emergency number: +51 99 758 2712, (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

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Most people automatically assume that the weather is hot in South America however the weather varies greatly. Be prepared for rain and thunder storms in the wet season (from December to March), especially in the Amazon. Temperatures of -10C and lower are frequent around Uyuni and the Altiplano (high plateau). It is best to layer clothes rather than wearing a heavy parka. This allows you to accommodate clothing to varying degrees of temperatures and wet/dry/windy weather conditions.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

## Packing List

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Available for Rent During Your Trek Briefing (Payment only by Credit Card):

- Camping mattress/sleep mat (45 soles)
- Sleeping bag (45 soles)
- Walking poles (15 soles each (30 per pair))

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

#### Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

#### Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test

#### Inca Trail:

- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Pack liners to waterproof bags
- Rain gear
- Sleeping bag (Also available for rent)
- Thermal base layer
- Travel pillow
- Walking poles, rubber-tipped (Also available for rent)
- Waterproof hiking boots

#### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Note: The best clothing for trekking is either wool or synthetic materials in layers, as this is quick-drying and can keep heat in better. We suggest a base-layer, then a mid-layer such as a light fleece jacket or similar, then a windproof and waterproof layer.

Please note for trekking rentals credit cards are the preferred method of payment.

## Laundry

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Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

## Visas and Entry Requirements

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary

depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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The currency in Brazil is the Brazilian Real (BRL), in Uruguay the Uruguayan Peso (UYU), in Argentina the Argentine Peso (ARS), in Chile the Chilean Peso (CLP), in Bolivia the Boliviano (BOB), and in Peru the Nuevo Sol (PEN).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and in the case of Argentina, more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We recommend bringing USD in cash for the Argentinean portion of this tour as it is easier than using a credit card or withdrawing ARS from an ATM. USD currency is accepted in travel agencies for booking optional activities.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com)

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Departure Tax

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USD \$36

## Tipping

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It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline, we suggest each hiker contributes the following to a collective pool.



Inca Trail:  
Head guide: 15-30 USD  
Assistant guide: 10-20 USD  
Your trekking crew: 40 USD

Lares Trek:  
Head guide: 15-30 USD  
Assistant guide: 5-15 USD  
Your trekking crew: 35 USD

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

## Optional Activities

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### Lima

- Lima City Tour (40USD per person)
- Lima Cooking Class (4hrs)
- Full Day Lima Experience (150USD per person)

### Nazca

- Nazca Desert Cemetery and Potter's Studio Guided Tour (80PEN per person)
- Flight over Nazca Lines

### Arequipa

- Juanita Museum (60PEN per person)
- Arequipa City Tour
- Santa Catalina Monastery Visit (60PEN per person)
- Arequipa City and Area Panoramic Bus Tour (20USD per person)

### Chivay

- Hot Springs (15PEN per person)

### Cusco

- La Merced Visit
- Cusco City Tour (45PEN per person)
- Inka Museum (10PEN per person)
- Cusco Tourist Ticket (130PEN per person)
- Cusco Cooking Class
- Rainbow Mountain Hike - Full-day Trip

### Puno

- Sillustani Burial Towers Entrance (59PEN per person)

### Lake Titicaca

- Lake Titicaca Kayaking

### La Paz

- Valley of the Moon Tour (15USD per person)
- Witches' Market Visit
- La Paz City Tour (25-45USD per person)
- Death Road Biking Adventure

### Sucre

- Hiking
- Mountain Biking
- Sucre Dinosaur Tracks Excursion
- Sunday Tarabuco Market (130BOB per person)

### Potosí

- Silver Mine Tour (150BOB per person)

### San Pedro de Atacama

- Valley of the Moon Visit (30000CLP per person)
- Sandboarding (45000CLP per person)
- Observatory Tour (25000CLP per person)
- San Pedro de Atacama Hot Springs (45000CLP per person)

### Salta

- Peña Folklore Show (600ARS per person)

- Quebrada de las Conchas
- Cafayate Full Day Tour (35USD per person)
- Museum of High Altitude Archeology (800ARS per person)
- Horseback Riding and BBQ (15000ARS per person)

#### Buenos Aires

- Teatro Colón Tour (25USD per person)
- Buenos Aires Guided City Tour
- Tango Dinner Show
- La Boca Neighbourhood Visit (10USD per person)
- Buenos Aires Bike Tour
- Buenos Aires Tango Show

#### Colonia La Concordia

- Golf Cart Rental (50USD per person)

#### Montevideo

- Cycle the Coast (1000UYU per person)
- Estadio Centenario Visit (400UYU per person)
- Museo del Carnaval (150UYU per person)
- Port Market
- Viven Museum (Museo Andes 1972)
- Candombe

#### Punta del Este

- Day Trip to Punta del Este (55USD per person)

#### Iguaçu Falls

- Itaipú Dam Visit (106BRL per person)
- Iguassu Falls Bird Park Visit (120BRL per person)

#### Foz do Iguaçu

- Iguassu Falls (Brazil Side) Guided Tour

#### Paraty

- 4x4 Tour (150BRL per person)
- Paraty Boat Tour (150BRL per person)
- Horseback Riding Paraty (390BRL per person)
- Cachaça Distillery Visit (160BRL per person)

#### Trindade

- Trindade Day Trip (20BRL per person)

#### Ilha Grande

- Lopes Mendes Hike
- Swimming (Free)
- Hike to Pico do Papagaio (150BRL per person)
- Snorkelling Ilha Grande
- Ilha Grande Diving
- Ilha Grande Boat Excursion (130BRL per person)

#### Rio de Janeiro

- Rio de Janeiro City Tour (340BRL per person)
- Rio Football Game (300BRL per person)
- Rio Hang Gliding (780BRL per person)

## Health

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can onset with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

## **Safety and Security**

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

[www.gadventures.com/travel-resources/safety/](http://www.gadventures.com/travel-resources/safety/)

## **A Couple of Rules**

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## **Travel Insurance**

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Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Feedback**

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30

days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## **Newsletter**

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## **Minimum Age**

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Minimum age of 18 years for this trip.

## **International Flights**

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Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.