

Rio to Lima: Machu Picchu & Markets - SZRA

51 days: Rio de Janeiro to Lima

What's Included

- Your G for Good Moment: Favela Experience, Rio de Janeiro
- Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Agenchá
- Your G for Good Moment: Handmade Biodegradable Soap Products
- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Your First Night Out Moment: Connect With New Friends
- Your Discover Moment: Ilha Grande
- Your Discover Moment: Paraty
- Your Discover Moment: Buenos Aires
- Your Discover Moment: Salta
- Your Discover Moment: San Pedro de Atacama
- Your Discover Moment: Sucre
- Your Local Living Moment: Lake Titicaca Homestay, Lake Titicaca
- Your Discover Moment: Cusco
- Your Big Night Out Moment: Cusco
- Your Foodie Moment: Huacachina Winery Visit, Huacachina
- Entrance and visit to the Argentine side of Iguassu Falls
- Uyuni Salt Flats excursion (3 days)
- Lake Titicaca excursion
- Inca Trail hike with a local guide and cook (4 days)
- Guided tour of Machu Picchu
- Colca Canyon excursion
- Pachamanca-style dinner (Nazca)
- Internal flights
- Transportation between destinations and included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

VALIDITY: Valid for all trips departing January 1st, 2019 - December 31st, 2019

Itinerary

NOTE: Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

Inca Trail

Day 1 Rio de Janeiro

Arrive at any time. Head to a “quiosque” along Copacabana beach with your fellow travellers. Get to know the group over some drinks then head out to experience Rio’s famous nightlife.

Enjoy your free time by taking an optional city tour or exploring the wonders that this city has to offer from the centrally located hostel in Copacabana.

Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

Your First Night Out Moment: Connect With New Friends

Connect with new friends on your first night out in a new destination. Only available on 18-to-Thirtysomethings tours.

Optional Activities - Day 1

Rio Football Game

Rio de Janeiro

300BRL per person

If it's a game day, catch a football match (or some call it soccer). Watch the local cheers for their team and join in the celebrations.

Rio Hang Gliding

Rio de Janeiro

780BRL per person

Glide like a bird on this exhilarating and inspiring air adventure. Get all the guidance you need to go airborne with your instructor, and take to the skies for an unbeatable experience and amazing views of this incredibly picturesque city. Careful – you may become addicted to the freedom of flying!

Rio de Janeiro City Tour

Rio de Janeiro 5h-6h

340BRL per person

There's so much to see and do in this vibrant city pulsing with passion, music and the waves of the sea. Take a city tour and visit some of Rio's hot spots. Visit the art deco statue of Christ the Redeemer atop Corcovado Mountain, the colourful Lapa Steps and the Rio Cathedral. Ride a cable car to the top of Sugarloaf Mountain and marvel at the magnificent views of the bay, city and beaches beyond.

Day 2 Rio de Janeiro

Wake up and explore a favela with a local resident on a G Adventures-supported tour to watch a drumming demonstration, get a Capoeira lesson, and sample craft beers with a new perspective of the city. The afternoon is yours to discover why Rio is called Cidade Maravilhosa (Marvelous City).

Free Time

Rio de Janeiro Afternoon

Enjoy the vibrant city.

Your G for Good Moment: Favela Experience

Explore dynamic communities and support social enterprises on a tour led by residents of the Vidigal favela. Participate in a Capoeira session, visit an innovative community green space, sample artisanal beer made in the favela, and purchase unique handicrafts. With support from G Adventures, entrepreneurial organizations and members of the community are connected with people, ideas, and resources from around the world to grow their businesses.

Optional Activities - Day 2

Rio Football Game

Rio de Janeiro

300BRL per person

If it's a game day, catch a football match (or some call it soccer). Watch the local cheers for their team and join in the celebrations.

Rio de Janeiro City Tour

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Meals included: Breakfast

Day 3 Rio de Janeiro/Ilha Grande

Continue up the coast today and hop aboard a ferry to where your island paradise awaits.

Local Bus

Rio de Janeiro – Angra dos Reis 2h30m-3h30m 151km
Climb aboard, grab a seat, and enjoy the ride.

Ferry

Angra dos Reis – Ilha Grande 1h30m
Get to the next spot on your route aboard a convenient and efficient ferry boat.

Optional Activities - Day 3

Swimming

Ilha Grande
Free
Dive in and enjoy the beautiful water of this island paradise.

Snorkelling Ilha Grande

Ilha Grande
Rent a mask and snorkel, pull on some fins and get set to enter the underwater world of colourful tropical fish, shells and all things seaworthy. November through May is Ilha Grande's best time to snorkel. Hotspots include the Blue Lagoon, Green Lagoon and Abraãozinho Beach. Luxuriate in the warm salt water, look down and, in some cases, see to a depth of 15m (50 ft).

Meals included: Breakfast

Day 4 Ilha Grande

The day is yours to explore Ilha Grande. Break a sweat hiking remote trails to experience jaw-dropping views, or choose to relax on a boat tour through turquoise waters to some of the island's most beautiful beaches to swim and snorkel.

Your Discover Moment

Ilha Grande Full Day
There's plenty to see and do in Ilha Grande, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like taking a boat to Lopes Mendes Beach, taking a guided walk to Pico do Papagaio (Parrot's Peak), and snorkelling. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 4

Ilha Grande Boat Excursion

Ilha Grande 4h-5h
130BRL per person
From the main village of Vila do Abraão, take a boat tour to some of the best beaches around the island. See tropical fish and cool off in the salt spray of the turquoise waters. Stop to swim and snorkel and pinch yourself for being lucky enough to partake in this tropical piece of paradise. Enjoy the scenery while drinking a caipirinha, Brazil's national drink.

Snorkelling Ilha Grande

Ilha Grande
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Lopes Mendes Hike

Ilha Grande 2h30m-4h
Grab your bathing suit, slip on your walking shoes and take the hike from Abraão to the beautiful beach of Lopes Mendes. Follow a well-marked trail up and down, through forest and past other beaches. Eat Jack fruit picked along the way. Drink water from a natural spring. Listen to howler monkeys. After 2.5-3 hrs, arrive at the stunning Lopes Mendes beach, where the white powder sand squeaks under foot and the rolling green hills provide a stunning contrast to the turquoise water.

Hike to Pico do Papagaio

Ilha Grande 6h-7h
150BRL per person
Enjoy a guided hike from Abraão to Pico do Papagaio, soaking in the scenery along the way. It will take roughly 4 hours to hike up and about 2 hr to hike back down. The 360 degree views from the top are well worth the effort.

Ilha Grande Diving

Ilha Grande

Explore one of the world's largest concentrations of underwater shipwrecks, many lost during pirate battles in the 16th-18th centuries in the waters off Ilha Grande. Dive to see the Pinguino cargo ship as well as the remains of a helicopter near Laja do Matariz. Discover massive underwater caves, swim with schools of tropical fish and admire the colours of corals and reefs, in the warm salt water where visibility varies from 6-20m (20-66 ft).

Day 5 Ilha Grande/Paraty

You're off to Paraty today. Take some time to wander the cobblestone streets of this colonial hidden gem and check out a local cachaça distillery!

Ferry

Ilha Grande – Angra dos Reis 1h30m

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Local Bus

Angra dos Reis – Paraty 2h100km

Climb aboard, grab a seat, and enjoy the ride.

Optional Activities - Day 5

Cachaça Distillery Visit

Paraty

160BRL per person

Tour a cachaça distillery where sugarcane juice is used to create the most popular distilled spirit in Brazil. If it tastes familiar, that's because it's the main ingredient in a Caipirinha, the country's national cocktail. Often called "Brazilian rum," cachaça is so popular, it's produced by 40,000 micro-companies across the country. The blend from Paraty is sweet and salty; taste the sea as you sip this local liquid.

Day 6 Paraty

Do as much or as little as you want today. Go swimming, snorkelling, or explore the islands on a boat tour. Or, simply recharge your batteries by immersing yourself in the laidback vibes of Paraty.

Opt to pre-book the "Paraty Caipirinha Boat Tour" activity on the checkout page ahead of time to include this optional on your tour.

Your Discover Moment

Paraty Full Day

There's plenty to see and do in Paraty, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like going on a boat tour, watching a puppet show, and visiting a cachaça distillery. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 6

Paraty Bay Boat Tour

Paraty

Explore some of Paraty's 65 islands and hundreds of beaches on a schooner tour.

Swimming

Paraty

Free

Grab your bathing suit and towel, sturdy walking shoes and lots of sunscreen (the sun is intense here) and head to one of the many beaches and fishing villages found in quiet bays near Paraty. Most are accessible by local bus or taxi or boat shuttle.

Diving Paraty

Paraty

Brazil is a diver's paradise. Its waters include a rich variety of fish, mammals, kelp and coral. Spot brilliantly coloured fish accented against the white sand ocean floor. Keep your eyes peeled for dolphins, sea turtles and nurse sharks. Paraty boasts at least 10 locations recommended for SCUBA diving. Explore the waters off islands with exotic names – Cocos, Meros, Deserta – and add an unforgettable underwater adventure to your list of most memorable moments.

Paraty Boat Tour

Paraty

150BRL per person

Home to hundreds of pristine islands and idyllic white sand beaches it doesn't get much better than the Costa Verde. Cruise up the coast with a caipirinha in one hand and your camera in the other. Stop along the way to swim in the crystal clear waters or to catch a few rays. Snorkeling equipment is provided for those wanting a peek at what is under the water's surface.

4x4 Tour

Paraty 6h-7h30m

150BRL per person

Hop in the back of a jeep and hang on for this tropical tour. Enter the Serra da Bocaina National Park, visit waterfalls (great for photos and swimming), and step back in time along the Gold Trail road, constructed by African slaves to transport gold mined inland and transported to Paraty port bound for Portugal.

Trindade Day Trip

Trindade

20BRL per person

Located about 25km (15.5 mi) away from the town of Paraty is the small beach town of Trindade, which can be reached by public transport. Walk along the sandy beach, play in the water and opt to go surfing.

Horseback Riding Paraty

Paraty 3h-6h

390BRL per person

Throw on some long pants, grab the reins and hop up on a well-trained horse. Trail ride through the Atlantic Rainforest in the mountains around Paraty. Cross rivers and follow trails lined with tropical trees. Reach a lookout and see the village and the water below. Stop at a waterfall and jump in! Let the rushing water massage your muscles then hop back on the horses and gallop home.

Cachaça Distillery Visit

Paraty

160BRL per person

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Meals included: Breakfast

Day 7 Paraty/Iguassu Falls

Skip a long bus ride and hop on a flight to Iguassu Falls.

Shared Van

Paraty - São Paulo 4h30m-5h Morning

Climb aboard and make friends with your seatmate en route to the next stop.

Plane

São Paulo - Iguazu Falls 1h30m 1000km

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Day 8 Iguassu Falls

Enjoy a full day excursion to the breathtaking Argentine side of the falls with your fellow travellers. Don't forget to take pictures as you wander along paths to experience the falls from each exhilarating vantage point. You can also take a boat tour to see the cascading falls from below.

Border Crossing (Brazil - Argentina)

Iguazu Falls - Puerto Iguazú

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Iguassu Falls Visit

Puerto Iguazú

Spend the whole day on the Argentine side of Iguassu, exploring the paths over the falls or experience the UNESCO World Heritage site from a boat tour. Tours utilize trails and catwalks adapted to the landscape of the area, and walking is easy for all ages; guided tours of the complex are available several times a day.

Optional Activities - Day 8

Iguassu Falls Visit

Puerto Iguazú 1h-2h

70USD per person

Enter the jungle from the "Sendero Yacaratía" and enjoy the panoramic view. Board motorboats that pass through the Lower Canyon of the Iguassu River, and continue onto the falls. After enjoying the view from San Martin Island, sail to "Tres Mosqueteros" to the "Devil's Throat." Sail along the shore before and enjoy the splendour of the San Martin waterfall, a wonderful and unforgettable experience.

Meals included: Breakfast

Day 9 Iguassu Falls/Estancia

Today is full of possibilities with a free day to explore. Choose to visit the Brazilian side of the falls and experience unforgettable panoramic views. Reach new heights with the option to take a helicopter ride over the falls, or check out a bird park. Later, it's time to relax on an overnight bus to Uruguay.

Free Time

Iguaçu Falls

Spend some time exploring the falls.

Overnight Bus

Iguaçu Falls – Gualaguaychú 15h 1100km

Curl up and catch a snooze en route to the next stop.

Optional Activities - Day 9

Iguassu Helicopter Ride

Iguaçu Falls

130USD per person

Fly above the roaring cascades of Iguassu falls on a memorable helicopter ride to get a unique view and mind-blowing photo opportunities. Sit back in the comfortable seats, enjoy the ride and let the experienced pilot guide you over the immense falls.

Iguassu Falls (Brazil Side) Guided Tour

Foz do Iguaçu 2h30m-3h30m

Visit the Brazil side of the falls to get a panoramic view of Iguaçu, one of the world's largest and most impressive waterfalls. In total, there are over 275 individual falls spread out over 3km (2 mi). Find the best spot to take jaw-dropping photos of this UNESCO World Heritage site.

Iguassu Falls Bird Park Visit

Iguaçu Falls

120BRL per person

Grab a camera and get up and close and personal with macaws, parrots, parakeets, and 150 other species of birds. Located on the Brazilian side of Iguassu Falls, the bird park is on 12 acres of native subtropical forest. Enter a huge aviary to see the birds free from cages and nets. Check out other exhibits to view butterflies, alligators, and snakes (boas and anacondas).

Meals included: Breakfast

Day 10 Estancia Stay

Dive into Uruguayan rural life known in the region as an estancia. Get dirty at a working ranch, enjoy a walk in the countryside, and indulge in local barbecues.

Border Crossing (Uruguay - Argentina)

Fray Bentos – Gualaguaychú

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Private Vehicle

Gualaguaychú – Mercedes 4h 250km

Settle in and scan the scenery from the convenience of a private vehicle.

Full-day Estancia excursion with lunch

San Carlos de Bariloche

Be an Argentinian Gaucho for the day and immerse yourself in the culture of these traditional Patagonia cowboys. Head out on an easy horseback ride through the beautiful scenery of Bariloche and learn about the area's history from a real live Gaucho. Stop along the way to try Mate, the national beverage of Argentina and some alfajores, a delicious dulce de leche cookie sandwich. Finish it all off with a traditional Patagonian barbeque.

Free Time

Mercedes Afternoon

Free time to breathe in the country air, hike, horseback ride or kick back and relax.

Meals included: Lunch | Dinner

Day 11 Estancia Stay

Live like a local today as you experience life on an Uruguayan ranch or explore the surrounding area.

Full-day Estancia excursion with lunch

San Carlos de Bariloche

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Free Time

Colonia La Concordia Full Day

Participate in as much or as little as you'd like at the estancia. Dive in or put your feet up.

Meals included: Breakfast | Lunch | Dinner

Day 12 Estancia Stay/Montevideo

Your journey continues in the morning as you travel to Montevideo. The afternoon is yours for the taking — so explore as you wish! You can wander through the colorful streets of old town searching for street art or visit an iconic soccer stadium that was host to the first World Cup. Hungry? Bring your appetite to Port Market where you will find an endless bounty of delicious meats. (And fruits and veggies, too.)

Local Bus

Colonia La Concordia – Montevideo 4h250km

Climb aboard, grab a seat, and enjoy the ride.

Free Time

Montevideo Afternoon

Explore Montevideo, spend the afternoon cruising along the coast on a bike, visiting the iconic soccer stadium, or search for street art in the old town.

Optional Activities - Day 12

Museo del Carnaval

Montevideo

150UYU per person

Step inside the Carnival Museum and learn the history behind Montevideo's 40-day celebration filled with costumes, masks, music and more. Located near the port market, colourful exhibits trace the evolution of this festival from the 18th Century masters who allowed their slaves one day to celebrate their African culture. Candombe music – merging African and Uruguayan drum rhythms – is one result.

Port Market

Montevideo

Meat. Meat. Meat. Oh, and you'll also find fruits and vegetables, leather goods, spices and souvenirs.

Inaugurated in 1868, the historic Port Market comes alive at mealtimes with the smoky smells of grilled steak, chorizo, pork and chicken. Bring an appetite and savour the sights and tastes of this meeting place in Montevideo. Outside, enjoy the rhythms of the Afro-Uruguayan "candombe" drums and dance along if you dare.

Viven Museum (Museo Andes 1972)

Montevideo

Learn more about the fascinating story of the famous plane crash carrying a Uruguayan rugby team and how 16 of the passengers survived for 72 days in extraordinary circumstances.

Candombe

Montevideo

Experience the UNESCO recognized, Candombe. Originating originally from slavery in Uruguay, slaves would gather to perform drum and dance performances, practiced largely today as an apology for times past, this unique performance is worth a watch.

Estadio Centenario Visit

Montevideo

400UYU per person

Pull on your jersey and don your cleats to channel your inner football (soccer) player in Montevideo's Centenario Stadium. Built to host the 1930 FIFA World Cup, and to commemorate the country's first constitution, it continues to host Uruguay's national team (who maintain a winning record against visiting European players). A parade of pop stars, including Rod Stewart, Bryan Adams, Enrique Iglesias and Luciano Pavarotti have also performed here.

Meals included: Breakfast

Day 13 Montevideo

Wake up ready to take on another day in Uruguay's capital. Hop on a bike and cruise down the Rambla, soaking up sun and gorgeous views from this coastline avenue. Take a day trip to glamorous Punta del Este to admire the upscale neighbourhoods and gardens. Or if you prefer to relax today, kick back and chill in the park like a local.

Free Time

Montevideo Full Day

Free day in Montevideo, opt to explore the city, hop on a bike to explore the coast, or take a day-trip to glamorous Punta del Este.

Optional Activities - Day 13**Day Trip to Punta del Este**

Punta del Este

55USD per person

Take a two hour road trip to Punta del Este, South America's "Monaco". Visit upscale neighbourhoods to see colourful homes and gorgeous gardens. Head to Playa Brava, watch surfers and take photos of the famous "Fingers" sculpture which shows a giant hand protruding from the sand. Check out Playa Mansa on the calm side of the peninsula, then visit Casa Pueblo, a Mediterranean-styled villa, museum and art gallery designed by local painter/sculptor Carlos Páez Vilaró.

Cycle the Coast

Montevideo

1000UYU per person

Rent some wheels and head to the Rambla. This 22km (13.6 m) long avenue runs along the water and is great for cycling, running and enjoying the views. Head east from Punta Carretas to the city's scenic suburbs. Bring water and snacks, slather on the sunscreen and enjoy the journey.

Estadio Centenario Visit

Montevideo

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Meals included: Breakfast**Day 14 Montevideo/Colonia**

Venture to the charming city of Colonia del Sacramento. Immerse yourself in the laidback Uruguayan lifestyle by strolling down cobble-stoned streets on a brief orientation walk.

Accommodation in Colonia may be multi-share during high season.

Local Bus

Montevideo – Colonia del Sacramento 2h30m-3h177km

Climb aboard, grab a seat, and enjoy the ride.

Orientation With CEO

30m-1h

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

Free Time

Colonia La Concordia

Get out and explore quaint Colonia.

Optional Activities - Day 14**Golf Cart Rental**

Colonia La Concordia

50USD per person

Rent golf cart and jostle your way around the Old Town in Colonia.

Meals included: Breakfast

Day 15 Colonia/Buenos Aires

Hop aboard a ferry and cruise across the Río de la Plata to Buenos Aires, Argentina. This city is full of life and you'll want to experience as much of it as you can. Explore the districts of La Boca, Recoleta, and San Telmo — or catch a tango show then grab drinks in one of the many sidewalk cafes with your fellow travellers.

Border Crossing (Uruguay - Argentina)

1h30m

Board the ferry for the one-hour crossing of the Mar del Plata River from Uruguay to Argentina. Buenos Aires here you come!

Ferry

Colonia del Sacramento – Buenos Aires 1h

Get to the next spot on your route aboard a convenient and efficient ferry boat.

Meals included: Breakfast

Day 16 Buenos Aires

Didn't have time to do everything yesterday? No worries — today's a new day for you to choose your own adventure.

Opt to pre-book the "Buenos Aires Bike Tour" or "Buenos Aires Tango Experience" activities on the checkout page ahead of time to include these optionals on your tour.

Your Discover Moment

Buenos Aires Full Day

There's plenty to see and do in Buenos Aires, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like going to a Tango show, visiting Teatro Colón, and take a city tour. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 16

Tango Dinner Show

Buenos Aires

Discover the passion of tango. Watch the pros step and slide around the dance floor while you dine on a traditional Argentine dinner. Get lost in the music, savour the sensuality, and see why this traditional dance continues to ignite the senses of locals and visitors alike.

Buenos Aires Bike Tour

Buenos Aires

Experience this vibrant city cruising around on a bicycle with a local Argentine. Bike, helmet, knowledgeable tour guide, they've got it all taken care of, just come along for the ride and take in the many historical sights on offer. Discover Plaza de Mayo, San Telmo, colourful Caminito, and the working class neighbourhoods where Tango was born.

Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

La Boca Neighbourhood Visit

Buenos Aires

10USD per person

Visit La Boca to soak in the vibrancy of the barrio's brightly coloured buildings and El Caminito (a cobblestone street lined with artist studios that's often used as an impromptu setting for tango performances). Or, if lucky, catch a match at fabled La Bombonera, the home stadium of the Boca Juniors' fútbol club (the crowd's excitement is electric!).

Buenos Aires Guided City Tour

Buenos Aires

Enjoy a guided tour exploring beautiful, vibrant Buenos Aires. Be introduced to historic sites and districts, including Plaza de Mayo where Eva Peron's famed balcony presides over the square. See La Boca and San Telmo's colourful street life, painted houses, and the famed Recoleta Cemetery.

Day 17 Buenos Aires

Head out and explore the buzzing metropolis of Buenos Aires on a free day. A great city for walking, see the iconic obelisk, wander the pedestrian streets and visit the main Plaza de Mayo with its pink government palace before stopping for a coffee on a patio at one of the many cafes along the way.

Get out and explore. Consider visiting the districts of La Boca, Recoleta, and San Telmo or catch a tango show at one of the many famous tanguerías. Pre book an optional city bike tour, and get a local's eye view of your surroundings! Wander the pedestrian walkways and see some dancing in the streets.

Today, new travellers may join you for the rest of your adventure. You are welcome to join them at a group meeting this evening, followed by an optional dinner.

Free Time

Buenos Aires

Get out and explore!

Optional Activities - Day 17

Buenos Aires Guided City Tour

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Teatro Colón Tour

Buenos Aires

25USD per person

Explore this stunning opera house on a guided tour and find out why it is voted one of the best acoustic venues in the world.

Buenos Aires Bike Tour

Buenos Aires

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Meeting place: Carlos Pellegrini 1233

Please note the bike tour begins at 10 AM. We advise booking a pre-night in order to arrive on time for this pre-sold optional activity. If you choose to arrive the day of the bike tour, please ensure your flight lands no later than 8 AM to ensure enough time to make it to the arrival point.

Day 18 Buenos Aires/Salta

Skip a long bus ride and board a plane for a quick flight to Salta. Unwind at the hotel or liven it up with a visit to a Peña Folklore show to dance the night away and sip delicious Argentine red wine. Remember, no visit to Salta is complete without trying the local specialty — empanadas salteñas.

Plane

Buenos Aires – Salta2h

Look! Up in the sky! It's a bird! It's a plane! It's... yup, it is a plane, actually.

Optional Activities - Day 18

Peña Folklore Show

Salta

600ARS per person

Enjoy a combination of local musical, dancing, wine and food at a peñas folklóricas. The performances can take place in restaurants, open-air squares or music halls and are usually very casual. While dancing the chacarera or zamba, any guitarist can jump on stage or start to sing. Dance the night away, try some delicious Argentine red wine and enjoy the great music.

Day 19 Salta

Tantalize your tastebuds with the local cuisine today as you explore freely. Choose to saddle up and admire the scenery on horseback. Or, if you'd prefer, take a visit to the town of Cafayate to roam vineyards and sample some of the white wine produced at insanely high altitudes.

Your Discover Moment

Salta Full Day

There's plenty to see and do in Salta, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like the Museum of High Altitude Archeology, whitewater rafting, and hiking around Quebrada de las Conchas. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 19

Quebrada de las Conchas

Salta

Wind your way through valleys to the impressive layered red rock walls of the Quebrada de las Conchas, carved into high walls over time by the Las Conchas River. This is a spectacular sight, so be sure to take a few photos.

Cafayate Full Day Tour

Salta

35USD per person

Travel along beautiful valleys and stop by the Quebrada de las Conchas, a beautiful red rock gorge with unique shapes eroded into its walls by wind and water. Continue on to the town of Cafayate, home to several vineyards and wineries that produce the torrontes grape. Be sure to sample some of this white wine that is produced at remarkably high altitudes. Salud!

Horseback Riding and BBQ

Salta

15000ARS per person

Admire the scenery while your ride slowly carries you across hills and along trails in the countryside.

Museum of High Altitude Archeology

Salta

800ARS per person

The Museum of High Altitude Archeology offers a peek into Inca culture in the Andes, with a focus on child sacrifices. The mummified remains of one such sacrifice is on display in the museum.

Meals included: Breakfast

Day 20 Salta/San Pedro de Atacama

Say "Adios!" to Argentina, because you're off to Chile today to a little town on the edge of the Atacama desert, the driest place on earth.

Local Bus

Salta – San Pedro de Atacama 10h-11h

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Argentina - Chile)

Paso de Jama – San Pedro de Atacama

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Meals included: Breakfast

Day 21 San Pedro de Atacama

You will be amazed at everything you can do today. Explore San Pedro de Atacama on a mountain bike, cruise down the dunes on a sandboard, or chill out in the hot springs with your friends and fellow travel squad. Or visit the Valley of the Moon, an area on Earth that resembles the moon's surface. (How cool is that?)

Your Discover Moment

San Pedro de Atacama Full Day

There's plenty to see and do in San Pedro de Atacama, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting the Valley of the Moon, relaxing in local hot springs, and taking a tour of the geysers. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 21

Horseback Riding

San Pedro de Atacama

Saddle up and head out on horseback for a new perspective on this scenic destination.

Mountain Biking

San Pedro de Atacama 1h-8h

1500-5000CLP per person

Work up a sweat while exploring this scenic destination on the seat of a mountain bike.

Observatory Tour

San Pedro de Atacama

25000CLP per person

Gaze at the impressive desert stars from one of the best places to see them in the world and be guided on a planetary journey with an expert astronomer.

Valley of the Moon Visit

San Pedro de Atacama

30000CLP per person

The sunset brings out a variety of colours over this majestic valley that experts say is the area on Earth that most closely resembles moon's surface. Explore the incredible formations created by wind and rain over millennia in this unique location between the Andes mountains and one of the world's driest deserts.

Sandboarding

San Pedro de Atacama

45000CLP per person

Hit the dunes and experience the rush of surfing down.

San Pedro de Atacama Hot Springs

San Pedro de Atacama

45000CLP per person

Relax in large geothermal pools surrounded by stunning desert landscapes and scenery.

Day 22 San Pedro de Atacama/ Salt Flats and Desert Crossing

Ascend by bus into the mountains and cross into Bolivia for a three-day 4x4 excursion to the Salar de Uyuni and surrounding desert altiplano with spectacular scenery. Today you will be crossing the varied landscape of the desert, stopping off at colourful lagoons along the way.

Note: During the rainy season the locations visited may change due to some routes being covered by water.

We offer unique accommodation on the Salar de Uyuni. Instead of very basic refuges and homestays most operators use, we have upgraded to simple hotels that are equipped with solar panels to provide electricity and hot water. Rooms are multi-share and each has a private bathroom. Meals are made from local ingredients, most of which are grown on-site.

Local Bus

San Pedro de Atacama – Hito Cajon

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Chile - Bolivia)

San Pedro de Atacama – Hito Cajon

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

4x4

Estación Avaroa – Salt Flats 1h

Roads? Where this rough-and-ready vehicle's going, we don't need roads.

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

Meals included: Lunch | Dinner

Day 23 Salt Flats and Desert Crossing

Continue crossing the desert today, admiring the scenery while passing red and blue lagoons and intriguing rock formations along the route. Keep an eye out and you might spot wild llamas, alpacas, and even flamingos deep within the desert. Arrive at your home for the night — a G Adventures-supported community lodge in the heart of a desert oasis.

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

Your G for Good Moment: Jukil Community Experience & Lodge

Visit the Santiago de Agencha community, located two hours across the salt flats from Uyuni, a rural village surrounded by towering cacti and part of a small desert oasis. The community-owned salt lodge was renovated and expanded through a major project in 2016 funded by G Adventures' foundation, Planeterra. With many of the village's younger residences fleeing for economic opportunities, this lodge is seen by the community as a way to rescue their indigenous culture and provide opportunities for the future. Learn about their traditional agricultural practices, including their specialization in quinoa production, and take a guided walk with a community member to the sacred Jukil mountaintop for a beautiful view of the village below and the salt flats beyond. Meals of local ingredients grown in the village are prepared by ladies who were provided culinary training through the project. Leave Jukil Community Lodge knowing your visit is creating opportunities for a whole new generation of people in this community to improve their lives, and the lives of their children and grandchildren.

Meals included: Breakfast | Lunch | Dinner

Day 24 Salt Flats and Desert Crossing /Uyuni

Get a head start on your day by rising early to cover more ground on your journey through the unique landscape of the Salar de Uyuni. Soak in the views of unimaginable scenery including volcanoes and salt lakes.

Salt Flats and Desert Crossing Excursion

Salt Flats

Spend three days in the stunning landscape between the Salar de Uyuni and the Atacama Desert in Chile. Enter a world unlike anything else as we drive across the salt flats; the piercing blue sky contrasts against the blinding white of the flat salt beds. Take memorable photos of the unusual landscape complete with mountains and active volcanoes. Visit the coloured lagoon of Laguna Colorada and enjoy the uniqueness of this region.

Meals included: Breakfast

Day 25 Uyuni/Potosí

Travel north to visit one of the highest cities in the world. On arrival spot the looming mountain of Cerro Rico, a working silver mine.

Private Vehicle

Uyuni - Potosí 4h-5h

Settle in and scan the scenery from the convenience of a private vehicle.

Meals included: Breakfast

Day 26 Potosí

Wake up, get out, and explore Potosí. Meander the streets, stop at the market and meet some locals!

Free Time

Potosí Full Day

Get out there and explore.

Optional Activities - Day 26

Silver Mine Tour

Potosí

150BOB per person

Take the opportunity to visit a working silver mine and learn more about the process of extraction and working conditions faced by as much as half of the people who live and mine in Potosí. Bring a bandana and wear protective gear (boots, helmet and headlamp) as you head deep into the bowels of Cerro Rico (Rich Hill).

Casa de la Moneda

Potosí

40BOB per person

Learn about the first global currency at this renowned National Mint museum.

Meals included: Breakfast

Day 27 Potosí/Sucre

Venture north to the beautiful colonial city of Sucre.

Private Vehicle

Potosí – Sucre 2h30m

Settle in and scan the scenery from the convenience of a private vehicle.

Optional Activities - Day 27

Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Mountain Biking

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

Sucre Dinosaur Tracks Excursion

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

Sunday Tarabuco Market

Sucre

130BOB per person

On a Sunday morning, the Tarabuco market offers a glimpse into daily Bolivian life and the diversity of its people. Where indigenous groups from the surrounding area gather on Sundays to sell their goods.

Meals included: Breakfast

Day 28 Sucre

Discover the beauty of Sucre, known as Bolivia's "White City" at your own pace with a free day to explore. Set in a valley surrounded by mountains, you can choose to go hiking or mountain biking to admire this city from a different point of view.

Your Discover Moment

Sucre Full Day

There's plenty to see and do in Sucre, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like hiking, mountain biking, and visiting the Textile Cooperative. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 28

Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Mountain Biking

Sucre

Take a guided mountain biking trip on the outskirts of Sucre and explore more of this beautiful region.

Sucre Dinosaur Tracks Excursion

Sucre

Get ready to get up close and personal with the prehistoric times: Sucre is home to one of the world's largest collections of dinosaur footprints made some 68 million years ago. Discover more than 5,000 footprints perfectly preserved footprints in the Cal Orck'o cliff just outside the city centre. See the world's longest trail -- 347m (1138 ft) -- left by a baby Tyrannosaurus Rex now affectionately known as 'Johnny Walker'.

Meals included: Breakfast

Day 29 Sucre/La Paz

One day in Sucre isn't enough, so take another free day to explore before winding down on an overnight bus to La Paz.

Overnight Bus

Sucre – La Paz 12h

Curl up and catch a snooze en route to the next stop.

Your Discover Moment

Sucre Full Day

There's plenty to see and do in Sucre, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like hiking, mountain biking, and visiting the Textile Cooperative. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 29

Hiking

Sucre

Head out of town, take in some fresh air, and explore this scenic area by foot.

Meals included: Breakfast

Day 30 La Paz

Hope you got some rest on the bus because the vibrant city of La Paz awaits. After getting settled, head out to experience this high altitude city. Take a tour of the Valley of the Moon, check out the Witches' Market, or visit the nearby Tiahuanaco Ruins.

Free Time

La Paz Full Day

Get out and explore this high altitude city.

Optional Activities - Day 30

Chacaltaya Visit

Chacaltaya

Chacaltaya (Aymara for 'cold road') is a mountain in the Cordillera Real, part of the beautiful Bolivian Andes.

Death Road Biking Adventure

La Paz

Get your adrenaline pumping as you soar down the 'world's most dangerous road.' Start high up in the Andes at 4,700m (15,420 ft) and wind your way down this steep, narrow road on the mountainside into the depths of the Bolivian jungle. This is not one for the faint of heart, adrenaline junkies only!

Please note that the entrance fee of 53 Bolivianos (not included in this activity) must be paid directly to the National Park prior to biking, only local currency is accepted. We are unable to pre-pay this fee in advance, due to the park policy.

Witches' Market Visit

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

La Paz City Tour

La Paz

25-45USD per person

Explore the city on a guided tour. Check out stunning cathedrals, impressive museums, and lively markets, learning more about the history of this fascinating city. Look for majestic Mt Illimani in the background.

Valley of the Moon Tour

La Paz

15USD per person

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

Day 31 La Paz

If you didn't have time yesterday to do everything you wanted in La Paz — no worries! Today is another day to explore the city as you wish. If you're an adrenaline junkie, make sure to experience the Death Road Biking Adventure.

Opt to pre-book the "Death Road Biking Adventure" activity on the checkout page ahead of time to include this optional on your tour.

Optional Activities - Day 31

Valley of the Moon Tour

La Paz

15USD per person

Tour the lunar landscape of the Valley of the Moon, observe the clay formations carved into the landscape by years of erosion.

Witches' Market Visit

La Paz

Learn more about the pre-Columbian Aymara beliefs at the Witches' Market. You can witness locals buying products such as dried frogs, potions, and talismans for use in rituals and offerings.

Death Road Biking Adventure

La Paz

Get your adrenaline pumping as you soar down the 'world's most dangerous road.' Start high up in the Andes at 4,700m (15,420 ft) and wind your way down this steep, narrow road on the mountainside into the depths of the Bolivian jungle. This is not one for the faint of heart, adrenaline junkies only!

Please note that the entrance fee of 53 Bolivianos (not included in this activity) must be paid directly to the National Park prior to biking, only local currency is accepted. We are unable to pre-pay this fee in advance, due to the park policy.

Meals included: Breakfast

Day 32 La Paz/Puno

Travel by bus through the Altiplano, crossing the border to the Peruvian city of Puno on the shores of Lake Titicaca.

The drive around Lake Titicaca and through the Altiplano from La Paz to Peru is impressive.

Local Bus

La Paz – Copacabana 2h30m

Climb aboard, grab a seat, and enjoy the ride.

Border Crossing (Bolivia - Peru)

Copacabana – Yunguyo

Ready for a little more ink in your passport? Grab your bags and get ready to check another country off your bucket list.

Local Bus

Yunguyo – Puno 3h30m

Climb aboard, grab a seat, and enjoy the ride.

Meals included: Breakfast

Day 33 Puno/Lake Titicaca

Guided tour of Lake Titicaca with a homestay in a small village.

In the morning, board a boat on Lake Titicaca. Head to Taquile Island for lunch in a local restaurant and the chance for some shopping in the local weaving cooperatives.

After, cruise to another village for an overnight homestay on the shores of the lake (the homestay location can vary based on community availability). This experience provides an opportunity to learn more about rural life in the Peruvian highlands and to participate in local traditions. Eat with the family, learn some Quecha and Spanish language skills, try on traditional costumes, and help out with daily chores around the village.

Split into smaller groups for the night and split into family homes to experience their style of living firsthand.

Boat

Puno – Lake Titicaca 3h

Climb aboard and get your float on.

Lake Titicaca Guided Boat Tour Day 1

Lake Titicaca

Board a boat on Lake Titicaca and head to Taquile Island for a delicious Peruvian lunch at a restaurant followed by some shopping at the local weaving cooperatives. (Taquileños are known for their fine

handwoven textiles and clothing, men are taught how to knit around age five and they create the majority of the textiles.) After, enjoy an overnight stay with a host family and a chance to learn about life on the islands.

Your Local Living Moment: Lake Titicaca Homestay

Split into smaller groups and get a taste of local life firsthand as we move into family homes for the night. Play soccer with the children, enjoy some dancing, watch dinner being made, learn about regional cuisine, and dress up in local clothes for an unforgettable evening with the whole village, enjoying traditional music and dancing. Lend a hand the next morning, and help out with chores like feeding animals, harvesting local produce, or bringing back buckets of water from the well.

Meals included: Breakfast | Dinner

Day 34 Lake Titicaca/Puno

Visit the floating islands of Uros. Optional visit to the Sillustani burial site.

Leave the homestay families late morning, and visit the Uros Islands on the way back to Puno. A popular optional activity in Puno is a visit to the spectacular chullpas (funerary towers) of Sillustani, a pre-Inca archaeological site only a short drive away.

Opt to pre-book the Lake Titicaca Kayaking on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

Lake Titicaca Guided Boat Tour Day 2

Lake Titicaca

Spend the morning with the homestay families, then depart after lunch. Visit the floating islands of Uros on the way back, and learn about the unique lifestyle of the locals. Meet residents and learn how they built the islands with totora reeds, which are also used to make their homes, boats, crafts (and are also edible!).

Free Time

Puno

Make the most of one last afternoon in Puno.

Optional Activities - Day 34

Sillustani Burial Towers Entrance

Puno

59PEN per person

Take a guided tour of the Sillustani burial towers known as "chullpas." Be awed by these fantastic ruins located outside Puno – their remarkable towers stretch up to 12m (39 ft) in height.

Lake Titicaca Kayaking

Lake Titicaca

Take to the waters of the highest navigable body of water in the world, Lake Titicaca, and paddle out to Laquina Island. Get a glimpse into local island life before heading back across the lake to Puno.

Meals included: Breakfast

Day 35 Puno/Cusco

Travel through the high Altiplano region to Cusco.

Local Bus

Puno – Cusco 7h-8h

Climb aboard, grab a seat, and enjoy the ride.

Meals included: Breakfast

Day 36 Cusco

Free time to explore Cusco. Choose to pre-book the Cusco Cooking Class. Opt for a city tour, or go whitewater rafting, horseback riding or mountain biking.

Please note: if you pre-book the Cusco Cooking Class you will be picked up from your hotel at approx 12:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 16:00.

Your Discover Moment

Cusco Full Day

There's plenty to see and do in Cusco, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting Museo Inka, Museo de Historia Regional, and whitewater rafting. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 36

Horseback Riding

Cusco

150PEN per person

Hop in the saddle and explore Cusco's archaeological sites by horseback on a 3.5 hr tour – no previous experience needed. Dress for the weather, and bring sunblock and a hat, just in case.

Cusco City Tour

Cusco

45PEN per person

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Inka Museum

Cusco

10PEN per person

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Cusco Tourist Ticket

Cusco

130PEN per person

This ticket allows admission at 16 sights of the city of Cusco including many popular museums and cathedrals, the ticket also provides entrance to Sacsayhuaman Archaeological Park, and sights in the South Valley of Cusco and the Sacred Valley of the Incas.

Cusco Cooking Class

Cusco – Cuzco

Channel your inner chef and get a taste of Peruvian cuisine. Learn all about the essential ingredients, and try your hand at preparing unique Peruvian dishes with a local expert

Whitewater Rafting Urubamba

Urubamba

69USD per person

Rise for an early morning pick up and drive to Chuquicahuana for a safety briefing. Enjoy a full day of rafting on the Upper Vilcanota River (about 2.5 hrs on the water). Be thrilled by fast rapids that are a constant Class III and IV for around 11km (9 mi), and don't forget to take in the gorgeous scenery. Rehash all the excitement afterward over a riverside picnic lunch.

Meals included: Breakfast

Day 37 Cusco/Ollantaytambo

En route to Ollantaytambo, opt to take a Sacred Valley tour and visit a G Adventures-supported women's weaving co-op.

Ollantaytambo is a major Inca ruin site and your first taste of what lies ahead. For those craving more before they head out on the Trail, opt to take a Sacred Valley tour which includes not only Ollantaytambo and the ruin site of Pisac, but also a visit to a G Adventures-supported women's weaving co-op.

Private Vehicle

Cusco – Ollantaytambo 1h45m 94km

Settle in and scan the scenery from the convenience of a private vehicle.

Optional Activities - Day 37

Ollantaytambo Ruins Guided Tour

Ollantaytambo

Tour the town and fortress of Ollantaytambo with a local guide. Take a step back in time at this Inca archaeological site; it still shows signs of its former glory, including agricultural terraces, a Temple Hill, and storehouses. Learn how the area, overlooking the Urubamba River Valley, was an important stronghold during warfare between the Spanish and Incas.

Ccaccacollo Community and Women's Weaving Co-op visit

Ccaccacollo

Visit the Ccaccacollo community centre which G Adventures travellers' donations helped create in 2005, thereby enabling local women to sell traditional textiles to travellers. See local weaving and dyeing techniques used to create garments and souvenirs, and learn how the Planeterra weaving co-operative has impacted the community and those who visit it. This includes the purchase of alpacas to provide a steady supply of wool, looms, and sewing machines as well as several training courses on production, sales and small business management.

Sacred Valley Brewery

Ollantaytambo

Delight your tastebuds and sample high-quality beer with the breathtaking Sacred Valley as a backdrop. This craft brewery uses local ingredients to make award-winning brews and gives back to the surrounding communities. What's not to like?

Meals included: Breakfast

Day 38 Inca Trail

Depart Ollantaytambo by van to km 82 where your trek begins. Hike through beautiful scenery, with a variety of flora that changes with the seasons. You'll see several smaller ruin sites like Llactapata.

A crew of local porters, cooks, and guides will take care of all the details for the duration of the hike. Porters carry the majority of the gear so you'll only need to carry a small daypack with water, rain gear, snacks, a camera, etc.

Private Vehicle

Ollantaytambo - Inca Trail 45m

Settle in and scan the scenery from the convenience of a private vehicle.

Inca Trail Hike

Inca Trail KM 82 - Wayllabamba Camp 5h-6h 11km

Get your blood pumping on this first day of hiking the Inca trail. The trekking is fairly easy and serves as good training for the next few days. Pass rambling rivers and a small village, and enjoy scenic mountain views; it's just a taste of what's to come.

Your G for Good Moment: Handmade Biodegradable Soap Products

Enjoy G Adventures-supported handmade biodegradable soap products, for use on our treks. This G Adventures for Good project empowered local Cusqueña women to start their own business in order to reduce the environmental impact of treks in the region. Planeterra provided \$10,000 of seed funding for two young entrepreneurs to register their biodegradable products in order to sell them to the tourism industry. "Esencia Andina" is now a successful business that produces biodegradable soaps, detergents, and natural products for travellers, guides, porters, and cooks on our treks.

Meals included: Breakfast | Lunch | Dinner

Day 39 Inca Trail

Get an early start today to climb the long steep path to Warmiwañusca, known as Dead Woman's Pass. This is the highest point of the trek at 4,198m (13,769 ft). Most hikers reach camp by early afternoon, with some much needed R&R.

Inca Trail Hike

Wayllabamba Camp - Paqaymayo Camp 6h-7h 12km

Trek over progressively spectacular and steeper terrain on your way to Warmiwañusca (aka Dead Woman's Pass), the highest point of the trek at 4,198m (13,769ft). Be prepared to face strong Andean weather (blazing sun or cold winds) around the pass. Take the hike slow, and drink lots of water along the way - amazing views are waiting as a reward. Enjoy some ample time to rest and relax after reaching the camp; most campers arrive around early afternoon.

Meals included: Breakfast | Lunch | Dinner

Day 40 Inca Trail

Cross two more passes and ruins along the way. The first pass is Runquraqay at 3,950m (13,113 ft) where, on a clear day, you can catch a glimpse of the snow-capped Cordillera Vilcabamba. Hike through cloud forest on the gentle climb to the second pass of the day, walking through original Incan constructions. The highest point of the pass is 3,700m (12,136 ft). On a clear day, enjoy the spectacular views of the Urubamba Valley.

At 3,650m (11,972 ft), reach the ruins of Phuyupatamarca, the "town above the clouds." Camp here or go another 1.5 hrs to the Wiñay Wayna ruins ("forever young") located at 2,650m (8,694 ft).

Inca Trail Hike

Paqaymayo Camp - Wiñaywayna 9h 16km

Cross two passes and more ruins along the Inca Trail on the last full day of hiking. Traverse Runquraway at 3,950m (13,113 ft), and then reach the second pass at 3,700m (12,136 ft). Spot the gorgeous Cordillera Vilcabamba and the Urubamba Valley in the distance on a clear day. Camp at either the Phuyupatamarca ruins or the Wiñay Wayna ruins.

Meals included: Breakfast | Lunch | Dinner

Day 41 Machu Picchu/Cusco

The final day of the hike starts pre-dawn to reach the Sun Gate before sunrise. Wake up around 03:30 and walk to the checkpoint. Catch the first views of the breathtaking ruins of Machu Picchu on a clear day. Hike down to Machu Picchu for a guided tour of the site. Catch the bus to Aguas Calientes before your train back to Cusco in the afternoon. Tonight, dance the night away at a popular night club.

Inca Trail Hike

Wiñaywayna – Machu Picchu 2h-3h 6km

Wake around 03:30 to reach the Sun Gate as early as possible. Head to the checkpoint and join the lineup to wait for the gate to open. Catch the first views of the breathtaking ruins of Machu Picchu (fingers crossed for a clear day). Hike down to Machu Picchu (about 45 mins) for a 1.5 hr guided tour of the site, and free time to explore. Opt to visit the Inca Bridge (a 15-min walk one way) for no additional charge, if time allows.

Catch the bus outside the Machu Picchu gate after your visit for a 25-min downhill ride to Aguas Calientes. Eat and relax before the train ride back to Cusco this evening.

Machu Picchu Guided Tour

Machu Picchu 1h30m-2h

Set off with the local guide to explore Machu Picchu, the Lost City of the Incas. Learn about the history and gain insights into this massive mountaintop citadel while wandering through ancient dwellings, stone temples and along sculpted terraces. Feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World in a worldwide internet poll.

Train

Aguas Calientes – Ollantaytambo 1h30m-1h45m 31km

Climb aboard, take a seat, and enjoy the ride.

Private Vehicle

Ollantaytambo – Cusco 1h30m-1h45m 60km

Settle in and scan the scenery from the convenience of a private vehicle.

Your Big Night Out Moment:

Whether it's a pub crawl, drink specials or a bonfire on the beach, celebrate late into the night with your new best friends.

Meals included: Breakfast

Day 42 Cusco

Free day to explore Cusco or relax after the trek. If you are ready for more adventure, opt to go whitewater rafting, horseback riding or mountain biking.

Opt to visit and hike the famed Rainbow Mountain, pre-book on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

Your Discover Moment

Cusco Full Day

There's plenty to see and do in Cusco, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting Museo Inka, Museo de Historia Regional, and whitewater rafting. Your CEO has more ideas if you need them. Just ask!

Optional Activities - Day 42

Inka Museum

Cusco

10PEN per person

Get ready to explore the artifacts from the Inca Empire, including mummies, jewelry, skulls, and ceramics at this museum of archaeology.

Cusco City Tour

Cusco

45PEN per person

Enjoy a half-day tour of Cusco's main sights. Walk around the Plaza de Armas (main square) and explore this city steeped in one of the world's most alluring and ancient cultures. Visit Qenqo, Koricancha, the Cathedral, Puca Pucara, Tambomachay, and the archaeological site of Sacsaywaman.

Cusco Tourist Ticket

Cusco

130PEN per person

This ticket allows admission at 16 sights of the city of Cusco including many popular museums and cathedrals, the ticket also provides entrance to Sacsayhuaman Archaeological Park, and sights in the South Valley of Cusco and the Sacred Valley of the Incas.

Whitewater Rafting Urubamba

Urubamba

69USD per person

Rise for an early morning pick up and drive to Chuquicahuana for a safety briefing. Enjoy a full day of rafting on the Upper Vilcanota River (about 2.5 hrs on the water). Be thrilled by fast rapids that are a constant Class III and IV for around 11km (9 mi), and don't forget to take in the gorgeous scenery. Rehash all the excitement afterward over a riverside picnic lunch.

Rainbow Mountain Hike - Full-day Trip

Cusco 7km

Lookout over these colourful Andean mountains striped with maroon, turquoise, lavender, and gold. The sediment, elevation, and proximity to the ocean create a landscape that has to be seen to be believed. Get started early to drive around 2 hours to the starting point of this challenging, yet rewarding full-day hike. Reaching 5,029m (16,500 ft) this 14km hike is no walk in the park, but these unique mountains do not disappoint.

Meals included: Breakfast

Day 43 Cusco/Arequipa

Enjoy a final free day in Cusco before an overnight bus to Arequipa.

Overnight Bus

Cusco – Arequipa 10h 520km

Curl up and catch a snooze en route to the next stop.

Your Discover Moment

Cusco Full Day

There's plenty to see and do in Cusco, and we wanted to make sure that you had some time to take it all in. Feel free to relax or try optional activities like visiting Museo Inka, Museo de Historia Regional, and whitewater rafting. Your CEO has more ideas if you need them. Just ask!

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Meals included: Breakfast

Day 44 Arequipa

Travel from Cusco to Arequipa. Opt to visit the Santa Catalina Convent or soak in local hot springs.

Explore Arequipa, the 'white city'. Interested in history and architecture? Opt to visit to the Santa Catalina Monastery, offering a brief respite from the outside world and a unique view into a bygone way

of life. Pre-book by adding the Arequipa City Tour & Santa Catalina Monastery on the checkout page or ask your GCO or travel agent for assistance.

For spicy food lovers, checking out one of the “Picanterías” is a must. Arequipa has a variety of regional food: alpaca, shrimp, pork, lots of soups, and spicy sauces.

Free Time

Arequipa Full Day

Make the most of your time here.

Optional Activities - Day 44

Arequipa City Tour

Arequipa

Get out and explore "the white city" on this walking tour, stop at picturesque viewpoints to capture the surrounding volcanoes, marvel at the white volcanic sillar rock architecture, and visit one of the most stunning colonial buildings in the country, Santa Catalina Monastery.

Day 45 Arequipa/Colca Canyon

Take a full-day tour of the spectacular Colca Valley and opt for a soak in hot springs.

Enjoy an overnight excursion to the impressive Colca Canyon - one of the deepest canyons in the world. Stop in fascinating villages and at “miradors” (scenic lookouts), where, with a little luck, spot Andean condors soaring over the majestic Andes. Other unusual animals that may be spotted in the Andean landscape include three different species of camelids: alpaca, llama, and vicuña.

Private Vehicle

Arequipa – Colca Canyon 2h30m-3h

Settle in and scan the scenery from the convenience of a private vehicle.

Optional Activities - Day 45

Hot Springs

Chivay

15PEN per person

Soak your weary bones in steaming hot water pouring from the earth and relax.

Meals included: Breakfast

Day 46 Colca Canyon/Arequipa

Continue exploring Colca Canyon with opportunities to view condors, visit local villages, and see the old terraces. Travel back to Arequipa for the evening.

Get an early start to be on the look out for the condors flying. Travel from Chivay town to a condor viewpoint to admire these magnificent birds in the air. On the way back, stop by some local villages and viewpoints to see old terraces and sections of Colca Canyon, the deepest canyon in the world.

Private Vehicle

Chivay – Arequipa 4h30m-5h165km

Settle in and scan the scenery from the convenience of a private vehicle.

Optional Activities - Day 46

Hot Springs

Chivay

15PEN per person

Soak your weary bones in steaming hot water pouring from the earth and relax.

Meals included: Breakfast

Day 47 Arequipa/Nazca

Explore Arequipa and opt to take a city tour. Take an overnight bus to Nazca.

Free Time

Arequipa

Get out and explore more of this beautiful colonial city.

Overnight Bus

Arequipa – Nazca 9h560km

Curl up and catch a snooze en route to the next stop.

Optional Activities - Day 47

Santa Catalina Monastery Visit

Arequipa

60PEN per person

Visit this 16th-century monastery (over 20,000 sq m) for its beautiful architecture built in the Mudéjar style. Travel back in time wandering its small streets lined with colourful walls, and take some time to learn about its captivating history.

Arequipa City and Area Panoramic Bus Tour

Arequipa

20USD per person

Get to know "the White City" and the surrounding area on a panoramic bus tour. Stop at picturesque viewpoints to capture the surrounding volcanoes, marvel at the white volcanic sillar rock architecture, and fall in love with Arequipa's cityscapes.

Meals included: Breakfast

Day 48 Nazca

Nazca is famous for one of the world's greatest archaeological mysteries, the Nazca Lines. Opt to take flight in a light aircraft for the best view or climb the viewing tower to get a glimpse if that's more your style. Enjoy a Pachamanca-style dinner in the evening.

Opt to pre-book your Flight over Nazca Lines on the checkout page to include this optional activity on your tour or ask your GCO or travel agent for assistance.

Free Time

Nazca

Enjoy some free time during the day.

Optional Activities - Day 48

Nazca Desert Cemetery and Potter's Studio Guided Tour

Nazca

80PEN per person

See remains of the Nazca culture during an included tour of the ancient Pre-Inca desert cemetery site of Chauchilla. Spot 1500-year-old mummies, bones, and pottery on the desert floor. The entire desert area was also once home to the ancient Paracas and the Nazca cultures, which preceded the Incas by more than half a millennium. Stop for a visit at an artisan's workshop, where modern masters create Nazca style pottery.

Flight over Nazca Lines

Nazca

Take to the skies for the best view of the enigmatic Nazca Lines, a series of patterns and pictures etched in the ground, crisscrossing a wide area of flat desert. Marvel at the lines measuring up to 10km (6 mi) in length, yet, remaining perfectly straight. See depictions of birds, insects, and animals only recognizable from the air. Decide for yourself the origin of the lines – who drew the lines, and why, remains a mystery. Current beliefs suggest that they may be part of complex agricultural calendar.

Please note that this activity does not include a tourist ticket fee of S/.47 PEN per person, payable directly by each traveller at the airport in Nazca.

Meals included: Dinner

Day 49 Nazca/Paracas

Transfer to Paracas with a stop at a winery and at the Oasis of Huacachina.

Leave Nazca and stop at the Huacachina Oasis for some optional sandboarding. Continue to visit an artisanal winery to sample some local pisco and wine. Paracas is located one hour further.

Private Vehicle

Nazca – Ica 3h140km

Settle in and scan the scenery from the convenience of a private vehicle.

Huacachina Oasis visit

Huacachina

Stop by this beautiful oasis and opt to try your hand at the favourite local sport: sandboarding. The oasis is also a great place to walk around and explore.

Your Foodie Moment: Huacachina Winery Visit

Learn about the wine and pisco production in the area and enjoy a tasting of different varieties, which are all available for purchase.

Private Vehicle

Ica – Paracas 1h70km

Settle in and scan the scenery from the convenience of a private vehicle.

Optional Activities - Day 49

Sandboarding in Ica

Ica 45m-1h

65PEN per person

Drive into the dunes in a sand buggy, making four stops along the way. Take some photos of the magnificent scenery before trying your hand at sandboarding down dunes of different sizes.

Day 50 Paracas/Lima

Opt to visit the Ballestas Islands in the morning before travelling to Lima for a final night. Be sure to try some ceviche and a Pisco Sour.

Opt to pre-book the Ballestas Islands Wildlife Tour by selecting it on your checkout page or ask your GCO or travel agent for assistance.

Local Bus

Pisco - Lima 4h 250km

Climb aboard, grab a seat, and enjoy the ride.

Minibus

Paracas - Pisco 30m

It's bigger than a van, smaller than a bus, and just the right size for adventure.

Optional Activities - Day 50

Ballestas Islands Wildlife Tour

Paracas National Reserve - Pisco

Get ready to see some amazing wildlife on this trip to the Ballestas Islands (aka Peru's Little Galápagos). Spot playful sea lions, Humboldt penguins, boobies, pelicans, and more than 200 sea birds. Be sure to bring your camera along!

Day 51 Lima

Depart at any time.

Departure Day

Not ready to leave? Your CEO can help with travel arrangements to extend your adventure.

Optional Activities - Day 51

Lima City Tour

Lima

40USD per person

Discover Lima's cultural and culinary highlights on this half-day guided tour. Visit the San Francisco Church and its impressive catacombs, walk around Plaza de Armas, and get to know some of Lima's lovely neighbourhoods. Stop to enjoy some authentic Peruvian tapas and be introduced to pisco sours during a demonstration and tasting before heading back to your hotel.

Pachamanca

Nazca

Enjoy a traditional dinner. Assist in the preparation of a thousand-year-old tradition: "Pachamanca," an ancient ceremony akin to the Polynesian meal of burying a variety of delicious treats wrapped in banana leaves and slow-cooking them with pre-heated rocks buried in the ground.

Magic Circuit of Water and Tapas Night

Lima

68USD per person

Experience nightlife in downtown Lima with the spectacular "Magic Water Circuit" (Circuito Mágico del Agua) show complete with lights, music and dozens of fountains. Enjoy some tapas and take in the sights with a pisco sour in hand. The perfect night out!

Pachacamac and Paso Horse Show

Pachacamac

98USD per person

Dive into Peruvian history and explore a famous temple built in honor of Pachacamac or the "Earth Maker", a powerful figure considered amongst gods and worshiped during the Pre Incan era. After you've got your history fix, head out to enjoy a local lunch and Peruvian dancing. After lunch continue on to see the Peruvian Paso Horse and learn more about this majestic beauty.

Meals included: Breakfast

What's Included

Your G for Good Moment: Favela Experience, Rio de Janeiro
Your G for Good Moment: Jukil Community Experience & Lodge, Santiago de Agencha
Your G for Good Moment: Handmade Biodegradable Soap Products
Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
Your First Night Out Moment: Connect With New Friends
Your Discover Moment: Ilha Grande
Your Discover Moment: Paraty
Your Discover Moment: Buenos Aires
Your Discover Moment: Salta
Your Discover Moment: San Pedro de Atacama
Your Discover Moment: Sucre
Your Local Living Moment: Lake Titicaca Homestay, Lake Titicaca
Your Discover Moment: Cusco
Your Big Night Out Moment: Cusco
Your Foodie Moment: Huacachina Winery Visit, Huacachina. Entrance and visit to the Argentine side of Iguassu Falls. Uyuni Salt Flats excursion (3 days). Lake Titicaca excursion. Inca Trail hike with a local guide and cook (4 days). Guided tour of Machu Picchu. Colca Canyon excursion. Pachamanca-style dinner (Nazca). Internal flights. Transportation between destinations and included activities.

Highlights

Spot condors at Colca Canyon, conquer the Inca Trail on the way to Machu Picchu, experience traditional life on Lake Titicaca, cross the Uyuni Salt Flats and surrounding desert altiplano, be awed by Iguassu Falls, beach-lounge with the beautiful people of Brazil

Dossier Disclaimer

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and the operator. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

Itinerary Disclaimer

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

Important Notes

1. INCA TRAIL AND MACHU PICCHU REGULATIONS

The rules and regulations controlling the Inca Trail and Machu Picchu are continually changing. Before embarking on your adventure to Peru it is very important that you familiarize yourself with the Inca Trail booking policies and guidelines as described in a document available on our website, at the following URL address:

<http://www.gadventures.com//terms-conditions/inca-trail-booking-policies/>

2. MACHU PICCHU BY TRAIN - OPTIONAL

Please advise at time of booking if you do not wish to hike the Inca Trail. Instead, you will have 2 nights in Cusco, travel by train for a night in Aguas Calientes, and join the hikers for the tour of Machu Picchu.

3. INCA TRAIL MAINTENANCE

Portions of the Inca Trail will be closed for general maintenance during the month of February each year.

Also, closures may occur at various times throughout the year due to inclement weather or other conditions beyond our control. During these periods, any tour affected will hike the Lares Trek.

4. Please note that this tour combines with other G Adventures tours. As such, the staff and some travel companions on your tour may have previously been traveling together with G Adventures, prior to Day 1 of your tour. Likewise, some staff and travel companions may be continuing together on another G Adventures tour, after your trip concludes.

5. In our continued effort to support the rights of the porters on the Inca Trail, we would like ensure that they never exceed the weight limit for their packs as set out by the Peruvian authorities. Porters are allowed to carry no more than 6kg of personal belongings per hiker (for all other Peru treks the limit is 8kg). That means that including your sleeping bag, toiletries, clothing, etc, you are allowed a total weight of 6kg for the hike which will be carried in a duffle bag provided by our local office. Any additional weight must then be carried by you in your day pack. To help achieve this goal we recommend that you carry travel sized toiletries, that you bring sport sandals that can be worn with socks (which are lighter than running/walking shoes) and that you limit electronics to those that you are willing to carry. Any additional baggage can be left in Cusco, but is advised that you bring anything of value (eg. money, passport, credit cards, camera, etc) with you on the trek.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, please see the Tipping section for guidelines.

6. Looking to add to your experience? Check out our Extras! Specially designed for travellers with unique interests, these optional add-ons to your G adventures trip make your adventure more you-centric. Extras must be booked prior to departure, please see details in our optional activities field and ask your sales GCO or travel agent about booking.

7. YELLOW FEVER

It may be required to show a Yellow Fever certificate upon entering the country visited. Please check in with your local health expert for advice on Yellow Fever and other inoculations required for this area.

8. WET SEASON

Please be advised during the wet season (Jan - April) if there are periods of severe rain some of the campsites on the Inca Trail may become unusable. In the interest of your safety, there may be changes made locally to the trekking itinerary if the conditions of the campsites are assessed to be unsafe.

9. GROUP DYNAMICS

Please note, in most cases, the entire group will not be hiking the Inca Trail together. Members of the group may choose to hike the Lares Trek or spend additional time in Cusco and the Sacred Valley instead of hiking. If you have chosen the Lares Trek or Cusco Stay you may be paired with members of other G Adventures groups for the trek, transportation, and activities included.

LUGGAGE

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges 850 ARS at check-in (approx. 15-20 USD).

Group Leader Description

All G Adventures group trips are accompanied by one of our group leaders, a G Adventures representative, or an expedition team. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting- we think it's the best of both worlds.

Group Size Notes

Max 18, avg 14.

Meals Included

36 breakfasts, 7 lunches, 9 dinners

Meals

Eating is a big part of traveling. G Adventures understands the importance of breakfast to start your day, we strive to include a basic breakfast wherever possible. A typical breakfast may include toast, coffee and tea, however this may vary depending on the city. Should breakfast not be included, your CEO can suggest some local options.

Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. While trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients.

Transport

Public bus, plane, train, hiking, ferry, 4X4.

Local Flights

All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

Please Note: Aerolineas Argentinas allows 1 piece of luggage that weighs up to 15kg on internal flights. If luggage is overweight, the airline charges 850 ARS at check-in (approx. 15-20 USD).

Solo Travellers

We believe single travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and single travellers on these itineraries must pay the single trip price.

Accommodation

Simple hotels (29 nts, twin-share), hostels (9 nts, multi-share), overnight buses (4 nts), camping (3 nts), estancia/ranch (2 nts, multi-share), homestay (1 nt), basic hotels on Uyuni Salt Flats crossing (2 nts, multi-share).

Rooming and "My Own Room" Exceptions

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single accommodation for all night stops, with the following exceptions: Night 9: overnight bus, Nights 10-11: Estancia, Nights 22-23: Salar de Uyuni, Night 29: overnight bus, Night 33: Lake Titicaca homestay, Nights 37-39: Inca Trail or Nights 37-38 Lares Trek, Night 43: overnight bus, Nights 45-46: Colca Canyon, Night 47: overnight bus.

About Accommodation

Multi-share Accommodation: Multi-share same-sex accommodation is used on this tour, as such, if you are travelling with someone of a different gender you will not be in the same room. For private accommodation please see tours in our Classic Travel Style.

Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

Joining Instructions

Galeao International Airport is a 30 to 45 minute drive from our joining hotel. There are many private taxi companies with booths inside the building where you can pay a set rate for a taxi to Copacabana (approximately \$50 USD), thus avoiding the confusion outside the airport. There is also an airport bus, called 'Real' (approximately \$9 USD) which will drop you off at the place of your choice along the route. The closest point to the Santa Clara is at the corner of Barata Ribeiro and the street Figueiredo Magalhaes. From here to the hotel is quite close. You can flag down one of the many official yellow taxis in the street to get the rest of the way to the hotel (approximately \$5 USD).

There is a money exchange in the Banco do Brazil on the third floor of the international arrivals area, which is open 24 hours.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

Please note that Day 1 is an arrival day and no activities have been planned for that day other than your welcome meeting in the evening, so you can arrive at any time. Similarly the last day is a departure day during which no activities have been planned.

A G Adventures Representative will organize a short meeting soon after arrival, during which you will meet other tour participants and receive information about general and specific aspects of the trip. A welcome note will be left for you in the hotel so you have all the necessary information regarding the meeting time. If you arrive late, s/he will leave you a message detailing what time and where you should meet the next morning.

Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, as soon as possible please contact your starting point hotel, requesting that you speak to or leave a message for your CEO (if you are not on a group tour please refer to the emergency contact details provided in this dossier). If you are unable to get in touch with your leader, please refer to our emergency contact details. If you have pre-booked an airport transfer and have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If you are advised of a flight schedule change within 48 hours of your scheduled arrival time, we will do our best to rearrange your arrival transfer however we cannot guarantee this. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please take a taxi to your start point hotel.

EMERGENCY CONTACT NUMBERS

G Adventures Office Lima, Peru.

During office hours (Weekdays, 9-6pm Local Time): +51 1 241 1650

After hours Emergency number: +51 99 758 2712 (WhatsApp Available)

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

What to Take

Most people automatically assume that the weather is hot in South America however the weather varies greatly. Be prepared for rain and thunder storms in the wet season (from December to March), especially in the Amazon. Temperatures of -10C and lower are frequent around Uyuni and the Altiplano (high plateau). It is best to layer clothes this allows you to accommodate clothing to varying degrees of temperatures and wet/dry/windy weather conditions.

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage.

Packing List

Available for Rent During Your Trek Briefing (Payment only by Credit Card):

- Camping mattress/sleep mat (45 soles)
- Sleeping bag (45 soles)
- Walking poles (15 soles each (30 per pair))

Cold Weather:

- Long-sleeved shirts or sweater
- Scarf
- Snow Boots
- Warm gloves
- Warm hat
- Warm layers
- Warm waterproof jacket

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Toiletries (required) (Shampoo, bodywash, soap, etc.)
- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, band-aids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Swimwear
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Inca Trail:

- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Pack liners to waterproof bags
- Rain gear
- Sleeping bag (Also available for rent)
- Thermal base layer
- Travel pillow
- Walking poles, rubber-tipped (Also available for rent)
- Waterproof hiking boots

Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sturdy water shoes/sandals
- Sun hat/bandana
- Swimwear

Note: The best clothing for trekking is either wool or synthetic materials in layers, as this is quick-drying and can keep heat in better. We suggest a base-layer, then a mid-layer such as a light fleece jacket or similar, then a windproof and waterproof layer.

Please note for trekking rentals credit cards are the preferred method of payment.

Laundry

Laundry facilities are offered by some of our hotels for a charge. There will be times when you may want to or have to do your own laundry so we suggest you bring non-polluting/biodegradable soap.

Visas and Entry Requirements

All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

Money Exchange

The currency in Brazil is the Brazilian Real (BRL), in Uruguay the Uruguayan Peso (UYU), in Argentina the Argentine Peso (ARS), in Chile the Chilean Peso (CLP), in Bolivia the Boliviano (BOB), and in Peru the Nuevo Sol (PEN).

Credit cards and debit cards are very useful for cash advances. Visa cards are the most widely accepted cards. While ATMs are widely available, there are no guarantees that your credit or debit cards will actually work in Latin America. Check with your bank.

You should be aware that to purchase products or services on a credit card a fee of 5%-10% usually applies.

Do not rely on credit or debit cards as your only source of money, a combination of US dollar cash and cards is best. Please bear in mind that cost of living in the southern cone countries (Argentina, Brazil, Chile) is much higher than the rest of South America, and in the case of Argentina, more comparable with Europe. Always take more rather than less, as you don't want to spoil the trip by constantly feeling short of funds.

We do not recommend bringing travellers cheques as they are very difficult to change in country.

CURRENCY EXCHANGE TIP: Please be advised that slightly torn notes, notes that have been heavily marked or are faded may be difficult to exchange. It is best to bring notes in fairly good condition, in denominations lower than 100USD (or equivalent).

As currency exchange rates can fluctuate often we ask that you refer to the following website for daily exchange rates: www.xe.com

Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

Tipping

It is customary in Latin America to tip service providers such as waiters, at approximately 10%, depending on the service. Tipping is an expected - though not compulsory - component of your tour program and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local

guides or drivers we use. Recommendations for tipping drivers and local guides would range from \$5-10 USD per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

If at the end of your trek you felt your trekking guide and support team did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline, we suggest each hiker contributes the following to a collective pool.

Inca Trail:

Head guide: 10-25 USD

Assistant guide: 5-12 USD

Your trekking crew: 40 USD

Lares Trek:

Head guide: 10-25 USD

Assistant guide: 4-10 USD

Your trekking crew: 35 USD

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job, tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$20-25 USD per person, per week can be used.

Optional Activities

Rio de Janeiro

- Rio Football Game (300BRL per person)
- Rio Hang Gliding (780BRL per person)
- Rio de Janeiro City Tour (340BRL per person)

Ilha Grande

- Swimming (Free)
- Snorkelling Ilha Grande
- Ilha Grande Boat Excursion (130BRL per person)
- Lopes Mendes Hike
- Hike to Pico do Papagaio (150BRL per person)
- Ilha Grande Diving

Paraty

- Cachaça Distillery Visit (160BRL per person)
- Paraty Bay Boat Tour
- Swimming (Free)
- Diving Paraty
- Paraty Boat Tour (150BRL per person)
- 4x4 Tour (150BRL per person)
- Horseback Riding Paraty (390BRL per person)

Trindade

- Trindade Day Trip (20BRL per person)

Puerto Iguazú

- Iguassu Falls Visit (70USD per person)

Iguaçu Falls

- Iguassu Helicopter Ride (130USD per person)
- Iguassu Falls Bird Park Visit (120BRL per person)

Foz do Iguaçu

- Iguassu Falls (Brazil Side) Guided Tour

Montevideo

- Museo del Carnaval (150UYU per person)
- Port Market
- Viven Museum (Museo Andes 1972)
- Candombe
- Estadio Centenario Visit (400UYU per person)
- Cycle the Coast (1000UYU per person)

Punta del Este

- Day Trip to Punta del Este (55USD per person)

Colonia La Concordia

- Golf Cart Rental (50USD per person)

Buenos Aires

- Tango Dinner Show
- Buenos Aires Bike Tour
- La Boca Neighbourhood Visit (10USD per person)
- Buenos Aires Guided City Tour
- Teatro Colón Tour (25USD per person)

Salta

- Peña Folklore Show (600ARS per person)
- Quebrada de las Conchas
- Cafayate Full Day Tour (35USD per person)
- Horseback Riding and BBQ (15000ARS per person)
- Museum of High Altitude Archeology (800ARS per person)

San Pedro de Atacama

- Horseback Riding
- Mountain Biking (1500-5000CLP per person)
- Observatory Tour (25000CLP per person)
- Valley of the Moon Visit (30000CLP per person)
- Sandboarding (45000CLP per person)
- San Pedro de Atacama Hot Springs (45000CLP per person)

Potosí

- Silver Mine Tour (150BOB per person)
- Casa de la Moneda (40BOB per person)

Sucre

- Hiking
- Mountain Biking
- Sucre Dinosaur Tracks Excursion
- Sunday Tarabuco Market (130BOB per person)

Chacaltaya

- Chacaltaya Visit

La Paz

- Death Road Biking Adventure
- Witches' Market Visit
- La Paz City Tour (25-45USD per person)
- Valley of the Moon Tour (15USD per person)

Puno

- Sillustani Burial Towers Entrance (59PEN per person)

Lake Titicaca

- Lake Titicaca Kayaking

Cusco

- Horseback Riding (150PEN per person)
- Cusco City Tour (45PEN per person)
- Inka Museum (10PEN per person)
- Cusco Tourist Ticket (130PEN per person)
- Cusco Cooking Class
- Rainbow Mountain Hike - Full-day Trip

Urubamba

- Whitewater Rafting Urubamba (69USD per person)

Ollantaytambo

- Ollantaytambo Ruins Guided Tour
- Sacred Valley Brewery

Ccaccacollo

- Ccaccacollo Community and Women's Weaving Co-op visit

Arequipa

- Arequipa City Tour
- Santa Catalina Monastery Visit (60PEN per person)
- Arequipa City and Area Panoramic Bus Tour (20USD per person)

Chivay

- Hot Springs (15PEN per person)

Nazca

- Nazca Desert Cemetery and Potter's Studio Guided Tour (80PEN per person)
- Flight over Nazca Lines
- Pachamanca

Ica

- Sandboarding in Ica (65PEN per person)

Paracas National Reserve

- Ballestas Islands Wildlife Tour

Lima

- Lima City Tour (40USD per person)
- Magic Circuit of Water and Tapas Night (68USD per person)

Pachacamac

- Pachacamac and Paso Horse Show (98USD per person)

Health

Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that quite often we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

Please note your Adventure travels to high altitude. This is medically defined as anything over 8,000 feet (2,440 meters). Most people can travel to 8,000 feet with minimal effects. However, everyone reacts to altitude differently and altitude sickness can onset with some people irrespective of fitness and age. For details on how to best prepare and what to do in the unlikely event you are effected on your Adventure, please consult your physician.

Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your CEO has the authority to amend or cancel any part of the trip itinerary if it is deemed necessary due to safety concerns. Your CEO will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy or explore at your leisure. While your CEO will assist you with options available in a given location please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgment when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Protests and Demonstrations- Protests and demonstrations, even those that are well intended, have the potential to turn violent with no warning. Counter protests can also turn violent. Action by security forces to disperse demonstrators and protesters may occur at any time. If you are in an area where demonstrators or protesters are gathering, avoid the temptation of staying for a good photo opportunity and leave the area immediately.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards) have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk.

We take all prudent measures in relation to your safety. For ways to further enhance your personal safety while traveling, please visit:

www.gadventures.com/travel-resources/safety/

A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

Travel Insurance

Travel Insurance: Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your CEO, who will take note of your insurance details. When selecting a travel insurance policy please bear in mind that all clients must have medical coverage and that we require a minimum coverage of USD 200,000 for repatriation and emergency rescue. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

Trip Specific Responsible Travel

The Problem

Peru's tap water is not potable; therefore most visitors and locals alike consume purified water, often from disposable plastic bottles. This results in a large amount of small plastic water bottles being used, most of which are not reused or recycled.

Just taking the example of 15 travellers on one G Adventures trip, if one person consumes 2 bottles a day, and there are 15 people on a 10 day trip, that's 300 water bottles – just for one group of travellers! As such, there are millions of water bottles used in a year in Peru, and plastic recycling is not an option in most places.

Our Solution

Water dispensers in hotels. Planeterra is working with our partner hotels throughout Peru to provide purified water, by means of a large water dispenser, to their guests, and this of course includes our travellers. Each individual staying at the participating hotels can refill their own bottles from the large water dispenser. This eliminates the need for the daily use and consumption of multiple single-use plastic water bottles.

Planeterra provides the start-up funds to each participating hotel for the purchase of two large water dispensers, and travellers are collaborating by paying about US\$2.50, or just under the cost of one large bottle, per day, for access to an unlimited amount of purified water from the dispenser.

Thanks Paula

Paula Quiros, Planeterra Ambassador for Peru, is leading this initiative. As a CEO who has been leading G Adventures trips in Peru for several years, and a passionate naturalist and environmentalist, this has been a personal mission of hers, as well as a Planeterra initiative, to try to eliminate the need for, and use of, single-use plastic water bottles. Thanks to Paula and all of our participating hotels for helping to decrease our impact on Peru's environment.

Silver Mines in Potosí

Working conditions for miners were appalling, and a large portion of the indigenous population was decimated. African slaves were brought in to replace the native workers, and it is estimated that as many as eight million indigenous and African people died in the mines during the first three centuries of Spanish colonial rule. Unfortunately little has changed throughout time and working conditions have

remained the same. Although this is not an excursion for everyone, we do recommend a visit as it is an eye-opening experience that gives you a chance to glimpse the realities of life in the Andes in general and more specifically in these mines however we do not condone the working conditions of the mine.

Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at customersolutions@gadventures.com and we will send it on to you.

Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at www.gadventures.com/newsletters/

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

Minimum Age

Minimum age of 18 years for this trip.

International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.